

Community Health Needs Assessment (CHNA): Crockett County

Conducted by:

**Jackson-Madison County General Hospital
Department of Business Development and Planning**

**Victoria S. Lake
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**For:
Jackson-Madison County General Hospital**

**Update 2015
Initial CHNA 2012**

In fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional Requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirement of a Section 4959 Excise Tax Return and Time for Filing the Return

**RESOLUTION OF THE BOARD OF TRUSTEES
OF
JACKSON-MADISON COUNTY GENERAL HOSPITAL DISTRICT
AND
CAMDEN GENERAL HOSPITAL, INC.
AND
BOLIVAR GENERAL HOSPITAL, INC.
AND
MILAN GENERAL HOSPITAL, INC.
AND
PATHWAYS OF TENNESSEE, INC.**

COMMUNITY HEALTH NEEDS ASSESSMENT APPROVAL

WHEREAS, the Patient Protection and Affordable Care Act, enacted March 10, 2010, required public and not-for-profit hospitals to perform a Community Health Needs Assessment for each hospital; and

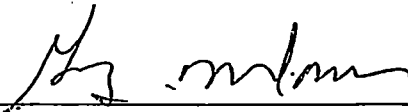
WHEREAS, the staff of the District has conducted such an Assessment and prepared the report as required for each of its hospitals; and

WHEREAS, the Assessments were prepared in accordance with IRS rules and regulations as amended; and

WHEREAS, the Board finds that the Assessments substantially meet the requirements of the of the Patient Protection and Affordable Care Act and the IRS rules and regulations as amended, and that the Implementation Strategies set forth in the Assessments shall be implemented in accordance with Management recommendations.

NOW, THEREFORE, BE IT RESOLVED, that the Community Health Needs Assessments given to the Board are approved and adopted.

ADOPTED, this the 27th day of October, 2015.



GREG MILAM, Chairman

Exhibit: G-2

Community Health Needs Assessments



- Acute Care Hospitals-Partnered with Tennessee Department of Health-Health Councils on assessments
- Mental Health Hospital-Partnered with Tennessee Department of Mental Health and Substance Abuse Crisis Providers and Pathways Advisory Board
- Updated data reports and listing of resources provided to Health Councils, Crisis Providers, and Region VI

Community Health Needs Assessments



Identified Health Issues By County							
	Benton	Chester	Crockett	Gibson	Hardeman	Haywood	Madison
							X
Heart Conditions					X		X
High Blood Pressure					X		X
Cancer					X		X
Obesity (including children)	X	X	X	X	X		X
Diabetes (including children)		X			X		X
Injury Prevention							X
Expanded Food & Nutrition	X						
Infant Mortality/Teen Pregnancy	X	X	X	X	X	X	
Alcohol/Tobacco/Other Drugs	X	X	X	X			
Chronic Illness Awareness/Education				X		X	
Violence Prevention						X	

Community Health Needs Assessments Implementation Strategies



- Use of *HealthAwares* with follow-up for those identified through risk assessment
- Alice and Carl Kirkland Cancer Center services
- LIFT wellness center and primary care clinics
- Disease management
- Local health screenings, health fairs, community events
- Governors Foundation for Health & Wellness
- 100 Mile Club Gold Medal
- Help Us Grow Successfully
- TENNdercare Program

Community Health Needs Assessments Implementation Strategies



- Baby and Me
- Teens Against Tobacco Use
- Tennessee Suicide Prevention Network
- Prescription for Success: Prevention and Treatment of Prescription Drug Abuse in Tennessee
- Safe, Affordable Housing for individuals or families with mental illness, substance abuse, or co-occurring
- Numerous mental health, substance abuse outreach programming

Community Health Needs Assessments Evaluation



- Evaluation based on goals and objectives for each county assessment
- Meeting minutes of monthly and quarterly county health councils, Crisis Providers, Region VI, Pathways Advisory Board will be reviewed for achievement of stated goals, objectives, and implementation strategies.
- Copies of all implementation strategy program or event materials will be maintained in Assessment Notebooks
- Assessment documentation
- Assessments will be updated in 2018

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Crockett County Community Health Needs Assessment Executive Summary

Jackson-Madison County General Hospital partnered with the Crockett County Health Council to review and update the Crockett County Community Health Needs Assessment in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirements of a Section 4959 Excise Tax Return and Time for Filing the Return. The Crockett County Health Council is organized under the auspices of the State of Tennessee Department of Health, and is composed of community members who represent diverse spectrums of Crockett County as well as staff from the local and regional health departments.

Representatives of Jackson-Madison County General Hospital met with the Crockett County Health Council on Thursday March 26, 2015. The mission of the Health Council is to act as a working council whose purpose is to address health issues of significance, resource availability, and allocation, and to develop strategies to improve health outcomes within the community. The Crockett County Health Council membership represents the broad interests of the community including health care advocates, non-profit, community agencies, local government officials, local school districts, health care providers, private businesses, labor and workforce representatives.

The Crockett County Health Council meets on a quarterly basis to develop and implement strategies to address the health priorities of the county. The Health Council was presented data on health needs from two sources. The first was the **County Health Rankings & Roadmaps. A Healthier Nation, County by County. 2013 Rankings Tennessee** from the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation. The second were data compiled from the State of Tennessee and various sources by the Jackson-Madison County General Hospital. From these two sources, members of the Health Council were asked to narrow the list of health issues to the top 5-10 issues. A survey was then distributed to Health Council members where they were to prioritize these issues from 1-5. The issues with the most votes were identified as the health priorities by the Council.

Obesity & Physical Activity Tobacco/Tobacco Related Diseases Substance Abuse and Use Infant Mortality

Goal 1: The Crockett County Health Council will work to reduce the obesity rate in the county by promoting healthy community behaviors and physical activity.

Goal 2: The Crockett County Health Council will address tobacco use among youth and adults in Crockett County.

Goal 3: The Crockett County Health Council will address substance abuse and use among youth and adults in Crockett County.

Goal 4: The Crockett County Health Council will focus on infant mortality in the community.

The Jackson-Madison County General Hospital will work with the Crockett County Health Council to implement the following activities to address the prioritized health needs identified in the community.

- Implement the 100 Mile Club®Gold Medal
- Encourage businesses to participate in the Governor's Foundation for Health & Wellness
- Implement the 8-5-2-1-0 Program in the schools
- Continue the Teens Against Tobacco Use (TACU) Program
- Implement the Baby and Me Tobacco Free Program
- Conduct prescription drug take back events
- Coordinate with Children Special Services and Helping US Grow Together (HUGS) to address infant mortality

Introduction

Jackson-Madison County General Hospital partnered with the Crockett County Health Council to review and update the Crockett County Community Health Needs Assessment in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirements of a Section 4959 Excise Tax Return and Time for Filing the Return. The Crockett County Health Council is organized under the auspices of the State of Tennessee Department of Health, and is composed of community members who represent diverse spectrums of Crockett County as well as staff from the local and regional health departments.

Description of the Hospital and Community

The designated “community” for the needs assessment is Crockett County, Tennessee. Crockett County, Tennessee does not have a hospital. However, Crockett County is in the primary service area of the Jackson-Madison County General Hospital. According to the Tennessee Hospital Association inpatient market share (2013), Jackson Madison County General Hospital had 72.0 percent of the inpatient market share consisting of 1,312 discharges. With a 2013 estimated population of 14,591, Crockett County is located in the rural West Tennessee approximately 83 miles East of Memphis and 148 miles West of Nashville. The population is 83.9 percent Caucasian, 13.5 percent African American, and 2.6 percent Other races. Also, 9.5 percent of the population is Hispanic. According to the American Community Survey (2009-2013), 18.9 percent of the population is below the Federal poverty level. The per capita personal income level is \$18,664. The population under 65 years of age represents 82.7 percent while the over age 65 population is 17.3 percent of the total. About 24 percent of the population age 25 and older does not have a high school diploma or GED; 42.8 percent have a high school diploma; 17.4 percent have some college, and 15.9 percent have a Associate’s degree or higher.

Crockett County has a wide range of industries that employ individuals living in and around the county. Crockett County is home to manufacturers or businesses such as: Crockett County Nursing Home, Inc. (131 employees), Asea Brown Baveri which specializes in transformers and components (150 employees), Med Line Industries which focuses on medical supplies (50 employees), Pictsweet Frozen Foods (500 employees) processing frozen vegetables, Advantage Manufacturing Corp. with specialty in injection molding, plastic containers, and parts (30 employees), Little King Manufacturing Company maker of children’s apparel (48 employees),

Southern Pride Distributing which produces BBQ pits, grills, smokers (40 employee), and Hughes Trailers Manufacturing & Sales maker of utility trailers (30 employees).

The county seat of Crockett County is Alamo, Tennessee. The City of Alamo, City of Bells, City of Friendship, Crockett County Government, and the Crockett County School System are all located in Crockett County. Crockett County has three public school systems. The Alamo City Schools have one school with 654 children. Crockett County School System is composed of 5 schools with 1,972 students; and Bells Has one school with 443 students.

Community Needs Assessment Update

Representatives of Jackson-Madison County General Hospital met with the Crockett County Health Council on Thursday March 26, 2015. The mission of the Health Council is to act as a working council whose purpose is to address health issues of significance, resource availability, and allocation, and to develop strategies to improve health outcomes within the community. The Crockett County Health Council membership represents the broad interests of the community including health care advocates, non-profit, community agencies, local government officials, local school districts, health care providers, private businesses, labor and workforce representatives. Members of the Crockett County Health Council are:

Molly Rowe
Katherine Cothorn
Regina Herndon
Brooke Parkey
Rozelle Johnson
Teresa Guardian
Darlene Burleson
Tamara Roach
Sandy Peevyhouse
Theresa Powell
Danna Taylor
Dana Cobb
Ashley Haworth
Kelsie Henning
Sarah Poole
Cindy Wilkins Wise
Danna Taylor
Kacey Stribling
Renee Long
Marilyn Lewis
Martha Robinson
Dottie Rinks
Ashley Green

Crockett County School System
Child Care Resource and Referral
Tennessee Anti-Tobacco Advocacy Initiative
Bells City Schools
Northwest Human Resource Agency
Crockett County School System
TennderCare
TennderCare
Tennessee Dept of Children's Services
Northwest TN Economic Development
Tennessee Department of Health Region
Tennessee Commission on Children & Youth
Alamo City Schools
Crockett County School System
Univ of Tennessee Extension Agency
Haywood County Health Department
Crockett County Health Department
Early Childhood Education
Exchange Club-Carl Perkins Center
DOH HUGS/CSS Program
Pictsweet
BancorpSouth
Northwest TN Head Start

Gary Reasons
Veronyca Washington

Crockett County Mayor
Methodist LeBonheur Healthcare

The Crockett County Health Council meets on a quarterly basis to develop and implement strategies to address the health priorities of the county. The Health Council was presented data on health needs from two sources. The first was the **County Health Rankings & Roadmaps. A Healthier Nation, County by County. 2013 Rankings Tennessee** from the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation. The second were data compiled from the State of Tennessee and various sources by the Jackson-Madison County General Hospital. From these two sources, members of the Health Council were asked to narrow the list of health issues to the top 5-10 issues. A survey was then distributed to Health Council members where they were to prioritize these issues from 1-5. The issues with the most votes were identified as the health priorities by the Council.

The top identified health issues are:

Obesity & Physical Activity

Tobacco/Tobacco Related Diseases

Substance Abuse and Use

Infant Mortality

Goals and Objectives

Goal: The Crockett County Health Council will work to reduce the obesity rate in the county by promoting healthy community behaviors and physical activity

Objective 1: By December 31, 2018, the Crockett County Health Council will promote the daily benefits of proper eating and physical activity to at least 200 residents of Crockett County each year.

Objective 2: By December 31, 2018, the Crockett County Health Council will conduct at least four activities a year to promote physical activity among Crockett County residents.

Objective 3: By December 31, 2018, the Crockett County Health Council will collaborate with Coordinated School Health to conduct physical activities within the school system including the 100 Mile Club®.

Goal: The Crockett County Health Council will address tobacco use among youth and adults in Crockett County.

Objective 1: By December 31, 2018, Crockett County will conduct peer education in the school systems using Teens Against Tobacco Use (TATU) Program.

Objective 2: By December 31, 2018, Crockett County will implement the Gold Sneaker Program that focuses on preventing secondhand smoke exposure for children ages 1-4.

Objective 3: By December 31, 2018, Crockett County will implement the Baby and Me Tobacco Free program targeting pregnant women who smoke.

Goal: The Crockett County Health Council will address substance abuse and use among youth and adults in Crockett County.

Objective 1: By December 31, 2018, four education sessions will be held each year to deter substance abuse and use in the public school systems

Objective 2: By December 31, 2018, two prescription drug take back events will be held each year.

Objective 3: By December 31, 2018 Crockett County will focus on healthy lifestyles for children, youth, and adults in a holistic fashion through programming at senior citizen centers and other community events.

Goal: The Crockett County Health Council will focus on infant mortality in the community.

Objective 1: By December 31, 2018, the promotion of the HUGS program targeted case management program will be increased to address infant mortality.

Objective 2: By December 31, 2018, promotion of the Children's Special Services program will be increased to focus on reducing infant mortality in Crockett County.

Implementation Strategies

The Jackson-Madison County General Hospital will work with the Crockett County Health Council to implement the following activities to address the prioritized health needs identified in the community.

Obesity & Physical Activity

The Health Council will work to enroll Crockett County schools in the 100mile club. The 100 Mile Club®Gold Medal complete Program is designed to improve the health and well-being of children at school through daily physical activity in noncompetitive, supportive, fully-inclusive

environment. The program provides incentives along the way, as students learn lessons in goal-setting, determination, and team spirit.

The Health Council will encourage businesses and the community-at-large to participate in the Governor's Foundation for Health & Wellness-Healthier Tennessee Work Site and Communities.

Through the University of Tennessee Extension Service, cooking demonstrations are being conducted in local schools, and the 8-5-2-1-0 Program is being implemented.

8=8 or more hours of sleep

5=5 or more servings of fruits and vegetables

2=2 hours or less of recreational screen time

1=1 or more hours physical activity

0=0 sugar drinks more water and low fat milk

Family Fun Day will be used to promote healthy living and exercise.

Tobacco/Tobacco Related Diseases

Funding from the Tobacco Settlement was provided to the Tennessee Department of Health for fiscal years 2014-2016 to address the state's high rate of tobacco use and prevent expensive related medical costs. The plan to distribute \$15 million over three years has been generated with input from all 95 counties. The plan included a variety of projects to target behaviors designed to protect the health of Tennessee's most vulnerable populations: unborn babies, pregnant women and children.

During the first year of funding, Crockett County received \$15,930 to work with community partners to implement the Teens Against Tobacco Use (TATU)- a peer education program to prevent the initiation of tobacco use among youth, the Gold Sneaker Program which focuses on preventing second hand smoke exposure for children ages 1-4 and a Media Campaign. Current funding is concentrating on Baby and Me Tobacco Free program targeting pregnant women who smoke.

Substance Abuse and Use

The Health Council has created a Substance Use & Abuse Primary Prevention Initiative team to address this priority. The Team is coordinating the following activities on a regular basis in Crockett County.

- Prescription drug take back events
- Programs at Senior Citizen Centers
- Programs in the schools

- Community events in collaboration with UT Extension, Coordinated School health, & Teens Against Tobacco Use

Infant Mortality

The Health Council has worked with the Children Special Services and the Helping Us Grow Together (HUGS) Programs to address infant mortality. The Children's Special Services (CSS) Program may provide coverage for comprehensive medical care and other non-medical resources for children with physical disabilities from birth to 21 years of age. Diagnostic and financial eligibility criteria must be met to participate in the program. A child/youth is eligible for the program if s/he is under the age of 21, and has been diagnosed with a physical disability which requires medical, surgical, dental or rehabilitation treatment. CSS may pay for services related to the child/youth's eligible diagnosis, including:

Diagnostic Evaluation	Medical and surgical treatment
Hospitalization	Care coordination
Rehabilitation services	Physical & occupational therapy
Medications	Braces & artificial limbs
Speech & language therapy	Durable medical equipment
Hearing aids/supplies	Wheelchairs & walkers
	Special formula/food

Examples of common diagnoses are:

Asthma	Diabetes
Cardiac related	Hearing loss
Cerebral palsy	Obesity (greater than 95th percentile)
Congenital hydrocephalus	Seizure disorders
Cystic fibrosis	Sickle cell anemia

Financial eligibility is based on family size and income level. A family's income must be at or below 200 percent of the federal poverty level. Each child and family receives a transition plan in the Children's Special Services program. Transition planning is a process that is personal, individualized, deliberate, coordinated, developmentally appropriate, age appropriate, and culturally competent.

The Help Us Grow Successfully program is a targeted case management program that provides home-based intervention services to pregnant/postpartum women, children birth through the age of five (5) years and their primary caregivers. Home visitors form a unique and voluntary relationship with a family. Home visitors screen for and identify potential problems, provide education, and connect families with resources in their communities. The HUGS program seeks

to prevent or reduce risks as well as promote health and wellness. The HUGS program is designed:

- To improve pregnancy outcomes
- To improve maternal and child health and wellness
- To improve child development
- To maintain or improve family strengths

Evaluation Plan

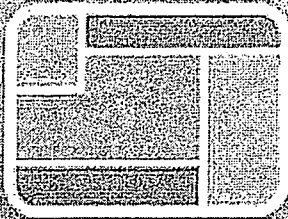
The Crockett County Health Council meets on a quarterly basis to review current and future implementation strategies to address identified health issues. Jackson-Madison County General Hospital has representation on the Health Council through the Child Care Resource and Referral. Progress on the goals and objectives will be monitored through information provided at the Health Council meetings. Agendas and meeting minutes will be maintained as records of progress toward the goals and objectives.

Conclusions

The Crockett County Community Health Needs Assessment 2015 update was presented and approved by the West Tennessee Healthcare Board of Trustees on October 27, 2015. The Plan will be updated in 2018.

