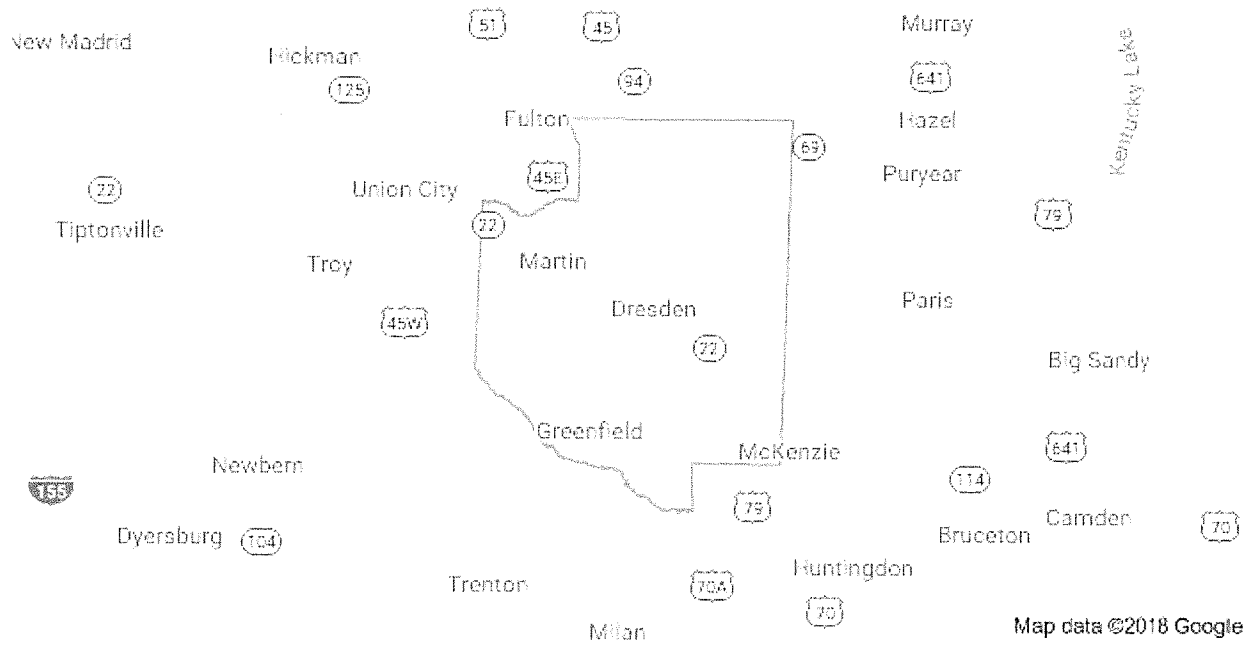


# **Community Health Needs Assessment**

## **Weakley County, Tennessee**



Conducted by:

Jackson-Madison County General Hospital

Department of Business Development and Planning

Dawn Harris and Victoria Lake

September 2018

In fulfillment of the requirements of the Patient  
Protection and Affordable Care Act Pub.L. No.111-148,  
124 Stat. 119, enacted March 23, 2010

**RESOLUTION OF THE BOARD OF TRUSTEES  
OF  
JACKSON-MADISON COUNTY GENERAL HOSPITAL DISTRICT  
AND  
CAMDEN GENERAL HOSPITAL, INC.  
AND  
BOLIVAR GENERAL HOSPITAL, INC.  
AND  
MILAN GENERAL HOSPITAL, INC.  
AND  
DYERSBURG HEALTH  
AND  
MARTIN HEALTH  
AND  
PATHWAYS OF TENNESSEE, INC.**

**COMMUNITY HEALTH NEEDS ASSESSMENT APPROVAL**

**WHEREAS**, the Patient Protection and Affordable Care Act, enacted March 10, 2010, required public and not-for-profit hospitals to perform a Community Health Needs Assessment for each hospital; and

**WHEREAS**, the staff of the District has conducted such an Assessment and prepared the report as required for each of its hospitals; and

**WHEREAS**, the Assessments were prepared in accordance with IRS rules and regulations as amended; and

**WHEREAS**, the Board finds that the Assessments substantially meet the requirements of the of the Patient Protection and Affordable Care Act and the IRS rules and regulations as amended, and that the Implementation Strategies set forth in the Assessments shall be implemented in accordance with Management recommendations.