Process for establishing health ranking in each county

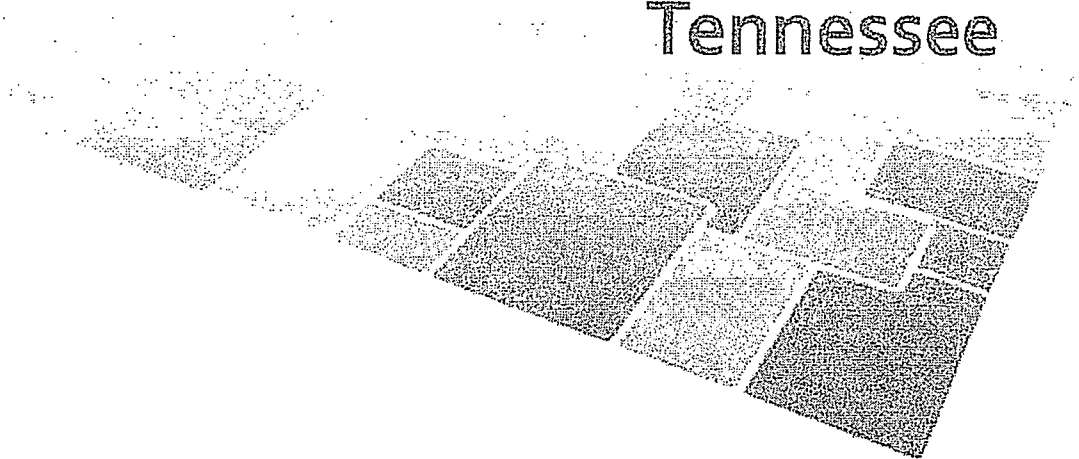
- 1) Each Health Council Member was presented with data/statistic from County Health Rankings & Roadmaps and Vital Statistics for their prospective county.
- 2) The process looked specifically at health outcomes, health behaviors and the top leading causes of death for the county.
- 4) Through general discussing they were asked to narrow their list down to a top 5
- 5) The top 5 was narrowed down to a top 3 by the utilization of the survey that was given to each. The top 3 health issues that had the most votes were identified as their health priorities.



County Health Rankings & Roadmaps

A Healthier Nation, County by County

2013 Rankings Tennessee



Robert Wood Johnson Foundation



UNIVERSITY OF WISCONSIN

Population Health Institute

Translating Research for Policy and Practice

Introduction

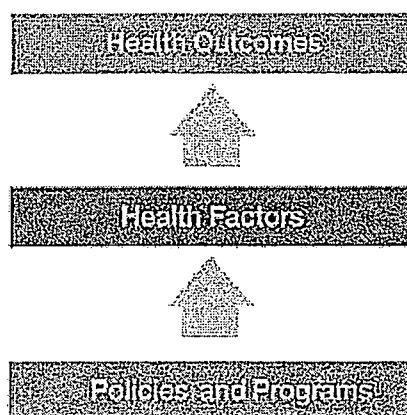
Where we live matters to our health. The health of a community depends on many different factors, including the environment, education and jobs, access to and quality of healthcare, and individual behaviors. We can improve a community's health by implementing effective policies and programs. For example, people who live in communities with smoke-free laws are less likely to smoke or to be exposed to second-hand smoke, which reduces lung cancer risk. In addition, people who live in communities with safe and accessible park and recreation space are more likely to exercise, which reduces heart disease risk.

However, health varies greatly across communities, with some places being much healthier than others. And, until now, there has been no standard method to illustrate what we know about what makes people sick or healthy or a central resource to identify what we can do to create healthier places to live, learn, work and play.

We know that much of what influences our health happens outside of the doctor's office – in our schools, workplaces and neighborhoods. The *County Health Rankings & Roadmaps* program provides information on the overall health of your community and provides the tools necessary to create community-based, evidence-informed solutions. Ranking the health of nearly every county across the nation, the *County Health Rankings* illustrate what we know when it comes to what is making communities sick or healthy. The *County Health Roadmaps* show what we can do to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation collaborates with the University of Wisconsin

Population Health Institute to bring this groundbreaking program to counties and states across the nation.

The *County Health Rankings & Roadmaps* program includes the *County Health Rankings* project, launched in 2010, and the newer *Roadmaps* project that mobilizes local communities, national partners and leaders across all sectors to improve health. The program is based on this model of population health improvement:



In this model, health outcomes are measures that describe the current health status of a county. These health outcomes are influenced by a set of health factors. Counties can improve health outcomes by addressing all health factors with effective, evidence-informed policies and programs.

Everyone has a stake in community health. We all need to work together to find solutions. The *County Health Rankings & Roadmaps* serve as both a call to action and a needed tool in this effort.

Guide to Our Web Site

To compile the *Rankings*, we selected measures that reflect important aspects of population health that can be improved and are available at the county level across the nation. Visit www.countyhealthrankings.org to learn more.

To get started and see data, enter your county or state name in the search box. Click on the name of a county or measure to see more details. You can: Compare Counties; Download data for your state; Print one or more county

snapshots; or Share information with others via Facebook, Twitter, or Google+. To understand our methods, click on Learn about the Data and Methods. You can also take advantage of the Using the *Rankings* Data guide to help you explore the data and figure out more about what is driving your community's health. To learn about what you can do to improve health in your community, visit the *Roadmaps to Health* Action Center. Finally, you can learn what others are doing by reading Communities Stories and visiting the Project Showcase.

County Health Roadmaps

The *Rankings* illustrate what we know when it comes to making people sick or healthy. The *County Health Rankings* confirm the critical role that factors such as education, jobs, income and the environment play in how healthy people are and how long we live.

The *County Health Roadmaps* mobilizes local communities, national partners and leaders across all sectors to improve health. The *County Health Roadmaps* show what we can do to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this groundbreaking project to cities, counties and states across the nation.

The *Roadmaps* project includes grants to local coalitions and partnerships among policymakers, business, education, public health, health care, and community organizations; grants to national organizations working to improve health; recognition of communities whose promising efforts have led to better health; and customized guidance on strategies to improve health.

Roadmaps to Health Community Grants

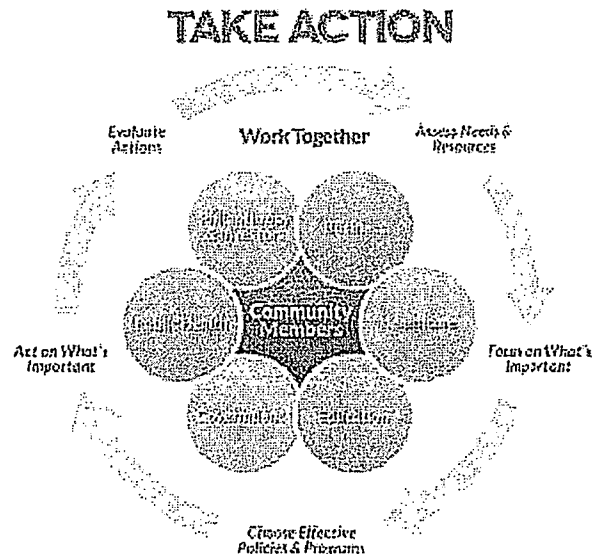
The *Roadmaps to Health Community Grants* provide funding for 2 years to thirty state and local efforts among policymakers, business, education, healthcare, public health and community organizations working to create positive policy or systems changes that address the social and economic factors that influence the health of people in their community.

Roadmaps to Health Partner Grants

RWJF is awarding *Roadmaps to Health Partner Grants* to national organizations that are experienced at engaging local partners and leaders and are able to deliver high-quality training and technical assistance, and committed to making communities healthier places to live, learn, work and play. Partner grantees increase awareness about the *County Health Rankings & Roadmaps* to their members, affiliates and allies. As of February 2013, RWJF has awarded partner grants to United Way Worldwide, National Business Coalition on Health, and National Association of Counties.

RWJF Roadmaps to Health Prize

In February 2013, RWJF awarded the first *RWJF Roadmaps to Health Prizes* of \$25,000 to six communities that are working to become healthier places to live, learn, work and play. The *RWJF Roadmaps to Health Prize* is intended not only to honor successful efforts, but also to inspire and stimulate similar activities in other U.S. communities.



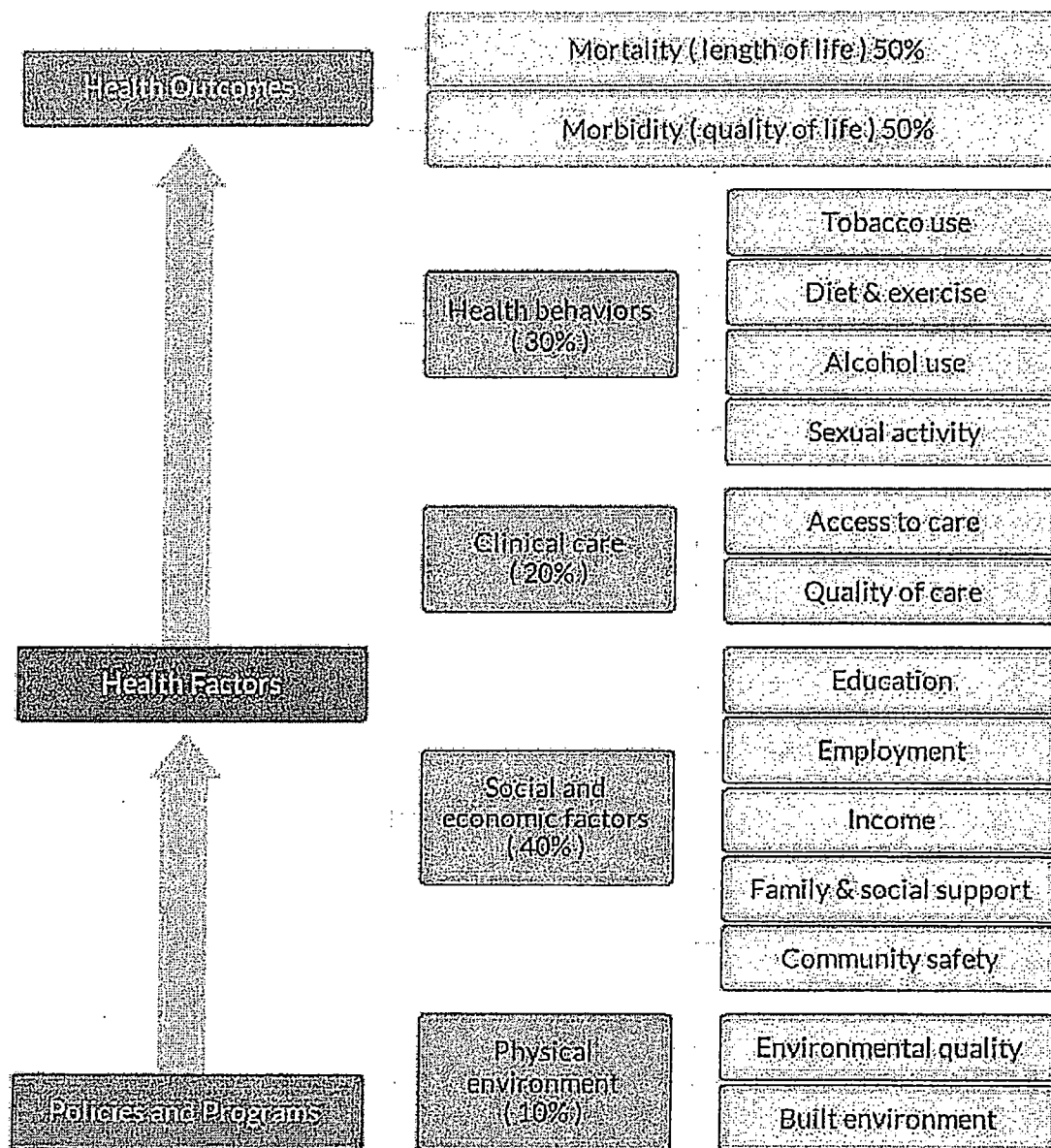
Roadmaps to Health Action Center

The *Roadmaps to Health Action Center*, based at UWPHI, provides tools and guidance to help groups working to make their communities healthier places. The Action Center website provides guidance on developing strategies and advocacy efforts to advance pro-health policies, opportunities for ongoing learning, and a searchable database of evidence-informed policies and programs focused on health improvement: *What Works for Health*. Action Center staff provide customized consultation via email and telephone to those seeking more information about how to improve health. Coaching, including possible on-site visits, is also available for communities who have demonstrated the willingness and capacity to address factors that we know influence how healthy a person is, such as education, income and family connectedness.

County Health Rankings

The 2013 *County Health Rankings* report ranks Tennessee counties according to their summary measures of **health outcomes** and **health factors**. Counties also receive a rank for mortality, morbidity, health behaviors, clinical care, social and economic factors, and the physical environment. The figure below depicts the structure of the *Rankings* model; those having high ranks (e.g., 1 or 2) are estimated to be the "healthiest."

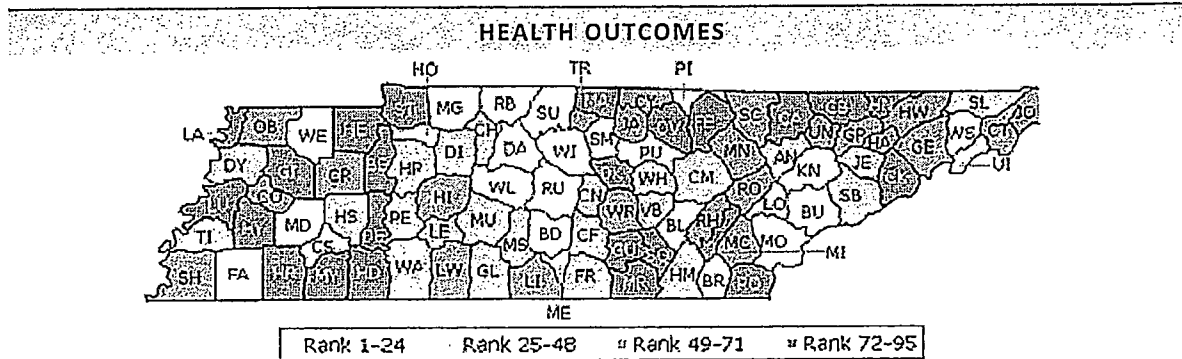
Our summary **health outcomes** rankings are based on an equal weighting of mortality and morbidity measures. The summary **health factors** rankings are based on weighted scores of four types of factors: behavioral, clinical, social and economic, and environmental. The weights for the factors (shown in parentheses in the figure) are based upon a review of the literature and expert input, but represent just one way of combining these factors.



County Health Rankings model ©2012 UWPHI

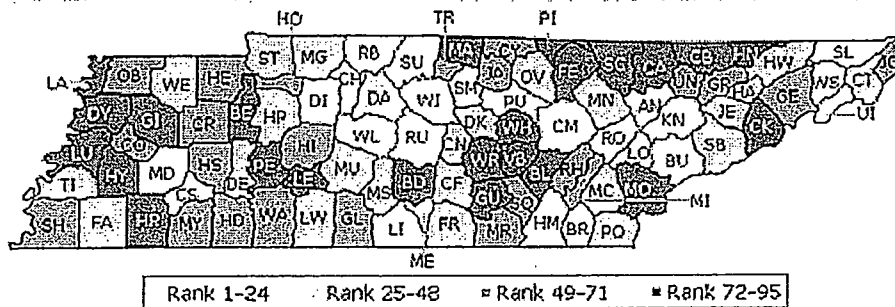
The maps on this page and the next display Tennessee's counties divided into groups by health rank. Maps help locate the healthiest and least healthy counties in the state. The lighter colors indicate better performance in the respective

summary rankings. The green map shows the distribution of summary health outcomes. The blue displays the distribution of the summary rank for health factors.



County	Rank	County	Rank	County	Rank	County	Rank
Anderson	34	Fentress	92	Lauderdale	84	Roane	55
Bedford	24	Franklin	33	Lawrence	51	Robertson	10
Benton	88	Gibson	74	Lewis	47	Rutherford	2
Bledsoe	20	Giles	26	Lincoln	63	Scott	57
Blount	4	Grainger	54	Loudon	7	Sequatchie	91
Bradley	17	Greene	65	Macon	89	Sevier	25
Campbell	94	Grundy	95	Madison	22	Shelby	53
Cannon	36	Hamblen	58	Marion	90	Smith	8
Carroll	66	Hamilton	28	Marshall	31	Stewart	81
Carter	61	Hancock	93	Maury	32	Sullivan	43
Cheatham	30	Hardeman	73	McMinn	69	Sumner	3
Chester	12	Hardin	79	McNairy	77	Tipton	39
Claiborne	86	Hawkins	56	Meigs	87	Trousdale	71
Clay	62	Haywood	75	Monroe	23	Unicoi	44
Cocke	85	Henderson	29	Montgomery	11	Union	59
Coffee	38	Henry	82	Moore	6	Van Buren	27
Crockett	52	Hickman	64	Morgan	60	Warren	68
Cumberland	45	Houston	16	Obion	49	Washington	21
Davidson	13	Humphreys	37	Overton	76	Wayne	40
Decatur	80	Jackson	50	Perry	48	Weakley	15
DeKalb	83	Jefferson	41	Pickett	19	White	46
Dickson	42	Johnson	70	Polk	78	Williamson	1
Dyer	35	Knox	14	Putnam	9	Wilson	5
Fayette	18	Lake	72	Rhea	67		

HEALTH FACTORS



County	Rank	County	Rank	County	Rank	County	Rank
Anderson	11	Fentress	79	Lauderdale	95	Roane	16
Bedford	78	Franklin	27	Lawrence	39	Robertson	24
Benton	76	Gibson	77	Lewis	82	Rutherford	3
Bledsoe	73	Giles	56	Lincoln	18	Scott	92
Blount	6	Grainger	59	Loudon	10	Sequatchie	49
Bradley	21	Greene	66	Macon	91	Sevier	40
Campbell	83	Grundy	89	Madison	22	Shelby	67
Cannon	46	Hamblen	43	Marion	55	Smith	17
Carroll	58	Hamilton	8	Marshall	44	Stewart	33
Carter	41	Hancock	94	Maury	34	Sullivan	13
Cheatham	14	Hardeman	90	McMinn	37	Sumner	5
Chester	23	Hardin	68	McNairy	63	Tipton	30
Claiborne	80	Hawkins	31	Meigs	61	Trousdale	57
Clay	54	Haywood	88	Monroe	84	Unicoi	20
Cocke	86	Henderson	65	Montgomery	32	Union	69
Coffee	29	Henry	71	Moore	9	Van Buren	81
Crockett	62	Hickman	70	Morgan	36	Warren	74
Cumberland	15	Houston	52	Obion	53	Washington	4
Davidson	28	Humphreys	26	Overton	47	Wayne	51
Decatur	45	Jackson	64	Perry	85	Weakley	35
DeKalb	48	Jefferson	38	Pickett	75	White	72
Dickson	19	Johnson	60	Polk	42	Williamson	1
Dyer	87	Knox	2	Putnam	12	Wilson	7
Fayette	25	Lake	93	Rhea	50		

Summary Health Outcomes & Health Factors Rankings

Counties receive two summary ranks:

- Health Outcomes
- Health Factors

Health outcomes represent how healthy a county is while health factors represent what influences the health of the county.

Each of these ranks represents a weighted summary of a number of measures.

Rank	Health Outcomes	Rank	Health Factors
1	Williamson	1	Williamson
2	Rutherford	2	Knox
3	Sumner	3	Rutherford
4	Blount	4	Washington
5	Wilson	5	Sumner
6	Moore	6	Blount
7	Loudon	7	Wilson
8	Smith	8	Hamilton
9	Putnam	9	Moore
10	Robertson	10	Loudon
11	Montgomery	11	Anderson
12	Chester	12	Putnam
13	Davidson	13	Sullivan
14	Knox	14	Cheatham
15	Weakley	15	Cumberland
16	Houston	16	Roane
17	Bradley	17	Smith
18	Fayette	18	Lincoln
19	Pickett	19	Dickson
20	Bledsoe	20	Unicoi
21	Washington	21	Bradley
22	Madison	22	Madison
23	Monroe	23	Chester
24	Bedford	24	Robertson
25	Sevier	25	Fayette
26	Giles	26	Humphreys
27	Van Buren	27	Franklin
28	Hamilton	28	Davidson
29	Henderson	29	Coffee
30	Cheatham	30	Tipton
31	Marshall	31	Hawkins
32	Maury	32	Montgomery
33	Franklin	33	Stewart
34	Anderson	34	Maury
35	Dyer	35	Weakley
36	Cannon	36	Morgan
37	Humphreys	37	McMinn
38	Coffee	38	Jefferson
39	Tipton	39	Lawrence
40	Wayne	40	Sevier
41	Jefferson	41	Carter
42	Dickson	42	Polk

Rank	Health Outcomes	Rank	Health Factor
43	Sullivan	43	Hamblen
44	Unicoi	44	Marshall
45	Cumberland	45	Decatur
46	White	46	Cannon
47	Lewis	47	Overton
48	Perry	48	DeKalb
49	Obion	49	Sequatchie
50	Jackson	50	Rhea
51	Lawrence	51	Wayne
52	Crockett	52	Houston
53	Shelby	53	Obion
54	Grainger	54	Clay
55	Roane	55	Marion
56	Hawkins	56	Giles
57	Scott	57	Trousdale
58	Hamblen	58	Carroll
59	Union	59	Grainger
60	Morgan	60	Johnson
61	Carter	61	Meigs
62	Clay	62	Crockett
63	Lincoln	63	McNairy
64	Hickman	64	Jackson
65	Greene	65	Henderson
66	Carroll	66	Greene
67	Rhea	67	Shelby
68	Warren	68	Hardin
69	McMinn	69	Union
70	Johnson	70	Hickman
71	Trousdale	71	Henry
72	Lake	72	White
73	Hardeman	73	Bledsoe
74	Gibson	74	Warren
75	Haywood	75	Pickett
76	Overton	76	Benton
77	McNairy	77	Gibson
78	Polk	78	Bedford
79	Hardin	79	Fentress
80	Decatur	80	Claiborne
81	Stewart	81	Van Buren
82	Henry	82	Lewis
83	DeKalb	83	Campbell
84	Lauderdale	84	Monroe
85	Cocke	85	Perry
86	Claiborne	86	Cocke
87	Meigs	87	Dyer
88	Benton	88	Haywood
89	Macon	89	Grundy
90	Marion	90	Hardeman

Rank	Health Outcomes	Rank	Health Factors
91	Sequatchie	91	Macon
92	Fentress	92	Scott
93	Hancock	93	Lake
94	Campbell	94	Hancock
95	Grundy	95	Lauderdale

2013 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Mortality	Premature death	National Center for Health Statistics	2008-2010
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System	2005-2011
	Poor physical health days	Behavioral Risk Factor Surveillance System	2005-2011
	Poor mental health days	Behavioral Risk Factor Surveillance System	2005-2011
	Low birthweight	National Center for Health Statistics	2004-2010
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2005-2011
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2005-2011
	Motor vehicle crash death rate	National Center for Health Statistics	2004-2010
Sexual Activity	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB prevention	2010
	Teen birth rate	National Center for Health Statistics	2004-2010
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2010
	Primary care physicians	HRSA Area Resource File	2011-2012
	Dentists	HRSA Area Resource File	2011-2012
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2010
	Diabetic screening	Medicare/Dartmouth Institute	2010
	Mammography screening	Medicare/Dartmouth Institute	2010
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	Primarily state-specific sources, supplemented with National Center for Education Statistics	State-specific
	Some college	American Community Survey	2007-2011
Employment	Unemployment	Bureau of Labor Statistics	2011
Income	Children in poverty	Small Area Income and Poverty Estimates	2011
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2005-2010
	Children in single-parent households	American Community Survey	2007-2011
Community Safety	Violent crime rate	Federal Bureau of Investigation	2008-2010
PHYSICAL ENVIRONMENT			
Environmental Quality	Daily fine particulate matter ¹	CDC WONDER Environmental data	2008
	Drinking water safety	Safe Drinking Water Information System	FY 2012
Built Environment	Access to recreational facilities	Census County Business Patterns	2010
	Limited access to healthy foods	USDA Food Environment Atlas	2012
	Fast food restaurants	Census County Business Patterns	2010

¹ Not available for AK and HI.

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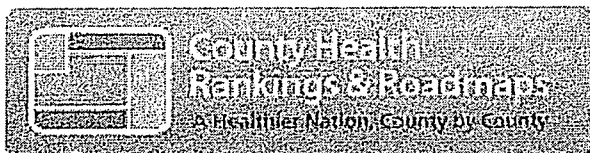
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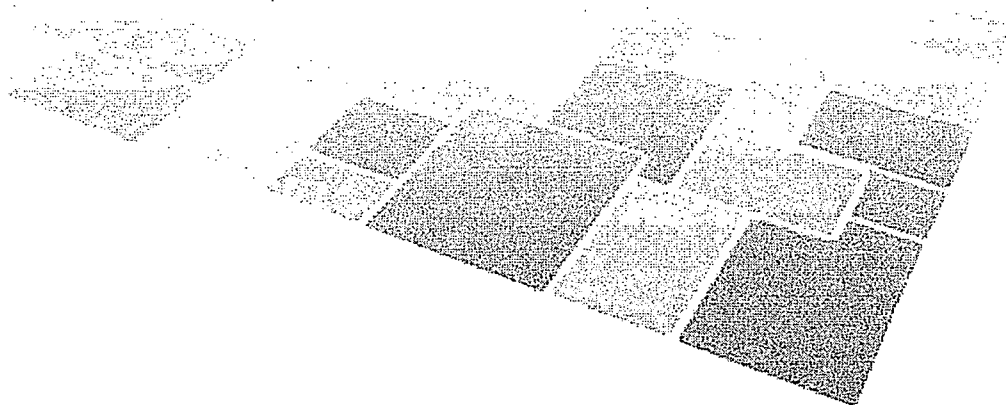
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Crockett County Community Health Assessment
Update of Size of Health issues 2015
Prioritization of Health Issues

Heart Conditions

Death from Diseases of the Heart Per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	466.5	498.4	0.0	226.7	245.1	183.1
2012	355.7	309.8	0.0	220.6	241.2	165.2
2011	439.9	440.1	0.0	221.0	239.7	175.3
2010	431.9	418.2	0.0	228.3	254.0	181.8
2009	493.7	495.9	0.0	228.0	241.1	185.8

Source: Tennessee Department of Health.

Has a doctor, nurse, or other health professional ever told you that you had a heart attack or myocardial infarction? (percent)

	Northwest	TN
2012	6.8	6.7
2011	7.3	5.2

Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease? (percent)

	Northwest	TN
2012	8.5	7.2
2011	7.7	5.0

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

High Blood Pressure

Deaths from Cerebrovascular Disease per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	48.0	57.2	0.0	48.1	50.5	45.8
2012	41.0	32.6	0.0	46.3	48.6	42.9
2011	75.6	81.5	0.0	50.1	52.8	46.2
2010	48.0	52.3	0.0	50.1	54.3	45.6
2009	60.9	63.0	0.0	50.6	51.9	48.2

Source: Tennessee Department of Health.

Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? (percent)

	Northwest	TN
2012	39.8	39.7
2011	41.9	38.7
2010	46.3	35.4
2009	39.3	32.6
2007	39.1	33.8
2005	39.6	30.2

Are you currently taking medicine for your high blood pressure? (percent)

	Northwest	TN
2012	78.0	80.0
2011	84.2	78.3
2010	86.0	85.6
2009	85.7	81.8
2007	86.1	84.0
2005	81.5	83.4

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Cancer

Deaths from Malignant Neoplasms Per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	247.0	294.1	0.0	214.5	231.0	176.4
2012	205.2	212.0	0.0	211.2	226.5	176.3
2011	268.1	277.1	0.0	210.2	224.6	180.1
2010	219.4	235.2	0.0	212.9	234.6	178.9
2009	223.2	188.9	0.0	216.2	226.9	183.5

Source: Tennessee Department of Health.

Arthritis

Tennessee	2011	2013
Adults with Arthritis	1,250,000	160,000
Adults limited by arthritis	594,000	68,000
Percent with arthritis	26	25
Percent women/men with arthritis	31/21	27/23
Percent age 18-44 with arthritis	10	8
Percent age 45-64 with arthritis	34	32
Percent age 65 and older with arthritis	50	52
Percent with arthritis who are inactive	55	33
Percent arthritis among adults with diabetes	53	49
Percent arthritis among adults with hypertension	42	42
Percent arthritis among adults who are obese	37	34

Source: Centers for Disease Control and Prevention.

Arthritis continued

Has a doctor, nurse, or other health professional ever told you that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? (percent)

	Northwest	TN
2012	35.6	29.8
2011	26.4	25.9
2009	29.3	25.9
2007	37.0	34.0
2005	36.0	29.7

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Obesity

Adults who have a body mass index greater than 25-overweight or obese (percent)

	Northwest	TN
2012	61.8	65.4
2011	66.9	66.5
2010	71.4	67.8
2009	68.8	69.0
2008	74.8	68.0
2007	68.1	67.4
2006	66.9	65.3
2005	64.8	62.3

**Adults who have a body mass index greater than 30-obese
(percent)**

	Northwest	TN
2012	no data	31.1
2011	30.1	29.2
2010	38.5	31.7

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Percent of Adults who have a body mass index greaster than 25-overweight or obese

	Crockett	TN
2014	35	32
2013	34	32
2012	34	32
2011	33	31
2010	30	31

Source: Robert Wood Johnson Foundation and University of Wisconsin
Population Health Institute.

Asthma

**Have you ever been told by a doctor, nurse, or other health care professional
that you had asthma? (percent)**

	Northwest	TN
2012	13.5	11.0
2011	8.8	10.4
2010	6.5	9.3
2009	14.6	11.9
2008	16.6	12.6
2007	13.4	12.4
2006	10.3	11.7
2005	17.2	11.6

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Asthma in Tennessee 6 percent in adults; 9.5 percent in Children-2010
2002-2007 childhood hospitalizations for Asthma Ages 10-17 Northwest TN

Inpatient hospitalizations per 100,000	200
Emergency Room visits per 100,000	828
Average inpatient charges per stay	\$5,845
Average Outpatient charge per visit	\$800

Source: Tennessee Department of Health.

Diabetes

Deaths from Diabetes per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	41.2	16.3	0.0	27.9	27.1	36.8
2012	47.9	57.1	0.0	28.2	27.4	36.7
2011	34.4	24.5	0.0	27.1	26.3	35.7
2010	27.4	34.8	0.0	26.4	26.4	35.0
2009	33.8	39.4	0.0	28.2	26.8	37.7

Source: Tennessee Department of Health.

Have you ever been told by a doctor that you have diabetes, not including gestational diabetes? (percent)

	Northwest	TN
2012	13.2	11.9
2011	12.8	11.2
2010	11.1	11.3
2009	12.2	10.3
2008	11.6	10.4
2007	12.3	11.9
2006	12.2	10.7
2005	10.9	9.1

Have you ever been told that diabetes has affected your eyes or that you have retinopathy? (percent)

	Northwest	TN
2012	29.7	22.8
2011	32.9	21.7
2010	11.1	25.7
2009	12.2	27.4
2008	11.6	21.0
2007	12.3	25.9
2006	12.2	18.6
2005	10.9	20.1

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Percentage of Population Diagnosed with Diabetes

	Crockett	TN
2014	13	11
2013	13	11
2012	13	11
2011	13	11

Source: Robert Wood Johnson Foundation and University of Wisconsin

Allergies

1 in 5 Americans suffer from all types of allergies

Allergies have increased in prevalence since the 1980s across age, sex, racial groups.

Approximately 50 million people experience allergies.

Allergies are the 5th leading chronic disease among all ages.

Dementia/Alzheimer's Disease

Deaths from Alzheimers per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	61.7	49.0	0.0	38.9	44.8	19.5

Source: Tennessee Department of Health.

Over 5 million Americans are living with Alzheimers Disease-110,000 in Tennessee

Tennessee in 2014 16,000 adults ages 65-74 living with Alzheimers

Tennessee in 2014 47,000 adults ages 75-84 living with Alzheimers

Tennessee in 2014 41,000 adults ages 85+ living with Alzheimers

Alzheimers is the 5th leading cause of death in the United States.

138 percent increase in Alzheimers deaths since 2000

Hearing Loss

Almost 50 million Americans have hearing loss in at least one ear, including 1 in 5 teenagers.

Ringings in the ears (tinnitus) affects 20 percent of Americans, and hearing loss occurs in 90 percent of those cases

60 percent of veterans returning from Iraq and Afghanistan come home with hearing loss and tinnitus

Those with even mild hearing loss are twice as likely to develop dementia

Depression and isolation are common with hearing loss.

Men are more likely than women to experience hearing loss.

Tinnitus is sometimes the first sign of hearing loss.

Hearing loss becomes prevalent with age; hearing impairment occurs in about 18 percent of American adults between the ages of 45 and 54; 30 percent of adults between ages 65 and 74; and 47 percent of adults age 75 and older.

Domestic Violence

Domestic Violence Offenses

Crockett County Sheriff's Office

	Reported	Cleared
2013	56	49
2012	55	49
2011	46	41

Alamo Police Department

2013	28	23
2012	30	22
2011	32	27

Bells Police Department

2013	26	22
2012	38	35
2011	30	26

Gadsden Police Department

2013	5	5
2012	6	6
2011	2	1

Source: Tennessee Bureau of Investigation. Crime in Tennessee

Child Abuse

Number and rate of substantiated child abuse/neglect cases under age 18 and rate per 1,000 age 0-18

	Crockett	TN
Cy2013	20/5.8	4.9
Cy2012	<5/.9	4.9
Cy2011	18/*	4.8

Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

Child Abuse & Neglect in Tennessee

	Crockett	TN
2012	6.8	4.9
2010	3.6	5.5
2009	4.2	7.0
2008	3.7	8.4
2007	4.8	11.6
2006	1.5	11.7

Source: Tennessee Commission on Children and Youth: KIDS COUNT: The State of the Child in Tennessee.

Motor Vehicle Accidents

Deaths from Motor Vehicle Accidents Per 100,000

	Crockett			TN		
	Total	White	Black	Total	White	Black
2013	20.6	24.5	0.0	15.5	16.5	13.9
2012	20.5	16.3	0.0	14.8	16.1	10.7
2011	41.2	48.9	0.0	15.6	16.7	13.0
2010	6.9	8.7	0.0	16.8	18.8	11.5
2009	0.0	0.0	0.0	16.4	17.1	13.6

Source: Tennessee Department of Health.

Overall Traffic Crash Data

Crockett County

	Fatal	Injury	PDO	Total
2013	3	74	142	219
2012	4	66	127	197
2011	3	79	142	224
2010	2	101	113	216
2009	6	86	109	201
2008	4	73	115	192

Crash Rates Per 1,000 Licensed Drivers

	2013 08-13 Av	
Licensed Drivers	10,132	10,101
Fatal Crash Rate	0.296	0.363
Rank	28	15
Injury Crash Rate	7.304	7.902
Rank	52	58
Overall Crash Rate	21.615	20.604

Crockett County Alcohol Impaired Crashes Per 100,000

	Crashes	Rate	Rank
2013	13	1.283	64
2012	9	0.895	90
2011	9	0.884	89
2010	12	1.183	68
2009	14	1.392	62
2008	10	0.996	86

Source: Tennessee Department of Safety and Homeland Security.

Tobacco Use

Adult Smoking-Percent of Adults that report smoking at least 100 cigarettes

	Crockett	TN
2014	27	23

Source: Robert Wood Johnson Foundation and University of Wisconsin Population Health Institute.

Are you a current smoker?

	Northwest	TN
2012	28.1	24.9
2011	27.1	23.0
2010	22.3	20.1
2009	29.0	22.0
2008	55.3	23.1
2007	30.3	24.3
2006	27.1	22.6
2005	24.0	26.7

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Alcohol and Drug Abuse

Binge/Excessive Drinking-Percent who report in the past 30 days

	Crockett	TN
2014	0	9
2013	5	10
2012	9	9
2011	0	9
2010	0	9

Source: Robert Wood Johnson Foundation and University of Wisconsin Population Health Institute.

During the past 30 days have you had at least one drink--beer, wine, malt beverage, liquor? (percent)

	Northwest	TN
2012	20.0	38.6
2011	26.8	37.5
2010	22.6	28.2
2009	21.1	25.1
2008	22.8	33.6
2007	29.6	32.9
2006	25.9	29.5
2005	28.3	34.7

Have you had five or more drinks on one occasion (5 for women;4 for men)(percent)?

	Northwest	TN
2012	5.8	11.3
2011	6.9	10.0
2010	6.9	6.6
2009	4.5	6.8
2008	8.0	10.5
2007	10.4	9.0
2006	6.7	8.6
2005	11.4	8.6

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

Estimated number and percent of people over age 18 with a dependence on illicit drugs or alcohol in the past year

	Crockett	TN
2010-2012	871/7.91	8.20
2008-2010	870/7.90	8.04
2006-2008	851/7.85	8.86

Number of unique TDMHSAS A&D Treatment Admissions as a percent of people over age 18 with a dependence on or abuse of illicit drugs or alcohol in the past year.