**NOW, THEREFORE, BE IT RESOLVED**, that the Community Health Needs Assessments given to the Board are approved and adopted.

**ADOPTED**, this the 30th day of October, 2018.

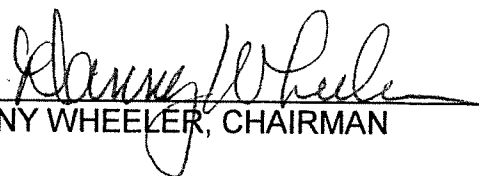
  
DANNY WHEELER, CHAIRMAN

Exhibit Q2

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# Weakley County Community Health Needs Assessment

## 2018 Update

### **Executive Summary**

Under the leadership of Jackson-Madison County General Hospital a community health needs assessment of Weakley County, Tennessee was conducted. This was completed in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010. The community health needs assessment update process was a blending of Weakley County Health Council top health priorities and implementation strategies, and secondary data on the actual extent of particular health issues.

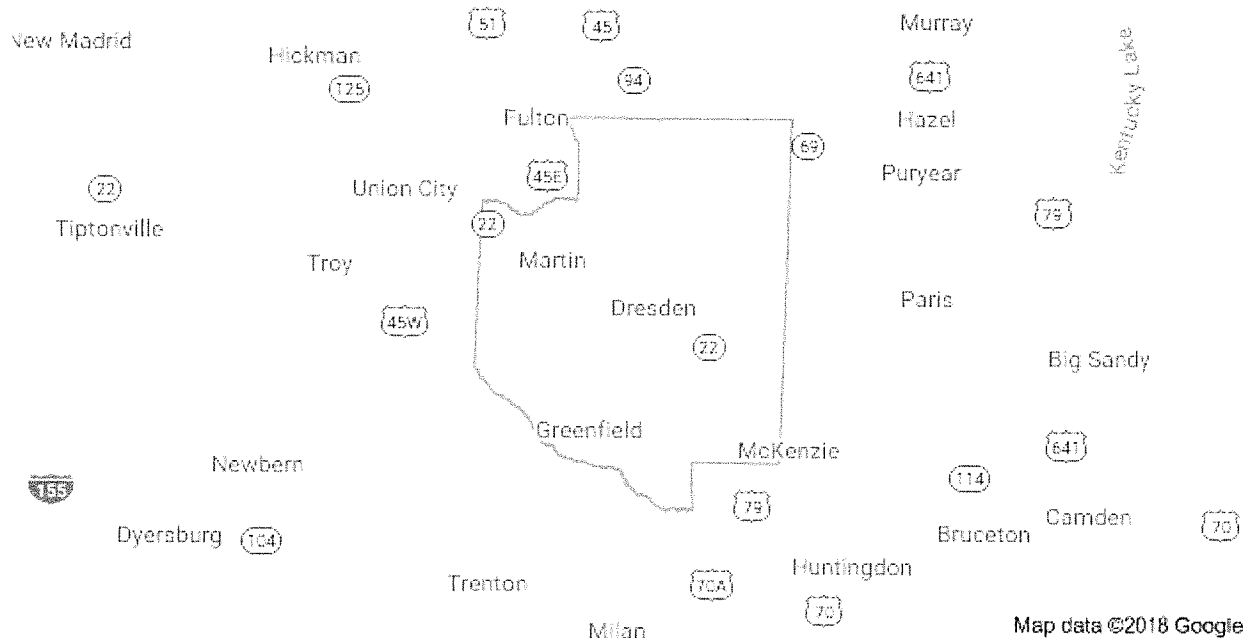
The mission of the Community Health Needs Assessment is to evaluate and improve the health status and wellbeing of the residents of Weakley County, Tennessee with an emphasis on preventive measures.

The first stage of the Update process involved gathering secondary data from multiple sources including the Tennessee Department of Health, County Health Rankings and Roadmaps, Tennessee Department of Economic & Community Development, Behavioral Health County and Region Services Data Book, NIBRS, TN PRISM, Traumatic Brain Injury Program, and the National Institute of Mental Health. The second step in the Community Health Needs Assessment Update process consisted of reviewing priorities and implementation strategies developed by the Weakley County Health Council.

The Weakley County Health Council identified three priority health issues: Obesity Reduction and Prevention, Tobacco Use Cessation and Prevention, and Substance Misuse Prevention. Several goals, objectives, and implementation strategies were identified to address these health issues that emphasize screenings, education and collaboration with other community agencies with the purpose of easing the burden of health disparity for the Weakley County community.

# **Community Health Needs Assessment**

## **Weakley County, Tennessee**



Conducted by:

Jackson-Madison County General Hospital

Department of Business Development and Planning

Victoria S. Lake and Dawn Harris

September 2018

In fulfillment of the requirements of the Patient  
Protection and Affordable Care Act Pub.L. No.111-148,  
124 Stat. 119, enacted March 23, 2010

## Introduction

Under the leadership of West Tennessee Healthcare Volunteer Hospital and the Weakley County Health Council, a Community Health Needs Assessment Update of Weakley County, Tennessee was conducted in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 *Additional Requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirements of a Section 4959 Excise Tax Return and Time for Filing the Return*.

The community health needs assessment update process was a blending of Weakley County Health Council top health priorities and implementation strategies, and secondary data on the actual extent of particular health issues.

West Tennessee Healthcare Volunteer Hospital was acquired by the Jackson-Madison County General Hospital District in 2018 with 100 licensed beds. The Hospital is a member of the American Hospital Association, the Tennessee Hospital Association, and is accredited by The Joint Commission. West Tennessee Healthcare Volunteer Hospital has been approved by the U.S. Department of Health and Human Services for participation in Medicare and Medicaid Programs.

The Hospital provides inpatient and outpatient care and a range of specialties including Cardiac Care; Diagnostic Imaging; Emergency Department; Physical Therapy; Sleep Disorder Center; Surgical Services; Wellness Center; Women's Health.

The designated "community" for the needs assessment is Weakley County, Tennessee. Weakley County is located in the rural Northwest Tennessee approximately 137 miles northeast of Memphis and 147 miles northwest of Nashville. The 2017 population is 33,337 and is comprised of 88.9 percent Caucasian, 9 percent African American, and 2.1 percent Other races. According to the Tennessee Department of Economic & Community Development (2018), 19.1

percent of the population is below the Federal poverty level. The personal income per capita is \$33,491. The population under 65 years of age represents 83.1 percent while the over age 65 population is 16.9 percent. The high school graduation rate is 91.8 percent; 27.8 percent have an Associate Degree or higher and 23 percent have a Bachelor Degree or higher.

Weakley County has a wide range of industries that employ individuals living in and around the county. Government, advanced manufacturing and healthcare are the county's key industries. The top employers of Weakley County are UT Martin (1242 employees); MTD Products, Inc., a world leader in the design, manufacture, and sales of outdoor power equipment, off-highway transmissions, and consumer goods (725 employees); Weakley County Board of Education (600 employees); Wal Mart Stores, Inc. (250 employees); City of Martin (150 employees); Weakley County Nursing home (150 employees); Cane Creek Rehabilitation Hospital (115 employees); and Doyle, Sims & Sons Trucking, Inc. (100 employees).

The county seat of Weakley County is Dresden and its largest city is Martin, the home of the University of Tennessee at Martin. The cities of Martin, Sharon, Gleason, Greenfield, and Dresden are located within the county. The public school system has ten schools and serves approximately 4,163 students.

### **Description of the Community Health Needs Assessment Update Process**

The mission of the Community Health Needs Assessment is to evaluate and improve the health status and wellbeing of the residents of Weakley County, Tennessee with an emphasis on preventive measures.