	Crockett	TN
Fy2014	69/7.92	3.95
Fy2013	49/5.63	3.53
Fy2012	67/7.70	3.52

Number and percent TDMHSAS funded treatment admissions with alcohol identified as substance abuse

	Crockett	TN
Fy2014	50/72.5	44.2
Fy2013	35/64.8	45.4
Fy2012	46/65.7	45.3

Number and percent TDMHSAS funded treatment admissions with opioids identified as substance abuse

	Crockett	TN
Fy2014	15/*	40.2
Fy2013	6/*	28.4
Fy2012	12/*	39.1

Number and percent TDMHSAS funded treatment admissions with METH identified as substance abuse

	Crockett	TN
Fy2014	9/*	11.6
Fy2013	10/*	12
Fy2012	8/*	10.1

Number and percent TDMHSAS funded treatment admissions with other illicit drugs identified as substance abuse

	Crockett	TN
Fy2014	23/46.9	38.6
Fy2013	33/49.3	37.3
Fy2012	21/31.8	36.9

Number of drug related arrests for adults over 18 in Crockett County

Cy2013	51
Cy2012	68
Cy2011	24

Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

Influenza

**Influenza in rural West Tennessee
Sentinel Provider Influenza-Like Illness Surveillance Data**

	# Patients
2014-November	35

Teenage Pregnancy

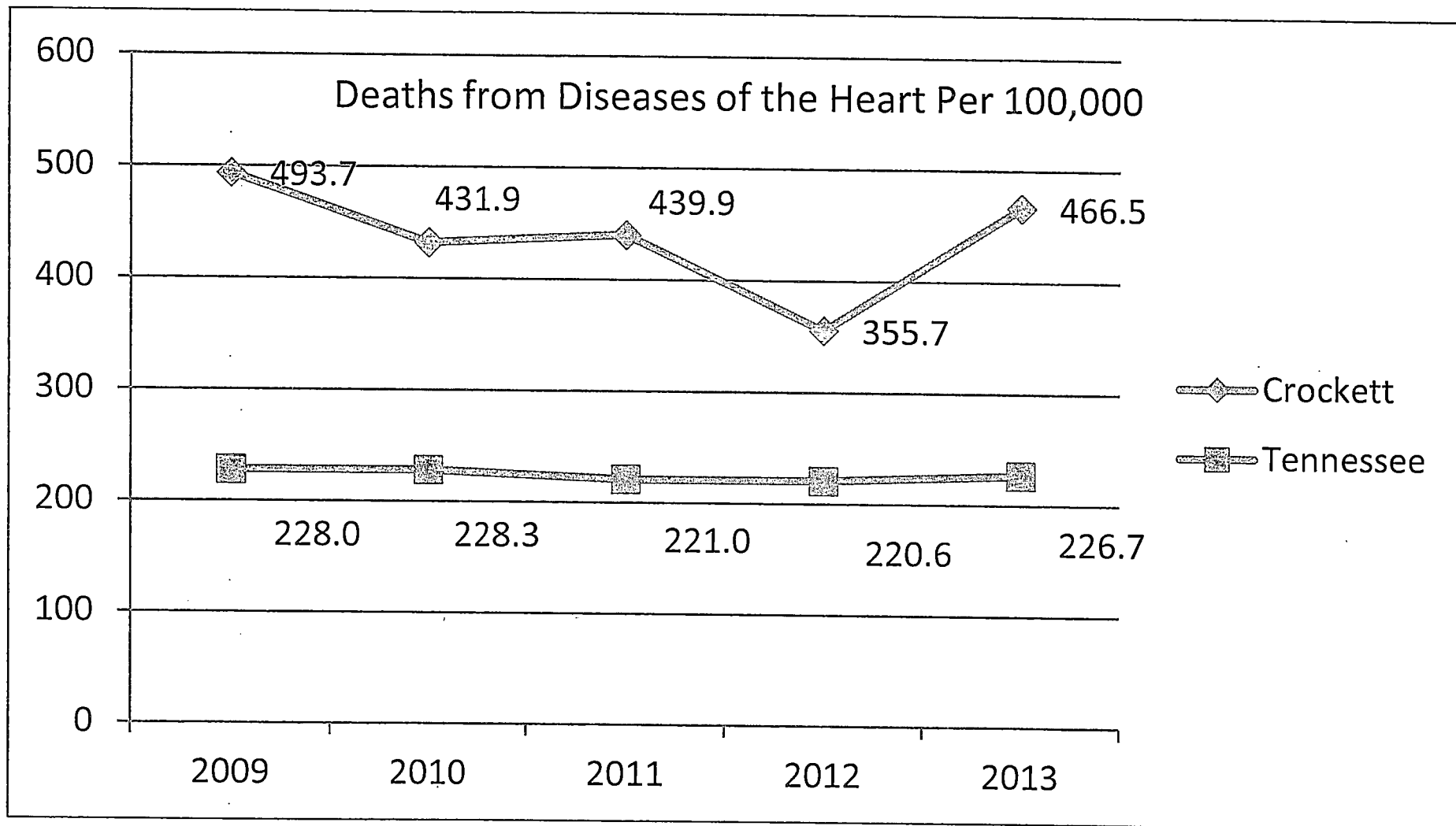
Pregnancies Age 10-17 per 1,000 Females

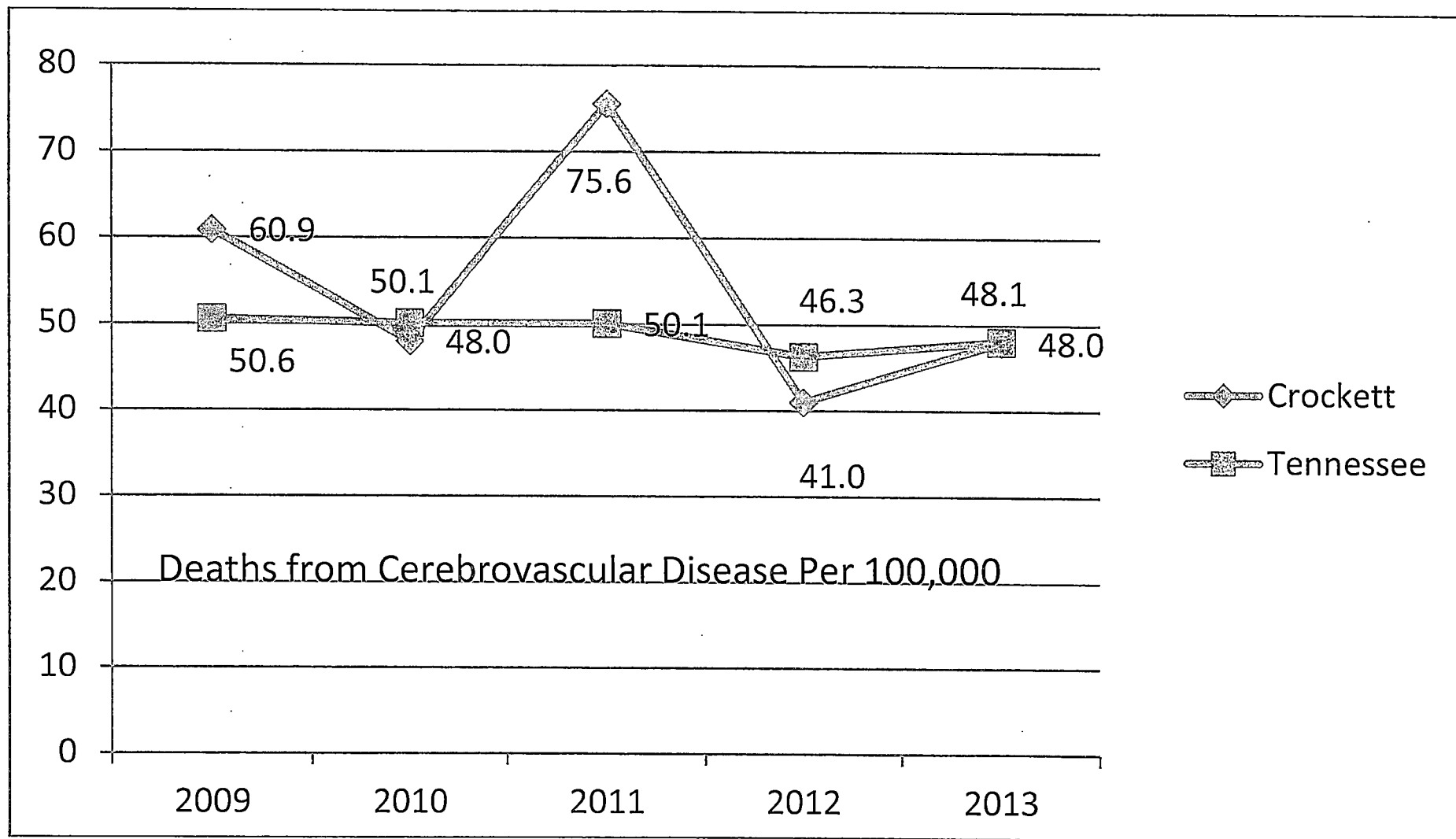
	Crockett			TN		
	Total	White	Black	Total	White	Black
2012	9.8	10.3	9.3	8.3	7.0	14.0
2011	9.6	7.1	30.0	8.9	7.3	15.5
2010	15.7	14.4	39.6	10.0	8.3	17.9
2009	13.4	10.0	9.4	12.0	9.1	21.9

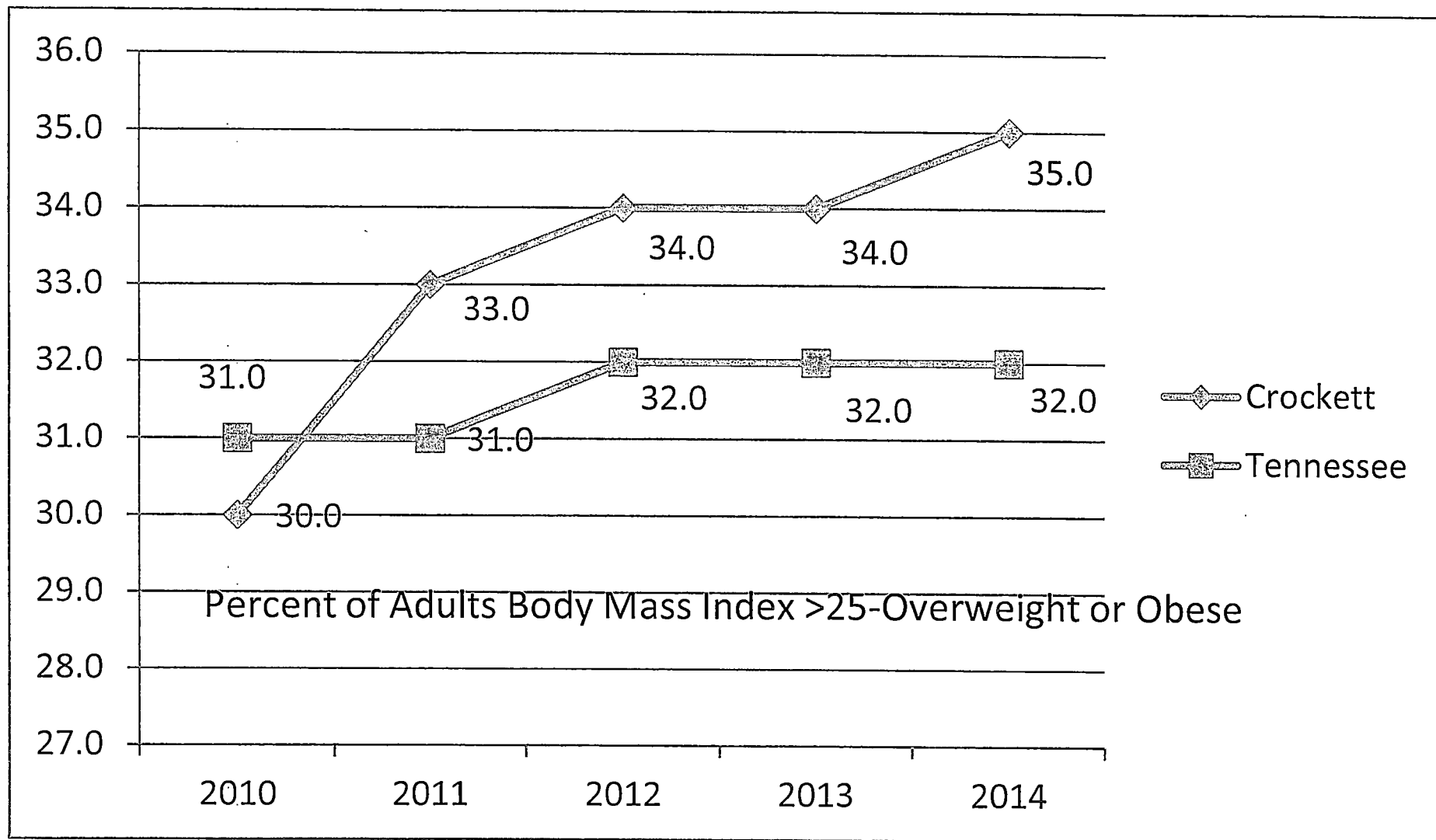
Pregnancies Age 15-17 Per 1,000 Females

	Crockett			TN		
	Total	White	Black	Total	White	Black
2012	28.1	29.2	0.0	21.2	18.1	33.9
2011	27.5	20.3	0.0	22.4	18.9	36.5
2010	39.9	36.0	0.0	24.8	21.1	42.1
2009	27.6	28.3	0.0	29.6	22.4	55.5

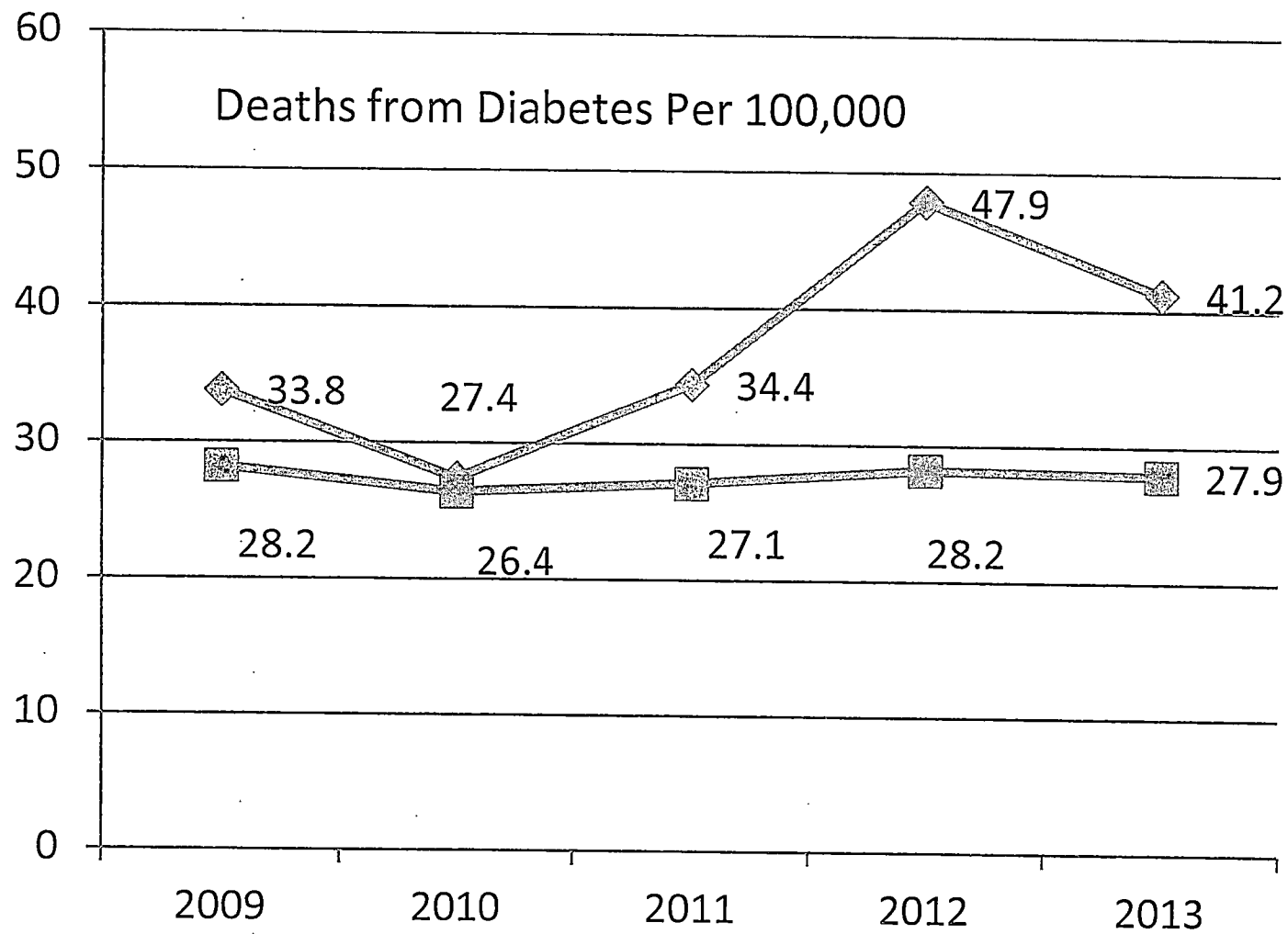
Source: Tennessee Department of Health.







Deaths from Diabetes Per 100,000



—◆— Crockett
—■— Tennessee

Crockett County Community Health Needs Assessment
Effectiveness of Interventions-Community Resources

The following is a list of community resources for each health issue identified by the community committee. The list contains community agencies and public entities that specifically work with a particular health issue as well as potential agencies that can become partners with Crockett County for specific health issues.

Heart Conditions

American Heart Association
Physician Clinics
Local Churches
Community Senior Centers
American Association of Retired Persons

High Blood Pressure

American heart Association
American Stroke Association
Physician Clinics
Community Senior Centers

Cancer

American Cancer Society
Physician Clinics
Local Churches
Community Senior Centers
American Association of Retired Persons

Arthritis

Arthritis Foundation
Physician Clinics
Local Fitness Centers
American Association of Retired Persons
Community Senior Centers

Obesity

American Heart Association
American Diabetes Association
American Stroke Association
Physician Clinics
Community Senior Centers
Crockett County School District
City of Bells School District
City of Alamo School District
Crockett County Recreation and Parks Department
Local Fitness Centers

Local Churches
Afterschool Programs
Local Retirement Homes

Asthma

Asthma and Allergy Foundation
Physician Clinics
Crockett County School District
City of Bells School District
City of Alamo School District

Diabetes

American Diabetes Association
Physician Clinics
Crockett County School District
City of Bells School District
City of Alamo School District
Community Senior Centers
Local Churches

Allergies

Asthma and Allergy Foundation
Physician Clinics
Crockett County School District
City of Bells School District
City of Alamo School District

Dementia/Alzheimer's

Tennessee Commission on Aging and Disabilities
Alzheimer's Association
Local Churches

Hearing Loss

American Association of Retired Persons
Tennessee Commission on Aging and Disabilities
Tennessee Division of Rehab Services
Tennessee Career Center
Physician Clinics

Intimate Partner Violence

Wo/Men's Resource and Rape Assistance Program
Tennessee Department of Human Services
Local Police Departments
Crockett County Sheriff's Office

Child Abuse

Exchange Club-Carl Perkins Center for the Prevention of Child Abuse
Tennessee Department of Children's Services
Tennessee Commission on Children and Youth
Tennessee Department of Human Services
Afterschool Programs
Alamo, Bells, Crockett County School Systems
Local Churches
Local Police Departments
Crockett County Sheriff's Office

Motor Vehicle Accidents

Tennessee Highway Patrol
Tennessee Department of Transportation
Alamo, Bells, Crockett County School Systems
Local Police Departments
Crockett County Sheriff's Office

Tobacco Use

American Cancer Society
Tennessee Department of Health
Physician Clinics
Alamo, Bells, Crockett County School Systems

Alcohol and Drug Abuse

Alamo, Bells, Crockett County School Systems
Crockett County General Sessions and Circuit Courts (Drug Court)
Local Police Departments
Crockett County Sheriff's Office
Pathways of Tennessee
JACO
Aspell Recovery Center
Tennessee Department of Corrections

Crockett County Community Health Council

December 3, 2015

12 noon- 1pm

Agenda

Welcome /Introductions

Chair, Molly Rowe

Approval of prior minutes

Chair, Molly Rowe

Old Business

Chronic Disease Sub-committee Update

Sarah Poole, UT Extension Agent

Tobacco Settlement Update

Kelsie Henning, Coordinated School Health Director

Baby & Me Tobacco Free Update

Cindy Wilkins-Wise, Health Educator

Healthier TN/UT Extension Updates

Sarah Poole, UT Extension Agent

New Business (Reports/Updates)

Election of New Officers

Chair, Molly Rowe

"Fall Into Good Health" Health Council Showcase

Cindy Wilkins-Wise, Health Educator

Announcements

All

Adjourn

Next Meeting: March 3, 2016

****NOTES****

The Crockett County Community Health Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

Crockett County Health Council
Meeting Minutes by Cindy Wilkins-Wise

Date: September 3, 2015

Attendees Present: Chanda Freeman, Sarah Poole, Danna Taylor, Molly Rowe, Kelsie Henning, Cindy Wilkins-Wise, Brooke Parkey, Ashley Green, Kacey Stribling, Teresa Guardian, Sandy Peevyhouse, Darlene Burleson, Faith Brown, Christy Wallsmith, Kristi Sugg, Charlie Moore, Syrena Flowers, Tarsha Hubbard and Nyenye Jordan

Next Meeting Date: December 3, 2015

Time: 12:00 noon

Location: Gibson Electric

I. Meeting Called to Order

- a. The meeting was called to order at 12 noon by Molly Rowe.

II. Reading/Approval of Minutes

- a. Molly Rowe requested that the council read over the minutes. A motion was made to approve the minutes as written by Sarah Poole. There was a second on the motion by Kelsie Henning. There were 14 members in favor of the motion, none opposed and 5 abstained from voting, so the minutes were approved as written.

III. Old Business

- a. **Tobacco Settlement Grant-** Kelsie Henning, Crockett County Coordinated School Health announced that the TATU students attended and presented a smoke free skit at the National HOSA Conference in California. TATU Advisors will attend the T4 training at West TN Regional Office. TATU students and PPI team joined together and provided tobacco prevention booths and healthy habits survey's at the Back to School Bash. Red Ribbon Week activities are being planned.
- b. **Baby & Me Tobacco Free-** Cindy Wilkins-Wise, Crockett County Health Educator advised the council that the Baby & Me Tobacco Free billboard is up. There are 4 participants in the program.
- c. **Healthier TN/UT Extension-** Sarah Poole, Crockett County UT Extension Agent presented information about Healthier TN website and how to sign up, Take Charge of Your Diabetes and that it will be implemented at the Health Department beginning each Monday in November for 6 weeks from 10 am – 12 noon, Arthritis Class is being taught at the Senior Citizen's Center beginning September 14 – October 22 on Monday's and Thursdays and "Think Pink" event will be held at the Library on October 1st from 11 am – 1 pm. Sarah also informed the council that Crockett County was one of the counties to receive the Healthy West Grant.

IV. New Business

- a. **Collective Impact-** Chanda Freeman, Regional Health Promotion Coordinator, shared information about concept of Collective Impact including why it is being used across the nation to address huge community issues, why it is a successful concept, and the five conditions that are necessary

for a coalition to be successful at incorporating strategies that have a collective impact. Chanda Freeman also discussed information on “Investing in Your Community” and what affects health including socioeconomic factors, health behaviors, the environment and access to health care.

- b. **Chronic Disease Sub-committee Minutes-** Sarah Poole discussed and distributed minutes to health council members about the chronic disease sub-committee that took place on August 6th. The next sub-committee will be announced through email.
- c. **“Fall Into Good Health” Health Council Showcase** – Cindy Wilkins-Wise & Chanda Freeman advised that the council should highlight the programs/events that took place this past year and that a committee should be formed. A motion was made for the “Fall Into Good Health” Health Council Showcase to be November 5, 2015 by Ashley Green, Head start Family Advocate. There was a second on the motion by Kacey Stribling, Maury City Schools Early Childhood Coordinator. There were 14 members in favor of the motion, none opposed and 5 abstained from the vote.
- d. **Syrena Flowers, West TN Regional Director for the Governors’ Foundation for Health and Wellness-** announced that she would like for Crockett County to sign up to be a healthier community and will receive a grant for \$5,000 for doing so since the county already meets the guidelines for being a healthier community. There was a motion made by Sarah Poole to sign the county up to be a healthier community. A second was made on the motion by Nyenye Jordan. There was 14 in favor of the motion, none opposed and 5 abstained.

V. Announcements

- a. Remote Area Medical will be held on October 17th – 18th at Chester County Junior High School. Services are free to anyone in any county.
- b. September is observed as Suicide Prevention Month. “White Out Day” will be September 18th take a stand by: wearing white, purple, or turquoise/teal, using #EndSuicide2015 on facebook, twitter & instagram or by visiting tspn.org to learn more. For more information contact Amy Dolinky, West TN Regional Coordinator at 847- 309-4340.
- c. Premier Dental in Bells will provide free dental services on September 11th from 8 am – 12 noon. This is on a first come first serve basis.
- d. Nyenye Jordan announced that “Raising a Village” is a nonprofit organization to help students with reading, development skills, learning skills and help kids to succeed in life. For more information about “Raising a Village” visit their website at www.Nyenyejordan.com.
- e. Charlie Moore, Chamber of Commerce Director commended the Health Council on all the good work that is being done in the community.

VI. Meeting Adjourned

- a. There was a motion to adjourn the meeting by Kelsie Henning. A second was made on the motion by Kacey Stribling. There were 14 members in favor of the motion, none opposed, and none 5 abstained. The meeting was adjourned at 1:05 p.m.
- b. The next combined Health Council/ Interagency Meeting will be on December 3rd at 12:00 noon at Gibson Electric.

Minutes written, typed and submitted by Cindy Wilkins.

Lake, Vicki

From: Cindy Wilkins [Cindy.Wilkins@tn.gov]
Sent: Monday, November 23, 2015 2:53 PM
To: nyenye.jordan@yahoo.com; gtucker@crockettnet.com; Gracie@wtls.org; caren.jordan@crockettschools.net; crockett@carlperkinscenter.org; kacey.stribling@crockettschools.net; Ross, Jocelyn; crockettcountymayor@gmail.com; mrobinson@pictsweet.com; cmoore@crockettchamber.com; dootie.rinks@bxs.com; tlittle0506@msn.com; bparkey@k12tn.net; rowem@ccschools.net; kelsie.henning@crockettschools.net; teresa.guardian@crockettschools.net; hawortha@alamoschool.org; swyatt@utk.edu; Dana Cobb; agreen@nwnthhs.org; kholt@nwnthhs.org; tpowell@nwnthcap.org; carolhaynesbarraza@gmail.com; cwilliams@nwnthworks.org; Darlene Burleson; Amanda Warren; ivy.mcdonald@nwnthdd.org; juv2@ymail.com; Cothorn, Katherine; ligonkevin@charter.net; kristis@crockettnet.com; rebecca.raymer@careyinc.org; Sandy Peevyhouse; shala.ingram@nwnthdd.org; Haynes, Valerie; dwlesmith@cableone.net; Lake, Vicki; tarsha.hubbard@amerigroup.com; lbasket@wraptn.org; lisha1219@yahoo.com; Mhardin@namitn.org; Peggy.Donaldson@MyTennova.com; mary.channell@mlh.org
Cc: Chanda Freeman; LeVarr Boyle
Subject: Please RSVP :)
Attachments: Crockett County September 2015 minutes updated.doc; Crockett County December 2015 Meeting HC Agenda (1).docx

Good afternoon!

I hope everyone is having a great Monday! Please see the attachments for a tentative agenda for our meeting on Thursday, December 3rd at Gibson Electric at 12 noon and minutes from our last meeting. Please RSVP to me by December 1st so I can reserve lunch for you. I will send out a reminder on Monday, November 30th. Thanks and have a Happy Thanksgiving!!!!

Cindy Wilkins
Public Health Educator 2
Haywood County Health Department
950 East Main Street
Brownsville, TN 38012
731-772-0463 ext# 107
731-772-3377 Fax #

Our Mission -

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Crockett County Community Health Council

September 3, 2015

12 noon- 1pm

Crockett Smiles
Walking
Wednesday
in Summer

→ People came
& did screening

Agenda

Welcome /Introductions

Chair, Molly Rowe

Approval of prior minutes

Chair, Molly Rowe

Old Business

Tobacco Settlement Update

Kelsie Henning, Coordinated School Health Director

Baby & Me Tobacco Free Update

Cindy Wilkins-Wise, Health Educator

Healthier TN/UT Extension Updates

Sarah Poole, UT Extension Agent

Healthy West Grant
Targets Workforce

Shirley Pink

Library 11-1

Come +
Go

New Business (Reports/Updates)

Vendor?

Collective Impact

Chanda Freeman, Program Director 1

Chronic Disease Sub-committee Minutes

Sarah Poole, UT Extension Agent

"Fall Into Good Health" Health Council Showcase

Chanda Freeman, Program Director 1

November 5

Thursday Health

Council

Showcase

Cindy Wilkins-Wise, Health Educator

Announcements

12:00

All

Adjourn

Next Meeting: December 3, 2015

NOTES

Health Drill

Every School

@ certain day & certain time
will stop, drop & roll

The Crockett County Community Health Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

Crockett County Chronic Disease Subcommittee Meeting
Meeting Minutes by Cindy Wilkins-Wise

Date: August 6, 2015

Attendees Present: Chanda Freeman, Marilyn Lewis, Cindy Wilkins-Wise, Judy Posey, Theresa Powell, Darlene Burleson, Faith Brown and Sarah Poole

Next Meeting Date: To be determined at next health council meeting

Time: 1:30 p.m.

Location: Gibson Electric

Welcome-Welcome was made by Cindy Wilkins-Wise.

Committee Charge/Overview-Chanda Freeman explained the reason for developing a chronic disease subcommittee is to develop strategies to reduce chronic disease in the county, to form a multi-disciplinary subcommittee, to assess current chronic disease strategies in the county and to develop an evidence based strategy to improve county health outcomes.

Crockett County Health Outcomes & Behaviors-Cindy Wilkins-Wise shared statistics from Community Commons related to health outcomes and behaviors that contribute to chronic diseases in Crockett County.

Collective Impact-Chanda Freeman shared information about concept of Collective Impact, including why it is being used across the nation to address huge community issues, why it is a successful concept, and the five conditions that are necessary for a coalition to be successful at incorporating strategies that have a collective impact. Chanda Freeman also discussed information on "Investing in Your Community" and what affects health including socioeconomic factors, health behaviors, the environment and access to health care.

Next Steps- Community Assessment. Chanda Freeman provided a template to for committee members to review as we begin to assess health council and community strengths and weaknesses.

Meeting Adjourned

Minutes written, typed and submitted by Cindy Wilkins-Wise

Crockett County Community Health Council

September 3, 2015

12 noon- 1pm

Agenda

Welcome /Introductions	Chair, Molly Rowe
Approval of prior minutes	Chair, Molly Rowe
Old Business	
Tobacco Settlement Update	Kelsie Henning, Coordinated School Health Director
Baby & Me Tobacco Free Update	Cindy Wilkins-Wise, Health Educator
Healthier TN/UT Extension Updates	Sarah Poole, UT Extension Agent

New Business (Reports/Updates)

Collective Impact	Chanda Freeman, Program Director 1
Chronic Disease Sub-committee Minutes	Sarah Poole, UT Extension Agent
"Fall Into Good Health" Health Council Showcase	Chanda Freeman, Program Director 1 Cindy Wilkins-Wise, Health Educator

Announcements	All
---------------	-----

Adjourn

Next Meeting: December 3, 2015

****NOTES****

The Crockett County Community Health Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

Crockett County Health Council
Meeting Minutes
Time: 12 noon
Location: Gibson Electric Membership Corp.
Date: June 4, 2015

In Attendance: Mayor Gary Reasons, Katherine Cothorn, Sandy Peevyhouse, Theresa Powell, Michelle Robinson, Ashley Haworth, Veronyca Washington, Gracie Kemp, Teresa Cook, Carrie Mann, Chanda Freeman, Tarsha Hubbard, Caren Jordan, Kacey Stribling, Renee Long, Kristi Sugg, Kelsie Henning, Faith Brown, Jeff Smith, Darlene Burleson and Cindy Wilkins-Wise

I. Meeting Called to Order

- a. The meeting was called to order at 12:00 noon by Kelsie Henning.

II. Welcome & Introductions

III. Old Business

Reading/Approval of Minutes

- a. There was a motion to approve minutes as written by Ashley Haworth Alamo City School Health Coordinator. There was a second on the motion by Gracie Kemp, West TN Legal Services. The motion carried, and minutes were approved with 18 in favor, none opposed and 3 abstentions.

IV. Tobacco Settlement Sub-Committee Report, Kelsie Henning:

- a. Wednesday, March 27, the TATU students presented the CATS Program at the Crockett Co. Business Expo. Over 165 people visited the booth where they learned about the dangers of tobacco use. CATS t-shirts, stress balls, pencils and bags were given out to participants.
- b. Friday, May 27, a Tobacco Prevention Booth was set up at Family Fun Day at the Alamo City Park. Stress balls, t-shirts, bags, basketballs and footballs were given out to participants.
- c. The Tobacco Settlement Grant Committee agreed to give \$100.00 each to three of the TATU Students that will travel to the HOSA Conference in California to Present the Crockett Against Tobacco Substances program this month. This stipend will help pay for their expenses for the trip. Total: \$300.00
- d. Back to School Bash is planned for Friday, July 24 10:00 am-12:00 pm at Crockett County Middle School. The TATU Students will have a Tobacco Prevention booth at the event. The Committee has purchased 150 backpacks with the CATS logo for students who need supplies.

V. Baby & Me Tobacco Free Update, Cindy Wilkins-Wise

- a. There are two participants in the program
- b. Baby & Me Tobacco Free pamphlet's are available
- c. Working on getting a Baby & Me billboard to promote the program in the county.

VI. Healthier TN/UT Extension Update, Cindy Wilkins-Wise reporting for Sarah Poole

- a. Walking Wednesdays: Every Wednesday this summer
- b. Healthier TN: Businesses are still encouraged to sign up. Information packs will be sent to faith based organizations soon. Please let Sarah know if your church, Sunday school class, youth group, etc. would be interested in participating.

- c. Back to School Bash is Friday, July 24 10-12 at Crockett County Middle School. Please let Sarah know if you need a vendor space. Tables and chairs will be provided. Also, if you have school supplies to donate, please get them to Sarah at least 1 week before the event.

VI. New Business

- a. Cindy Wilkins-Wise, Health Educator showed a video about the cost of teen pregnancy from DHS called "What's the Rush" to the council, she shared teen pregnancy statistics and pointed out that Crockett County is not in the top 10 according to teen pregnancy statistics 2013.
- b. Chanda Freeman, Program Director discussed Crockett County Health Council vision and plan. There was a discussion about combining the chronic disease sub-committee with the tobacco subcommittee to make one Chronic Disease sub-committee. There was a motion made by Mayor Gary Reasons to combine the tobacco subcommittee with chronic disease to make one sub-committee. A second was made on the motion by Gracie Kemp. The carried by unanimous vote.
- c. Cindy Wilkins-Wise, Health Educator informed the council that June is Men's Health Month and provided the council with information about the observance.

VII. Announcements

- a. Caren Jordan announced that the summer feeding program is going well and shared the dates and locations of the various programs.
- b. Darlene Burleson, mentioned that there will be a "Back to School Bash" July 24th at Crockett County Middle School from 10 am-12 noon and solicited support from council members.
- c. Kacey Stribling, mentioned that there are 3 spots open for the "Early Steps to Success" program at Maury City Elementary.

VIII. Meeting Adjourned

- a. There was a motion to adjourn the meeting by Mayor Gary Reasons. There was a second on the motion by Gracie Kemp. The motion carries with 18 members in favor, no opposition, and 3 abstentions. The meeting was adjourned at 1:02 pm.
- b. The next Health Council Meeting will be on September 3, 2015 at 12 noon at Gibson Electric.

IX. Next Meeting Date: September 3, 2015

Minutes written, typed and submitted by Cindy Wilkins-Wise.

Crockett County Community Health Council

June 4, 2015

12 noon– 1pm

Agenda

Welcome /Introductions

Chair, Molly Rowe

Approval of prior minutes

Chair, Molly Rowe

Old Business

Tobacco Settlement Update

Kelsie Henning, Coordinated School Health Director

Baby & Me Tobacco Free Update

Cindy Wilkins-Wise, Health Educator

Healthier TN/UT Extension Updates

Sarah Poole, UT Extension Agent

New Business (Reports/Updates)

What's the Rush

Cindy Wilkins-Wise, Health Educator

Health Council Vision Session

Chanda Freeman, Program Director

Next Steps

Council Members

National Men's Health Month Observance

Cindy Wilkins-Wise, Health Educator

Announcements

Upcoming Meeting Dates

September 3, 2015 & December 3, 2015

Adjourn

Next Meeting: September 3, 2015

****NOTES****

The Crockett County Community Health Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

Crockett County Health Council
Meeting Minutes
Time: 12 noon
Location: Gibson Electric Membership Corp.
Date: March 26, 2015

In Attendance: Molly Rowe, Regina Hendon, Katherine Cothorn, Marilyn Lewis, Rozelle Johnson, Dottie Rinks, Sandy Peevyhouse, Tamara Roach, Theresa Powell, Michelle Robinson, Danna Cobb, Ashley Haworth, Danna Taylor, Brooke Parkey, Teresa Guardian, Darlene Burleson and Cindy Wilkins-Wise

- I. Meeting Called to Order**
 - a. The meeting was called to order at 12:00 noon by Molly Rowe.
- II. Welcome & Introductions**
- III. Old Business**
 - Reading/Approval of Minutes**
 - a. There was a motion to approve minutes as written by Brooke Parkey, Bells School Health Coordinator. There was a second on the motion by Ashley Haworth, Alamo City School Health Coordinator. The motion carried, and minutes were approved with 13 in favor, none opposed and 4 abstentions.
- IV. Tobacco Settlement Sub-Committee Report, Teresa Guardian:**
 - a. The Teen's Against Tobacco Use (TATU) students created a survey, focusing on tobacco use and healthy habits, designed a t-shirt and assisted with analyzing the data. The new shirts will be worn by all participants and the TATU students. Dates: January 12 – March 8, 2015
 - b. January 30, 2015: The TATU students partnered with the Crockett County High School Cheerleaders to promote Crockett against Tobacco Substances at a basketball game. Statistics regarding the dangers of smoking were read during halftime and basketballs and heart shaped stress balls were thrown into the crowd of 630 people.
 - c. February 12 & 13, 2015: The TATU students gifted each teacher in both Bells and Crockett Co. Schools with a heart shaped stress ball in observance of Heart Health Month.
 - d. March 19, 2015: The TATU/HOSA students presented the Crockett Against Tobacco Substances Program at the HOSA State Convention. They competed against 26 schools across the state and won the 2nd place prize. These students will have the opportunity to present at the National Conference in Anaheim, California (June 2015). Note: These students have managed to present the message to the local schools, community, and their peers at the state level and now nationally.
 - e. Friday, March 27, the TATU students will have a booth at the Crockett County Business Expo.
- V. Healthier TN/UT Extension Update, Cindy Wilkins-Wise:**
 - a. Please let UT Extension Agent, Sarah Poole know if you would like to meet to register your workplace or church up for Healthier Tennessee. We have several places signed up, but more are needed.

- b. Conducting a pilot program at Maury City Elementary involving cooking skills and healthy recipes for students.
- c. Finishing up Power U for this school year.
- d. Family Fun Day is scheduled for May 27, 2015 at Alamo City Park anyone interested please contact Sarah Poole.

VI. New Business

- a. Marilyn Lewis, CSS/HUGS Social Worker explained the Children Special Services program to the council and the need for referrals.
- b. Cindy Wilkins-Wise, Health Educator introduced the "100 Mile Club" to council members and asked if anyone interested contact her.
- c. Sandy Peevyhouse, Department of Children Services, discussed about May being National Foster Care month.
- d. Vicki Lake, West TN Healthcare explained community needs assessment 2015. Surveys and data was provided to the council. There was a motion made by Ashley Haworth to allow West TN Health Care to partner with the health council to address the same health priorities in Crockett County. A second was made on the motion by Teresa Guardian. There were 13 members in favor of the motion, none opposed and 4 abstained.
- e. Cindy Wilkins Wise, Health Educator informed the council that March is National Nutrition Month and provided the council with THRIVE magazines and Health Council profile brochures to give out in the community.

VII. Announcements

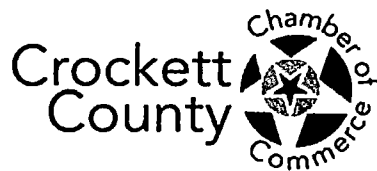
- a. Marilyn Lewis announced that there will be a "Take Back Prescription Drug Day" April 24th from 8:00 am-12 noon.
- b. Ashley Haworth informed the council that there will be a "Relay for Recess" Relay for Life at Alamo City School May 7th.
- c. Brooke Parkey mentioned that there will be a school-based "Farmers Market" and College and Career Fair May 19th.
- d. Theresa Powell informed the council that volunteers are needed for commodities April 7th & 8th with distribution scheduled for April 15th & 16th.
- e. Dana Cobb announced that there will be an Ethics training April 10th at UTM.
- f. Regina Hendon informed the council that the TN Tobacco Advocacy grant will not be funded again.
- g. Darlene Burleson, mentioned that there will be a "Back to School Bash" July 24th at Crockett County Middle School from 10 am-12 noon.

VIII. Meeting Adjourned

- a. There was a motion to adjourn the meeting by Dottie Rinks. A second was made on the motion by Teresa Guardian. There were 13 members in favor of the motion, none opposed, and 4 abstained. The meeting was adjourned at 1:00 pm.
- b. The next Health Council Meeting will be on June 4, 2015 at 12 noon at Gibson Electric.

IX. Next Meeting Date: June 4, 2015

Minutes written, typed and submitted by Cindy Wilkins-Wise.



Walking Wednesdays

All Crockett County residents are invited to join in the fun each Wednesday this summer as we take steps to better our health! Let's team up to make Crockett County healthier, happier, and more active! Participants will earn points for walking, and will be eligible for prizes!

All walks will begin at 11:30 at each location, and will move to the Family Resource Center on Conley Road if it rains.

Schedule

Wednesday, May 27 (Family Fun Day) – Alamo City Park (Alamo)

Wednesday, June 3 – Bells Chapel (Bells)

Wednesday, June 10 – Maury City Park (Maury City)

Wednesday, June 17 – E.D. Brown Park (Alamo)

Wednesday, June 24 – Maury City Park (Maury City)

Wednesday, July 1 – Gadsden Elementary School (Gadsden)

Wednesday, July 8 – Friendship Community Center (Friendship)

Wednesday, July 15 – Crockett County High School (Alamo)

Wednesday, July 22 – Church of the Lord Jesus Christ (Bells)

Wednesday, July 29 – Alamo City Park (Finale and Celebration)

Walking Wednesdays is brought to you by the Crockett Smiles Initiative. To find out more about the Crockett Smiles Initiative or how you can get involved, call the Crockett County Chamber of Commerce at 696-5120 or the UT Extension Office at 696-2412.

Lake, Vicki

From: Cindy Wilkins [Cindy.Wilkins@tn.gov]
Sent: Thursday, May 21, 2015 1:47 PM
To: nyenye.jordan@yahoo.com; gtucker@crockett.net.com; Gracie@wtls.org; caren.jordan@crockettschools.net; crockett@carlperkinscenter.org; kacey.stribling@crockettschools.net; Ross, Jocelyn; jones909357@aol.com; crockettcountymayor@gmail.com; mrobinson@pictsweet.com; cmoore@crockettchamber.com; dottie.rinks@bxs.com; tlittle0506@msn.com; bparkey@k12tn.net; rowem@ccschools.net; guardiant@ccschools.net; henningk@ccschools.net; kelsie.henning@crockettschools.net; hawortha@alamoschool.org; swyatt@utk.edu; rlong@carlperkinscenter.org; Dana Cobb; agreen@nwttnhs.org; kholt@nwttnhs.org; veronyca.washington@lebonheur.org; tpowell@nwtncap.org; carolhaynesbarraza@gmail.com; cwilliams@nwtwork.org; Darlene Burleson; Amanda Warren; ivy.mcdonald@nwtdd.org; juv2@ymail.com; Cothorn, Katherine; ligonkevin@chater.net; kristis@crockett.net.com; waiters@nwtwork.org; rebecca.raymer@careyinc.org; Sandy Peevyhouse; shala.ingram@nwtdd.org; Haynes, Valerie; dwlesmith@cableone.net; lishunda.park@amerigroup.com; tarsha.hubbard@amerigroup.com; Sylvia_Stamper@VSHPTN.com; Lake, Vicki
Cc: Chanda Freeman; Danna Taylor
Subject: Save the Date!

Good Afternoon Crockett County Health Council!

I hope everyone is having a great Thursday! I just wanted to make sure each of you pencil in June 4, 2015 at 12 noon for a health council meeting @ Gibson Electric. A tentative agenda and minutes will follow soon. Thanks!

Cindy Wilkins
Public Health Educator 2
Waywood County Health Department
550 East Main Street
Brownsville, TN 38012
731-772-0463 ext# 107
731-772-3377 Fax #

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Crockett County Health Council
Meeting Minutes
Time: 12 noon
Location: Gibson Electric Membership Corp.
Date: March 26, 2015

In Attendance: Molly Rowe, Regina Hendon, Katherine Cothorn, Marilyn Lewis, Rozelle Johnson, Dottie Rinks, Sandy Peevyhouse, Tamara Roach, Theresa Powell, Michelle Robinson, Danna Cobb, Ashley Haworth, Danna Taylor, Brooke Parkey, Teresa Guardian, Darlene Burleson and Cindy Wilkins-Wise

- I. Meeting Called to Order**
 - a. The meeting was called to order at 12:00 noon by Molly Rowe.
- II. Welcome & Introductions**
- III. Old Business**
 - Reading/Approval of Minutes**
 - a. There was a motion to approve minutes as written by Brooke Parkey, Bells School Health Coordinator. There was a second on the motion by Ashley Haworth, Alamo City School Health Coordinator. The motion carried, and minutes were approved with 13 in favor, none opposed and 4 abstentions.
- IV. Tobacco Settlement Sub-Committee Report, Teresa Guardian:**
 - a. The Teen's Against Tobacco Use (TATU) students created a survey, focusing on tobacco use and healthy habits, designed a t-shirt and assisted with analyzing the data. The new shirts will be worn by all participants and the TATU students. Dates: January 12 – March 8, 2015
 - b. January 30, 2015: The TATU students partnered with the Crockett County High School Cheerleaders to promote Crockett against Tobacco Substances at a basketball game. Statistics regarding the dangers of smoking were read during halftime and basketballs and heart shaped stress balls were thrown into the crowd of 630 people.
 - c. February 12 & 13, 2015: The TATU students gifted each teacher in both Bells and Crockett Co. Schools with a heart shaped stress ball in observance of Heart Health Month.
 - d. March 19, 2015: The TATU/HOSA students presented the Crockett Against Tobacco Substances Program at the HOSA State Convention. They competed against 26 schools across the state and won the 2nd place prize. These students will have the opportunity to present at the National Conference in Anaheim, California (June 2015). Note: These students have managed to present the message to the local schools, community, and their peers at the state level and now nationally.
 - e. Friday, March 27, the TATU students will have a booth at the Crockett County Business Expo.
- V. Healthier TN/UT Extension Update, Cindy Wilkins-Wise:**
 - a. Please let UT Extension Agent, Sarah Poole know if you would like to meet to register your workplace or church up for Healthier Tennessee. We have several places signed up, but more are needed.

- b. Conducting a pilot program at Maury City Elementary involving cooking skills and healthy recipes for students.
- c. Finishing up Power U for this school year.
- d. Family Fun Day is scheduled for May 27, 2015 at Alamo City Park anyone interested please contact Sarah Poole.

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- a. Marilyn Lewis, CSS/HUGS Social Worker explained the Children Special Services program to the council and the need for referrals.
- b. Cindy Wilkins-Wise, Health Educator introduced the "100 Mile Club" to council members and asked if anyone interested contact her.
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- b. The next Health Council Meeting will be on June 4, 2015 at 12 noon at Gibson Electric.

IX. Next Meeting Date: June 4, 2015

Minutes written, typed and submitted by Cindy Wilkins-Wise.

Lake, Vicki

From: Cindy Wilkins [Cindy.Wilkins@tn.gov]
Sent: Thursday, May 28, 2015 11:33 AM
To: nyenye.jordan@yahoo.com; gtucker@crockettnet.com; Gracie@wtls.org; caren.jordan@crockettschools.net; crockett@carlperkinscenter.org; kacey.stribling@crockettschools.net; Ross, Jocelyn; jones909357@aol.com; crockettcountymayor@gmail.com; mrobinson@pictsweet.com; cmoore@crockettchamber.com; dottie.rinks@bxs.com; tlittle0505@msn.com; bparkey@k12tn.net; rowen@ccschools.net; guardian@ccschools.net; henningk@ccschools.net; kelsie.henning@crockettschools.net; hawortha@alamoschool.org; swyatt@utk.edu; rlong@carlperkinscenter.org; Dana Cobb; agreen@nwttnhs.org; veronyc.washington@lebonheur.org; tpowell@nwtncap.org; carolhaynesbarraza@gmail.com; cwilliams@nwtworks.org; Darlene Burleson; Amanda Warren; ivy.mcdonald@nwtdd.org; Cothorn, Katherine; ligonkevin@chater.net; kristis@crockettnet.com; kholt@nwttnhs.org; Lake, Vicki; dwlesmith@cableone.net; lishunda.park@amerigroup.com; tarsha.hubbard@amerigroup.com; Sylvia_Stamper@VSHPTN.com; waiters@nwtwork.org; rebecca.raymer@careyine.org; Sandy Peevyhouse; shala.ingram@nwtdd.org; valerie.hayes@wth.org
Cc: Chanda Freeman; Danna Taylor
Subject: Please RSVP.....
Attachments: Health Council Announcement for Crockett County for June 2015 Meeting.pub; March 26 2015 Crockett County Health Council.docx

Good morning!

I hope everyone is having a great Thursday! Please see the attachments for a tentative announcement for our meeting on Thursday, June 4th at Gibson Electric at 12 noon and minutes from our last meeting. Please RSVP to me by June 4th so I can reserve lunch for you. Thanks!

Cindy Wilkins
Public Health Educator 2
Haywood County Health Department
950 East Main Street
Brownsville, TN 38012
731-772-0463 ext# 107
731-772-3377 Fax #

Our Mission -

The mission of the Tennessee Department of Health is to **protect, promote and improve** the health and prosperity of people in **Tennessee**.

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The 100 Mile Club® (www.100mileclub.com)

OVERVIEW & Options

The Gold Medal COMPLETE Program is THE ORIGINAL 100 Mile Club® Program, developed over the course of 22+ years, by Kara Lubin, a 4th-generation public school teacher and special education specialist. Over 1,000 schools and more than 65,000 students in all 50 states are connected through our unique, signature t-shirt, incentives, and the powerful quest toward earning that beautiful 100 Mile Club® GOLD MEDAL.

The 100 Mile Club® *Gold Medal Complete Program* is designed to improve the health and well-being of children at school through daily physical activity in a noncompetitive, supportive, and fully-inclusive environment. With incentives earned along the way, lessons in goal-setting, determination, and team spirit are delivered alongside exercise.

The 100 Mile Club® is more than just a running program. It changes lives. Improved school readiness to learn, increased motivation, student and family engagement, and the creation of a true Team Spirit that permeates and transforms school culture are evident in *GOLD MEDAL 100 Mile Club® Schools*. By walking or running daily or few times a week students learn first-hand the benefits of exercise and begin to look forward to reaching their individual goals.

The 100 Mile Club® is safe, fun, and consistent and can be modified to fit the needs of all children. The Club provides students with an easy, fun and safe way to add physical fitness and goal-setting into their daily lives. The ultimate goal is to inspire students to want to keep fitness in their lives now and into adulthood.

The 100 Mile Club® was created to reward students with milestone incentives as they earn their miles.

- The 100 Mile Club® GOLD MEDAL COMPLETE Program provides students with a Signature Incentive Package celebrating success every 25 miles on their journey to 100 miles.
- The CERTIFICATE PATH serves as an alternate way to experience the benefits of physical activity, working toward making your school a GOLD MEDAL 100 Mile Club® SCHOOL. Students receive an End-of-Year 100 Mile Club® Certificate celebrating their total miles achieved.
- The *Certificate Path* is a no-cost opportunity. It is an excellent way to learn about The 100 Mile Club's mission, vision, spirit, and to understand the full benefits of working toward making a school a GOLD MEDAL 100 Mile Club® School.
- Through the *Certificate Path*, students receive a downloadable End-of-Year 100 Mile Club® Certificate celebrating their total miles achieved.
- The *Certificate Path* allows ALL students to earn miles with The 100 Mile Club®. Schools can evolve from the *Certificate Path* to the full 100 Mile Club® Gold Medal Complete Program at any time during the school year.
- No-Cost *downloadable* End-of-Year Certificates are available to ALL registered schools through our secure Coaches Corner. Schools may order high-quality, professionally printed 100 Mile Club® End-of-Year Certificates through Coaches Corner, IF DESIRED.

How Does it Work

- Run or walk 100 miles at school.
- 100 Mile Club® runs the course of one school year.
- It can be tailored for use before school, during school, or after school.

Technical Assistance and Tools

- Each school is provided ongoing support from beginning to end.
- A bi-weekly newsletter,
- Social media tools and procedures to help make The 100 Mile Club® runs smoothly and positively.

Goals of the program

- To change the way kids feel about themselves.
- Students learn how to set their own goals and the value of self-monitoring.
- Students learn how to exercise safely and instill fun and healthy habits that will last a lifetime.
- Celebrate the success of all children who participate.

Signature Milestone Incentive Package:

- Official 100 Mile Club® CHALLENGE ACCEPTED ID card
- A unique 100 Mile Club® T-shirt earned at 25 miles
- Golden Pencil earned at 50 miles
- Wristband earned at 75 miles
- Final Year-End Certificate for all participants celebrating their success
- Custom 100 Mile Club® Gold Medal with neckband, ONLY for those who reach their 100 mile goal (ordered in spring for year-end Medal Ceremony)

Also Included:

- Access to COACHES CORNER, including...
 - -Interactive Forums
 - -Useful downloads & forms
 - -Helpful, useful, and up-to-date information
- Bi-Monthly Newsletter
- Program Design Assistance
- Kick-off and Medal Assembly Support
- Access to National Regional Community Calendar
- National Social Media Connections; Facebook, Twitter, Instagram and YouTube Channel
- Invitations to Monthly Informative and Interactive Google Hangout
- Quarterly Webinars with 100 Mile Club Founder Kara Lubin, Topics may include:
 - -Welcome To The 100 Mile Club!
 - -Moving Through Winter Days and Weird Weather
 - -Motivating And Inspiring Your Students
 - -Celebrating Your Student's Success!

Benefits

- Global initiative
- Part of a national effort
- Community engagement and connections

Student Benefits

- Creates a Foundation for a Lifelong Healthy Lifestyle
- Improves School Readiness and Academic Focus/Attention
- Increases Motivation and Attendance
- Fosters Student Engagement and Participation

- Strengthens Comradely With Reduction in Bullying
- Develops Positive Self-Esteem and Body Image

Criteria – Upholding the Integrity of the 100 Mile Club Program®

- Sign An Agreement/Contract To:
- -Accept the Challenge of the 100 Mile Club®
- -Commit to the Mission and Vision of the 100 Mile Club®
- -Accept Logo Trademark and Copyright Usage and Guidelines

For more information: Contact the 100 Mile Club National Office for year-round assistance at info@100mileclub.com or call 951-340-2290.

The Crockett County Community Health Council acts as a working council whose purpose is to address health issues or significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

CROCKETT COUNTY

HEALTH PROFILE

2013 Population

Estimate: 14,591

% White: 89.9

% Black: 13.5

% Other: 70.4

<http://quickfacts.census.gov>

Education Level:

High School Graduate:

77.6%

Bachelor's Degree:

12.3%

<http://quickfacts.census.gov>

Median Household Income: \$37,601

Persons Below Poverty: 19.2%

Children Below Poverty: 30.5%

<http://quickfacts.census.gov>

<http://datacenter.kidscount.org>

of Public Schools: 7

Students Receiving Free/Reduced Lunch: 50.9%

<http://tennessee.educationbug.org>

<http://datacenter.kidscount.org>

2012 Teen Pregnancy Rate (age 10-17): *per
1,000

State Rate: 8.3/1,000

County Rate: 9.8/1,000

<http://health.state.tn.us/statistics/vital.htm>

2013 Infant Mortality Rates:

State Rate: 6.8/1,000

County Rate: Rates not calculated

<http://health.state.tn.us/statistics/vital.htm>

2014 HEALTH RANKINGS:

Health Outcomes: 50

Health Factors: 67

<http://www.countyhealthrankings.org/>

Health Outcomes: represent how healthy a county is within the state. The healthiest county is ranked #1. This rank is based on: how long people live and how healthy they feel while alive.

Health Factors: represent what influences the health of a county. This rank is based on: health behaviors, clinical care, social and economic factors, and physical environment factors.

2013 Leading Causes of Death:

1. Diseases of the Heart
2. Cancer
3. All Other Diseases*
4. Alzheimer's Disease
5. Chronic Lower Respiratory Diseases

*Death that is not attributable to one specific cause

<http://health.state.tn.us/statistics/vital.htm>

2014 Leading Behavioral Risk Factors:

1. Physical Inactivity (36%)
2. Adult Obesity (35%)
3. Adult Smoking (27%)
4. Alcohol-impaired driving deaths (10%)

<http://www.countyhealthrankings.org>

CROCKETT COUNTY

HEALTH COUNCIL PROFILE

Top Health Council Priorities:

1. Obesity & Physical Inactivity
2. Tobacco/Tobacco Related Diseases
3. Substance Abuse and Use
4. Infant Mortality

Meeting Times:

Regular Meetings are Quarterly: 1st Thursday of March, June, September and December with Two Extra Meeting for Community Outreach

Community Partners:

The Crockett County Health Council partners with area agencies/organizations, businesses, churches/faith-based organizations, schools, colleges/universities, and local government to fulfill its mission to identify and prioritize health issues and problems while continually working to promote, protect, and improve the health of persons living and working in the county.

"The money that it takes to raise a baby is so much more than I ever could have imagined."

Megan, pregnant at age 15

from the minute I wake up until the time that you go to bed. I have to be completely responsible. My friends are going to school, and I'm going to school. Everything is going to change.

at age 20



"My girlfriend came over, told me she was pregnant. I started thinking about everything. I'm gonna be a father, and I'm out of high school yet. I'm gonna get a job."

Shannon, father at age 16

about teen pregnancy or the responsibilities of the following state agencies to learn more about the services offered and office locations:

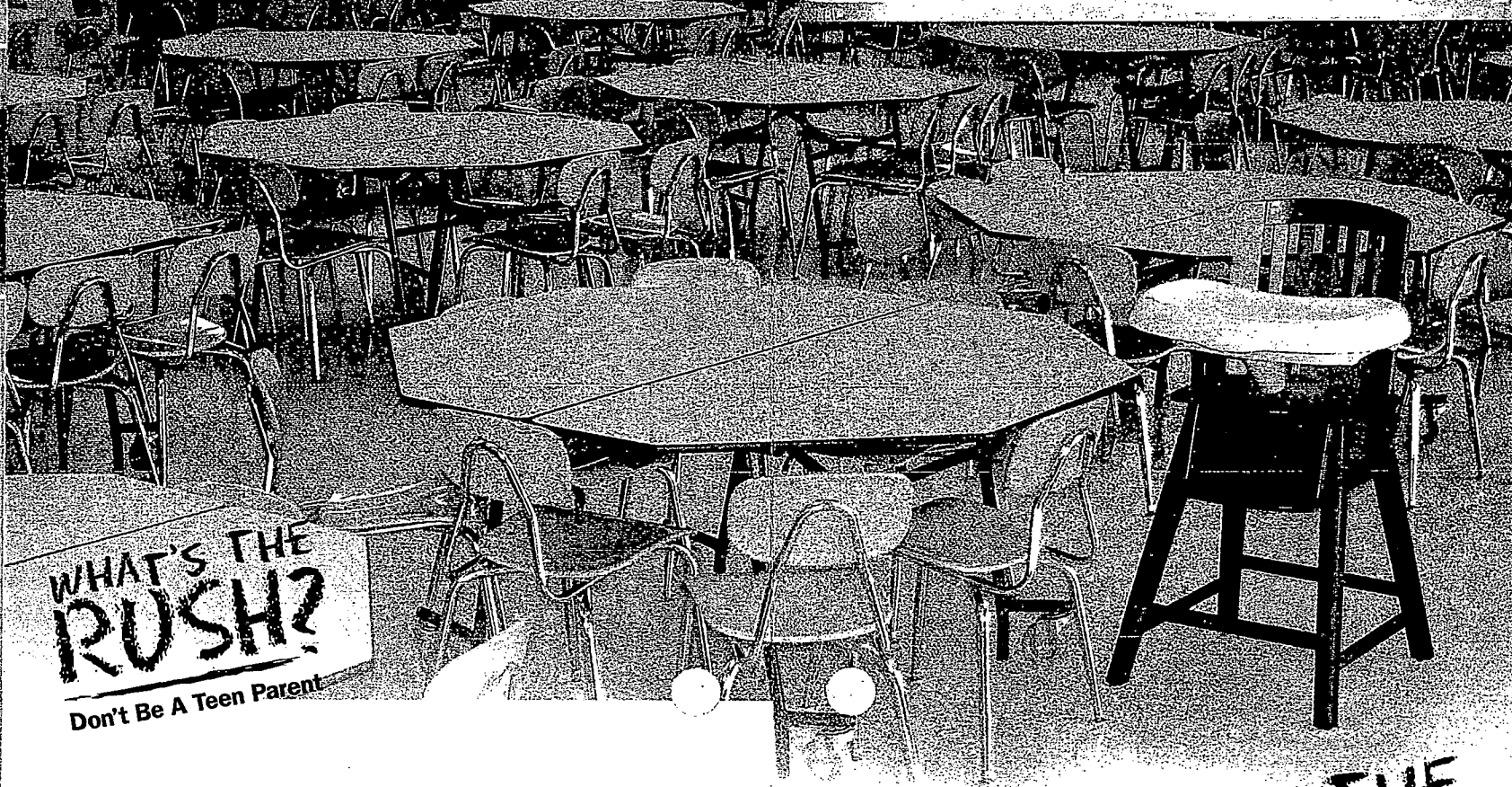
Department of Human Services

in 95 counties, and is responsible for child welfare and other state assistance programs. Contact your local office or log on to [dhserv/](http://www.dhs.tn.gov)

Department of Health

in 95 counties, and is responsible for family planning and the WICS program. Contact your local office or log on to [dhserv/](http://www.dhserv/)

Strained peas and baby formula are not on the school cafeteria menu.



WHAT'S THE RUSH?

Don't Be A Teen Parent

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Don't Be A Teen Parent

What's the Rush? is a project of the Tennessee District Attorneys General Conference. Statistics have been gathered from The National Campaign to Prevent Teen and Unwanted Pregnancy, www.thenationalcampaign.org, and the U.S. Department of Agriculture.



The school bus doesn't stop at daycare.



You have a baby, you're still in high school, get a job in order to pay child support and is your money flow going to look like?

WHAT'S THE RUSH?

High school is supposed to be fun. But, every day, backpacks are traded in for **diaper bags**, and after-school jobs that were supposed to pay for new clothes and movie tickets end up paying for **baby food and diapers**.

If you get pregnant, the chances of you and your boyfriend raising the baby together are slim. Eight out of 10 teen fathers **do not marry** the mothers of their first child.

If your girlfriend becomes pregnant, it is not her sole responsibility to care for the child. Tennessee requires all absent parents to **pay child support, or go to jail**.

In the U.S., more than **47 teen girls** give birth every hour.



DID YOU KNOW?

Less than **half of mothers** who have a child before they are 18 years old graduate from high school, and **less than 2 percent** have a college degree by age 30.

Teen fathers have **less education** and **earn much less money** than teenage boys without children.

The children of teen mothers are more likely to be **born prematurely and at a low birth weight**, which can cause infant death, blindness, deafness, respiratory problems, mental retardation, cerebral palsy, dyslexia and hyperactivity.

If you **don't pay child support**, the state can **suspend your driver's, hunting and fishing licenses**.

Children of teen mothers are 50 percent more likely to have to repeat a grade in school and are **less likely to finish high school**.

The sons of teen mothers are 13 percent more likely to **end up in prison**.

The children of teen mothers are two times more likely to **suffer abuse and neglect** compared to children of older mothers.

Girls, **child support will not be enough**. The cost of raising a child from birth to 17 years old is estimated to be **\$197,790**.

NOW, LET'S START DE

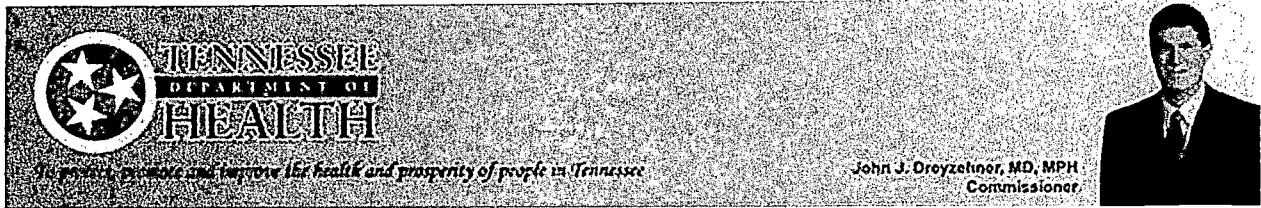


WHAT'S LEFT: \$17.00

Congratulations, you have \$17.00, money for food or some of the luxuries accustomed to, like cable television, a new pair of jeans.

*This amount is representative of a monthly child support payment in Tennessee.





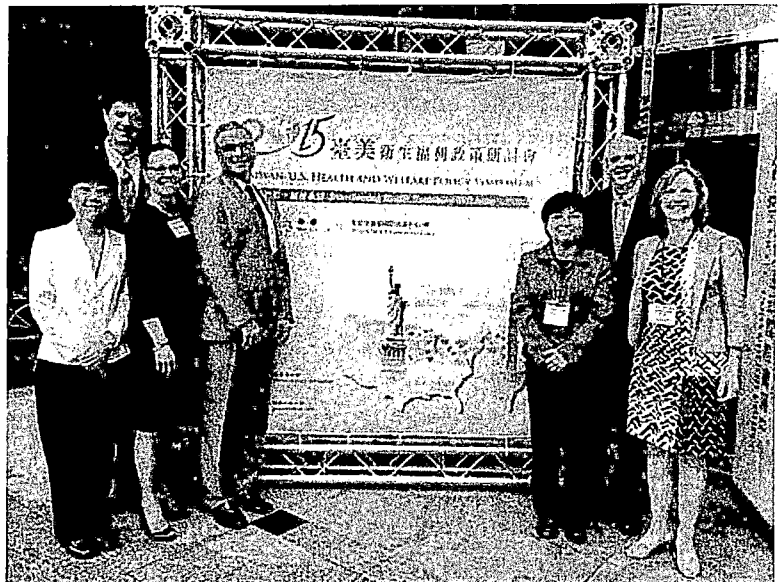
May 22, 2015

Dear fellow Tennessee public health employees,

I spent last week in Taiwan at the invitation of two Taiwanese professors from Duke University and the Ministry of Health and Welfare of the Republic of China.

I had to ask myself, why go to Taiwan? What could be learned from that commitment of time that could not be gleaned from a book or a series of papers and treatises?

I must confess I was not absolutely sure. I was encouraged to go by people I respect and my assistant **Tammy Stanton**, as always, got me out the door well prepared where I would not have been able to devote the time myself to contend with the myriad of details involved in this kind of trip. I did suspect, based on past experience many years ago, that I probably would learn much more than I expected.



I did. As any good epidemiologist knows (or learned from Dr. John Snow circa 1854), there is no substitute for shoe leather. Seeing, touching, feeling, interviewing first-hand, listening and connecting all provide the kind of understanding and insights it is hard to arrive at other ways.

In accepting the generous invitation to speak to the dedicated and

passionate colleagues at the Taiwan Ministry of Health and Welfare, which 20 years ago began a National Health Insurance Program that today covers 99.5 percent of Taiwan's 23.4 million residents, I did not expect to learn that health leaders in our two nations share a deep concern: That whatever our



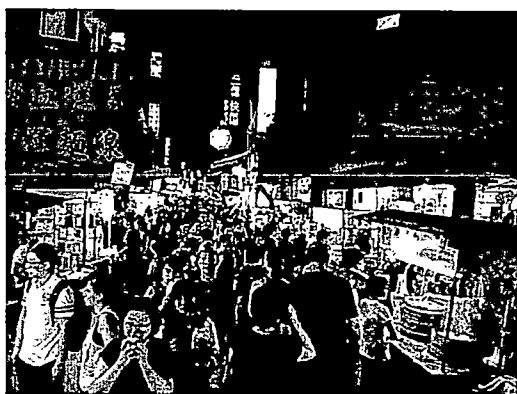


systems' abilities to deliver health CARE, and in their case without financial or access barriers to virtually all of their residents, the systems were failing to deliver HEALTH.

From infant mortality to life expectancy to vaccination rates (even for diseases like cervical cancer that the National Health Insurance system will inevitably pay for) to reduction of risk factors like obesity, smoking and other addictive substances (though our predominant substances presently differ) we each knew, because other nations are able to do so, we could do better. The fundamental issue, the reason we are not where either of us want to be is the classic hoping for "A" but rewarding for "B" problem. In hoping for health but incentivizing for units of care, we get units of care all of the time, but health or its restoration only some of the time.

One could argue, in the U.S. case, units of care are not always available or barrier-free as they are in Taiwan with the NHI as a single government payor for both public and private providers, yet in the U.S. our EMTALA law provides at least de-facto universality of care while not without financial consequences. Interestingly, the Taiwanese health leaders, public health directors and university physicians all lamented, with slightly different takes on the reasons and solutions, that too many people still use their crowded emergency departments as a care source despite the fact that many have primary care physicians and any can self-refer to specialists of their choosing.

Considering the current health and health care challenges we are wrestling in the U.S. in prevention risk factors for and of the of the diseases that are the leading causes of disability and death in our nation, it would be instructive for more American policy makers to take a look at both the truly impressive, sometimes amazing things our Taiwanese friends have accomplished and what still eludes them and why.



A key concept for me, reinforced substantially by the candid sharing of knowledge, gaps and experiences in the exchanges, presentations and extended dialogues of this trip, is that if we wish our population to be healthy, we must incentivize this in the design of our system. Hoping for

health but designing and rewarding for the provision of care will not optimize individual or population health and will inevitably create some difficult disincentives favoring care over primary prevention, even when, like in the case of influenza or HPV vaccine in Taiwan or NAS in the U.S., the system savings and health benefits are obvious.

The 'tour du force' of the health and health care system of Taiwan, from conversations and exchanges with the highest-level ministers, directors and deputies to visits with educators, hospitals, local health departments, NGOs and community groups graciously provided by our Taiwanese friends, provided our team the very rare opportunity to gain deep understanding and insight into both the remarkable attributes of the entire system as well as its equally important and informative challenges and opportunities. That the government of Taiwan created a National Health Insurance program 20 years ago that provides coverage to 99.5 of the residents of Taiwan in the context of a mix of non-profit and for-profit health care providers in a system that cost less than seven percent of GDP and achieves high rates of patient satisfaction and impressive population health indicators like an infant mortality rate of 3.7 is indeed impressive. This leaves us as US officials and citizens quite aware of our own gaps in approaching this achievement, yet also aware that we both recognize neither of our systems is designed for *health*. They are designed for health *care* or more aptly, sick care. Despite Taiwan's great success in getting to the remarkable achievement of virtually universal healthcare coverage and access in their 20-year experience with NHI, it is important for American policy makers to understand they have not realized the hope of better health, and they recognize they have only done so in part.



A few people have asked what the food was like. It was great! Too great, but somewhat different from



the type we get here which is slanted toward American tastes and available ingredients. I am a pretty adventurous diner, and there is almost nothing I won't try at least once (thanks Mom). That said, I think I am good on frog bellies (pictured) for the foreseeable future (kind of like slightly bitter calamari); I will not go out of my way for jellyfish or sea cucumbers; eel is great, if someone will fillet it for you; and even fried, fermented tofu was 'not bad,' then I tried the boiled kind, in a sauce. Let's just say frying covers a lot and one bite of boiled fermented tofu was rich enough for me for the remainder of my time on Earth. Call it primary prevention of indigestion.

Now on to the new activities, announcements and kudos to share with you:

- **NACCHO Awards:** I am very proud to announce that two of our local health departments have been named among the best in the nation by the National Association of County & City Health Officials. The **Sevier County Health Department** was selected by the Awards Committee as the winner of the medium Local Health Department of the Year Award. The **Giles County Health Department** was chosen as the winner of the small Local Health Department of the Year Award. These are highly competitive awards based on the applicants' achievements and contributions to the field of local public health, and in announcing our winners NACCHO noted this year's applicants from across the country set a very high bar. Both the Sevier and Giles County Health Departments will be recognized at the Grand Award Ceremony at the NACCHO Annual Conference in Missouri in July. Hearty congratulations to Sevier County Director **Jana Chambers** and Giles County Director **Janet McAlister** and your staffs for this honor!

- **EMS Appreciation Week:** This week is Emergency Medical Services appreciation week, a time to thank the men and women who help in medical emergencies. Our EMS personnel are critical members of our public safety and health efforts. Our EMTs, paramedics, other first responders and emergency dispatchers work tirelessly every day to make a difference in the lives of strangers. Thank you EMS Director **Donna Tidwell, RN, EMTP**, your staff and all of our EMS workers across the state for all you do!

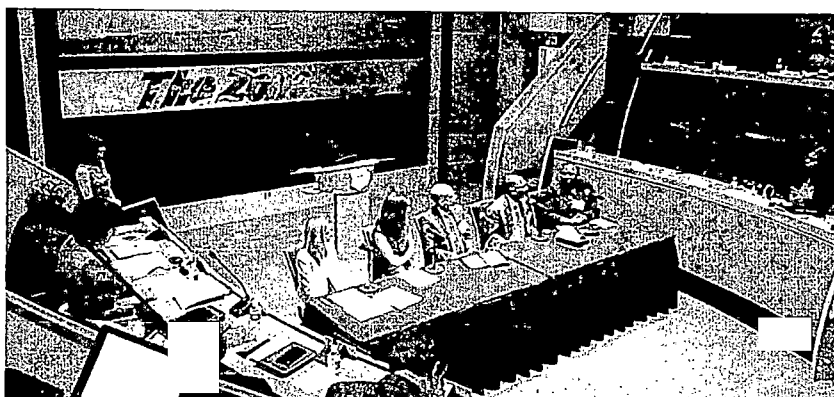
NATIONAL EMS WEEK May 17-23, 2015



the **TDH Central Office**. The group met with TDH staff members to learn what we do for public health in Tennessee and discussed how TDH is using the Baldrige framework. Pictured in the back row with yours truly is Core Values Partners founder **Paul Grizzell**. Shown in the front row, left to right, are American Society for Quality Market Manager **Ray Zielke**; **Champak Biswas**, National Board for Quality Promotion; **NABET CEO Vipin Sahni**; **Quality Council of India Secretary General R P Singh**;

American Society for Quality India Director of Certification and Business Development **Anindya Sarangi**; Customer Engagement and Performance Excellence Director **Adam Jarvis**; Office of Performance Management Director **Micky Roberts** and Assistant Commissioner of Policy, Planning and Assessment **Lori Ferranti, PhD, MBA, MSN**.

- **Commissioner's Challenge:** Thank you to everyone who participated in our recent **Commissioner's Challenge** during April. This year's winning team is the **Knox County Health Department**. Second place goes to the **Regional Environmental Laboratory** in Knoxville, and our **East Regional Office** team took third place (notice a trend here – an Eastern sweep!). In the East Region, **Jefferson County Nutrition Educator Cammie Cain** took the top prize by logging more activity than anyone else in the region. She's pictured here receiving her prize from Jefferson County Health Director **Sherrie Montgomery**. Congratulations to all the winners. You know who to try to best next spring.
- **Infant Mortality Reduction Summit:** Earlier this month I had the honor of attending the Infant Mortality Reduction Summit



sponsored by the **Shelby County Health Department** at the University of Memphis. The meaningful summit was really outstanding in content and energy. It included a panel

discussion with speakers who did not shy from important and difficult conversation. It was a privilege to be there, listen and take notes. Summit participants focused on Tennessee's burden of infant mortality, reviewed recent successes and outlined new strategies to address the issues. While at the summit I also had the pleasure of briefly addressing the participants and the bittersweet opportunity of presenting retiring Shelby County Health Director **Yvonne Madlock** with the highest Commissioner's Award for Meritorious Service recognizing her long and prolific career of outstanding public service and her exceptional dedication to public health in Tennessee and nationally. Thank you Yvonne for all you've done to improve public health for the people of Shelby County and Tennessee! We will miss you in this role to which you have given so much for so long and we wish you all the best as you turn the page.



- **Infant Mortality Reduction Blog:** The **Shelby County Health Department Infant Mortality Reduction Initiative** has also created a new blog which will feature a variety of subjects as well as links to resources. The first post by **Maternal and Child Health Program** Deputy Administrator **Michelle Taylor**, MD, MS includes the executive summary highlighting progress made to date, the action plan, strategic methods and much more. Subjects of future entries will include breastfeeding, tobacco use, pregnancy spacing, safe sleep and other topics. Check out the blog at <https://shelbycountyimri.wordpress.com/>, sign up to get an email when a new entry is posted and pass along the link to others!

- **Jumpstart Jackson:** A wave of blue rolled through downtown Jackson on Saturday, Apr. 11 as Jumpstart Jackson celebrated its ninth year of improving community health. Hundreds of walkers donned blue T-shirts and took part in a 2.5 mile walk through the streets of downtown to show just how easy and important it is to maintain good health. The **Jackson-Madison County Regional Health Department** is a proud sponsor of this annual event.

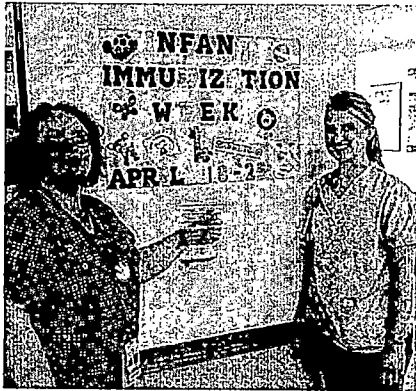


- **POD Exercise:** The **Metro Public Health Department's Emergency Preparedness Team** conducted a full-scale Point of Dispensing or POD exercise at a local school as part of the recent

multi-regional exercise. More than 50 MPHD employees participated in the exercise, working within the POD or in the Regional Health Operations Center. There were more than 300 high school students that participated as "patients," receiving simulated medication for possible Anthrax exposure, which was the scenario of the exercise. MPHD exceeded its goal of dispensing 1,000 doses of medication per hour.



- **Infant Immunization Week:** Carter County Health Department staff members recently celebrated Infant Immunization Week April 18-25. Carter County's team is dedicated to promoting the immunization and protection of all children. Pictured here with a promotional poster are nurses **Tammy Putnam, RN** and **Lindsay Zimmerman, RN**.



- **TATU Recognition:** The Crockett County Teens Against Tobacco Use students, who are also Health Occupations Students of America members, performed their "Stomp Out Tobacco" skit at the state HOSA convention in Nashville Mar. 19. They competed against 26 schools from across the state and won second place. These

students will have the opportunity to perform at the national HOSA conference in Anaheim, Calif. in June. The TATU students have presented the tobacco-free message to local schools, community groups including the Crockett County Health Council, and their peers at the state level and will now take it to a national audience. TATU is a peer education tobacco prevention program of the American Lung Association. The program trains adults to work with high school students on the health hazards of tobacco use. High school students in turn serve as role models and teach children in elementary schools about the dangers of tobacco. Funding for the TATU program was made possible with TDH Tobacco Settlement Funds.



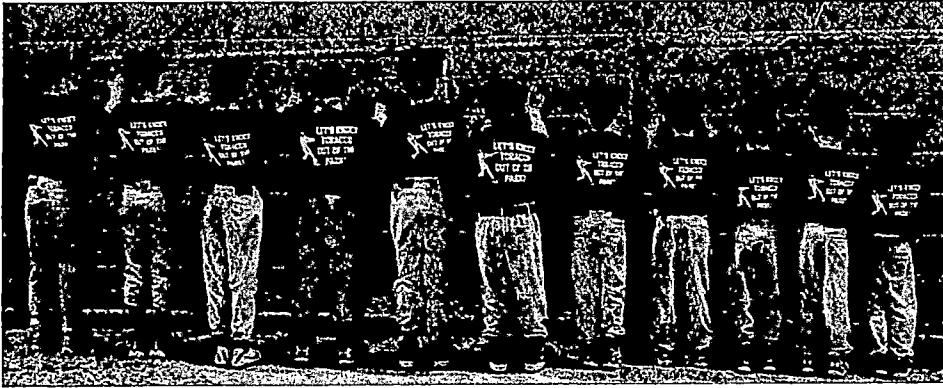
- **Nutrition Day:** The Williamson County Health Department provided a Nutrition Day at Trinity Elementary May 8. There were five different nutrition stations set up where kids could be physically active while learning the importance of good nutrition. Stations included Fruit Ninja, Vegetable Hop, Strawberry Relay, Guess the Mystery Vegetable and My Plate Relay. More than 900 elementary students participated in the activities. Pictured here with some of the students are **Marissa Sparschu, Cathy Boeklen** and **Jessica Myatt**.

County Health Department partnered with Jefferson County School Schools to display and distribute information on avoiding tobacco, healthy eating and healthy lifestyles Apr. 17 during the second annual Band-a-Rama for band students at Jefferson County High School. Students also received a healthy sub and baked chips. Pictured left to right, are



PHOA Miranda Leddon; Officer Supervisor Theresa Finchum and Jefferson County Nutrition Educator Chrystal Cheek.

- **Knock Tobacco out of the Park:** The Wilson County Health Department is continuing its Knock



Tobacco out the Park campaign. Every child playing baseball or softball throughout Wilson County received a "Let's Knock Tobacco out the Park" jersey. The goal is to continue to clean up area parks and create a safer, smoke-free environment for youth. Wilson County currently has more than 6,000 walking billboards

promoting anti-tobacco messages throughout the community.

- **Healthy Horizons:** Members of the Southeast Regional Office staff had a great time at the Marion County Healthy Horizons event May 12. They met with fourth graders from Whitwell, South Pittsburg and Richard Hardy Elementary schools for a day full of fun, fitness and education! Classes were held outside and covered topics including portion control, sugar intake, tobacco use and calcium consumption in addition to fun activities such as yoga, Zumba, relay games and an inflatable obstacle course. Parents were also invited to attend the event and had opportunities to take part classes focusing on mental health, the increasing use of e-cigarettes and nutrition including a fun cooking demonstration. It was a great day to be outside working and learning with the wonderful students of Marion County!

- **Strength and Balance Training:** Williamson County Health Educator Patty Norem recently completed an eight-week Beginner Strength and Balance Training class for seniors. The class focused on functional strength exercises to help improve strength for daily activities and improve balance to help prevent falls. Important primary prevention activity!

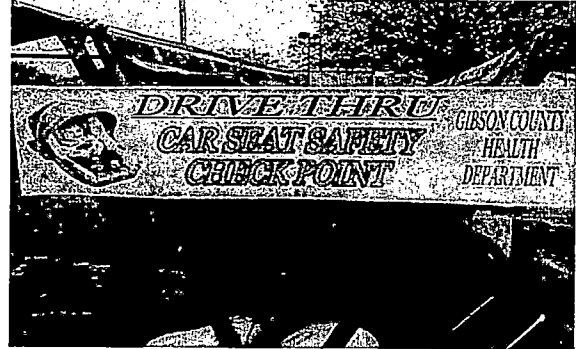


- **PPI Activities: Lincoln County**



Tobacco Prevention PPI Team members Office Assistant Nelana Owens, Stephanie Brown, RN and County Director Debbie Broadway distributed more than 1,000 "Not a Fan of Second-Hand Smoke" fans at the annual Fabulous 50s Cancer Show. The project was also sponsored by the Lincoln County Health Council. On the back of the fans there are secondhand smoke statistics and facts that explain the dangers and effects of secondhand smoke.

The **Gibson County Health Department** held a spring car seat check point Apr. 15 at Fred's in Trenton staffed by members of the **Gibson County Infant Mortality PPI Team**. Many months of planning went into making this happen and several community partners collaborated to help make the event a success. The Tennessee Highway Patrol provided an officer certified to check and assess car seats to ensure the seats were properly installed in vehicles. A total of 33 car seats were inspected; of that number, only two seats were properly installed. Event planners also provided four new car seats for individuals who were using car seats that had either expired, were damaged or were no longer a proper fit for the child. While drivers were having their car seats inspected, team members had an opportunity to engage participants on topics including distracted driving, the dangers associated with tobacco use and secondhand smoke, WIC benefits and other health department services. The Infant Mortality Team was pleased there was good response from the community and plans to host another car seat checkpoint in a neighboring community in Gibson County later this year.



- **Child Abuse Awareness:** Staff members from the **Cocke County Health Department**



collaborated with Spiderman and other superheroes Apr. 24 at Newport City Park for Child Abuse Awareness Day. Pictured here with Spiderman are PHOAs **Anita Sutton** and **Jeannie Lane**; Community Outreach Worker **Judy Ottinger**; PHOA **Mildret Godwin**; Office Supervisor **Vickie Sauceman** and Health Educator **Shareece Hollifield**.

advantage of the health department's monthly fitness challenge.



- **Wellness Challenge:** It was March Madness at the **Putnam County Health Department** as employees took

More than half of those participating completed 50 percent or more of the daily goals which included drinking 32 ounces of water, making a healthy breakfast choice, eating fruits and vegetables for snacks and walking an extra 15 minutes. **Cassie Hall**

(right) placed first in the overall challenge with **Cyndi Lafever** (left) a close second place. Keep up those healthy habits!



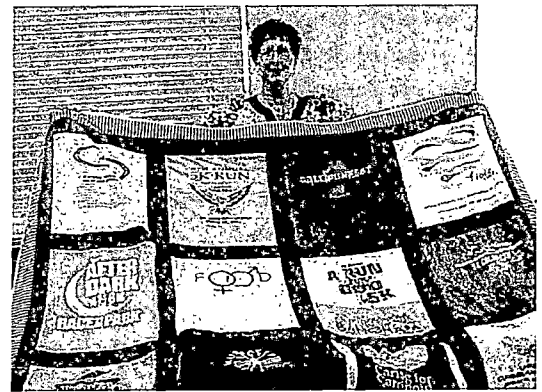
- **Success Stories:** **Anthony Davis** is approaching his one-year anniversary as an employee at the **Putnam County Health Department** but his biggest celebration is his health! He has lost more than 50 pounds since July 2014 and credits his success to exercise and healthy



eating. You can see the results in these before (left) and after (right) photos. Davis works out at least five days a week and sticks to a personalized meal plan. His workout schedule includes CrossFit three days a week and the gym on other days. If the weather is nice, you will find him at the local park exercising. Davis says, "My blood pressure is perfect now and I hope to be off all my medications by the end of the year."



Upper Cumberland Regional Office Registered Nurse **Keri Coburn** has a motivational message to share with her fellow employees: "You can do it!" In 2010, after significant health concerns left her feeling weak and out of shape, Coburn became determined to take charge of her health. Keri set her goal to lose weight and keep it off. She started running, eating a more healthy diet and drinking water. To date, Coburn has lost 50 pounds and has kept it off. Her success has been a journey in discovering there are no boundaries to the things she can accomplish. In September 2010, Coburn walked her first 5K. The following April, she entered the Music City Half Marathon, which she walked in three hours and five minutes. She ran her latest half marathon in two hours, 29 minutes. For a constant reminder of her milestones, Coburn designed a quilt made of t-shirts from each race in which she has participated. The completed quilt has 17 t-shirt panels. Keri has 2 t-shirt panels ready for her second quilt. She says, "I am not a fast runner, but I really enjoy it! My pain has decreased and it keeps me healthy." Thank you Anthony and Keri for sharing your inspiring stories!



Announcements

- **In-Service Awards:** The **Northeast Region** held annual in-service Apr. 17 at the Annie Hogan Byrd auditorium at Tusculum College in Greeneville. Along with many inspiring speakers and a great time of sharing best practices in PPI from each county, employee awards were distributed by Regional Director **Rebekah English** and QI Director **Maureen Burniston**. The **Johnson County Health Department** staff received the "Excellence in Promotion" award for their efforts with tobacco settlement activities, PPI and promotion of services in this rural county. **Heidi Casey, RN**, was presented the



"Outstanding Leadership" award for her example of servant leadership in her role as nursing supervisor for the **Unicoi County Health Department**. The **Environmental Team** from the **Washington County Health Department** was awarded the "Excellence in Protection" award for always working together to protect and promote safe and healthy restaurants, pools, day cares and tattoo shops. Unicoi County Health Educator **Ashely Davies** was presented the "Excellence in Improvement" award for her efforts in building partnerships for health promotion efforts despite being with the department for only a short time. Three Commissioner's Awards were also presented during the day to selected Northeast Region staff members. CEDS Director **Beth Denney** was presented with a



Commissioner's Achievement Award by guest presenter State Epidemiologist **Tim Jones, MD**. Denney was recognized for her exceptional service to the large West African community in Washington County during the recent Ebola outbreak. She was able to build trust



and rapport with Liberian community members and travelers who were visiting during the outbreak by providing guidance and monitoring. Jones also presented a Commissioner's Commendation Award to Medical Officer **David Kirschke, MD** for his work with Denney in monitoring more than 15 Liberian travelers for Ebola in the Northeast Region. His quick action to collaborate with local hospitals and emergency personnel resulted in a successful regional Ebola tabletop exercise as well as smaller tabletop trainings at all Northeast health departments. **Cynthia Thomas, DO, MPH**, received a Commissioner's Achievement Award for her response to inaccurate NAS risk information being presented to women. She created an NAS toolkit she uses to provide up-to-date information for all providers of women's health services in the region. She has also used the **East Region's** NAS PPI Bright Spot to conduct VRLAC education and placement in female inmates in Washington County. She plans to expand these efforts to other counties in the region based on her initial success.



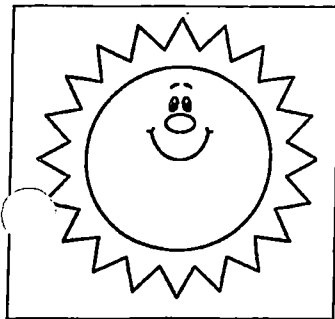
- **Doing Good Award:** South Central Regional Breast and Cervical Cancer Screening Program Coordinator **Kim Carter** received the "Doing Good" Award from Regional Director Ami Mitchell at the January SCRO staff meeting. The award, named after former Communicable Disease Director **Donna Gibbs**, will be awarded each quarter to individuals representing the region by their willingness to accept challenges in an effort to support departmental objectives,

their ability to work alongside other staff supporting local health departments, and fulfilling the TDH mission. Carter became a trained CAC to assist TBCCSP patients with the Affordable Care Act. She has also been a valuable asset to the community by making herself available to answer questions related to the ACA. She consistently assists others with activities and often volunteers to work with local health departments to provide flu vaccine clinics and help with Head Start physicals. Colleagues say Carter is a great team player and a very deserving first recipient of this award. Congratulations!

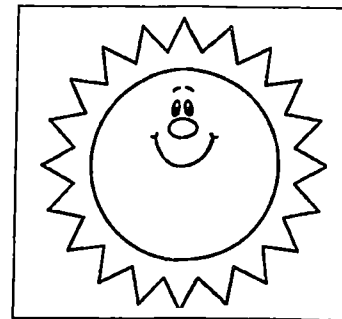
I hope you and yours have a wonderful and safe Memorial Day weekend as we remember the hundreds of thousands of those who have made the ultimate sacrifice protecting our nation and its citizens and the thousands who, at this very moment, are ready to go into action or remain in harm's way protecting our Lives, our Liberty and our Pursuit of Happiness.

Sincerely,

John J. Dreyzehner, MD, MPH
Commissioner
Tennessee Department of Health



CROCKETT COUNTY SCHOOLS SUMMER FEEDING PROGRAM 2015 LOCATIONS



May 26th – July 24th

**Alamo City Park
74 East Park Street, Alamo, TN**

May 26th – July 2nd

**Bells City School
4547 Hwy. 88 South, Bells, TN
Breakfast 7:30 – 8:30 Lunch 10:30 – 11:30**

June 1st – July 24th

**Crockett County High School
402 Hwy. 88, Alamo**

**E D Brown Park
139 Koonce Street, Alamo**

**Bells Chapel Church
47 Church Street, Bells**

**Church of the Lord Jesus Christ
S. Depot Street, Bells**

**Gadsden Elementary School
19040 Hwy. 79, Gadsden**

**Friendship Community Center
23 Walnut Street, Friendship**

**Maury City Park
332 N. Broadway, Maury City**

**Friendship Elementary school
6229 Hwy. 189, Friendship
June 1st – June 12th Only**

**ALL SITES WILL BE CLOSED JULY 3RD AND JULY 17TH
BREAKFAST & LUNCH FREE TO ALL CHILDREN 0-18 YEARS OLD
SERVING TIMES ALL LOCATIONS UNLESS OTHERWISE NOTED
Breakfast 8:30 – 9:30 Lunch 11:30 – 12:30 MEALS MUST BE CONSUMED ON SITE
ADULT MEALS AVAILABLE!! BREAKFAST \$2.00 LUNCH \$3.25**

**FOR MENUS & MORE INFORMATION:
CAREN JORDAN, CROCKETT COUNTY SCHOOL NUTRITION PROGRAM
731-696-2116 OR CAREN.JORDAN@CROCKETTSCHOOLS.NET
WWW.CCSCHOOLS.NET**

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