The first stage of the Update process involved gathering secondary data from multiple sources including the Tennessee Department of Health, County Health Rankings and Roadmaps, Tennessee Department of Economic & Community Development, Behavioral Health County and Region Services Data Book, NIBRS, TN PRISM, Traumatic Brain Injury Program, and the National Institute of Mental Health. This data is presented in **Appendix A**.

The second step in the Community Health Needs Assessment Update process consisted of reviewing priorities and implementation strategies developed by the Weakley County Health Council. A Health Council brochure, meeting minutes, and a cross section of implementation program brochures are in **Appendix B**. The final stage consisted of reviewing the two sets of data and final report production.

### **Weakley County Health Council**

The Weakley County Health Council is organized under the auspices of the State of Tennessee Department of Health, and is composed of community members who represent diverse spectrums of Weakley County as well as staff from the local and regional health departments.

The Weakley County Health Council is comprised of representatives from area agencies, faith and community-based organizations; schools; colleges; universities; local government; health care providers; businesses; as well as other individuals who work collectively to improve health outcomes in the count. The council's goals are accomplished through regular meetings, strategic planning, identification of resources, and the work of subcommittees that focus on specific health issues (Health Council brochure, 2018).

Members of the Weakley County Health Council include:

Beverly Shelby, Chair	Ashley Kite-Rowland	Suzanne Harper
Chelsea White	Donna Jackson	Jennifer Gilbertson
Tracy Byrd	Janis Noel	Dana Cobb



The Weakley County Health Council meets on a quarterly basis to develop and implement strategies to address the health priorities of the county. The Council goes through a structured process to select county priorities and adopt strategies to improving health outcomes. Priorities are selected for a period of 2 - 3 years with the last priority selection occurring in 2016. Through this process, the Weakley County Health Council identified three priority health issues:

1. Obesity Reduction and Prevention
2. Tobacco Use Cessation and Prevention
3. Substance Misuse Prevention

### **Implementation Strategies**

Several goals, objectives, and implementation strategies were identified to address the three health issues selected. The strategies emphasize screenings, education and collaboration with other community agencies.

#### **Obesity Reduction and Prevention**

The Local Food Network hosts monthly potlucks to provide access to food for areas of the community in need. The LFN is currently gathering data to perform a needs assessment of food access to seniors. Collaboration is forming between local farmers and gardeners to access surplus harvest produce for local food pantries. Several local food pantries will deliver items or store them short term.

#### **Tobacco Use Cessation and Prevention**

Tobacco prevention activities have been centered on smoking cessation for pregnant women, reduction of nicotine products in youth, and reduction in second hand smoke exposure in children. Weakly County also received a \$5,000 grant that is being used to create and enhance school policy in both college university campuses and the Weakley County School District.

The University of Tennessee at Martin has adopted their 100% Smoke Free Campus policy as of July 1, 2018. Additionally, exposure to secondhand smoke policies and programs have been implemented with a focus on educating and informing stakeholders and decision makers. The county will continue its efforts with a youth-led initiative called TNSTRONG (Tennessee Stop Tobacco and Revolutionize Our New Generation). The program is a peer-to-peer education and advocacy for prevention of tobacco and nicotine addiction across the state.

Area youth and advisors attended a TNSTRONG conference in 2018. In addition to learning about becoming advocates for tobacco policy and education, they also learned how tobacco impacts the aquatic realm at the Chattanooga Aquarium.

### **Substance Misuse Prevention**

Opioid abuse has been classified as an epidemic in Tennessee. Weakley County Health Council has listed substance misuse as one of its top three priorities and utilizes community partnerships to reduce the number of substance misuse in the county. Several initiatives are underway including the Tennessee Community Faith Based Initiative that connects faith-based communities with a variety of resources and works to reduce the stigma of substance abusers. The Tennessee REDLINE is a toll-free information and referral line coordinated by Tennessee Association of Alcohol, Drug, and other Addiction Services (TAADAS) and is available to anyone who needs help. The Rural Health Association of Tennessee provides webinars including *Strategies to Combat Opioid Use in Rural Communities*.

The Weakley County Prevention Coalition placed a Drug Drop Box in the Public Safety office for students to drop off any unused prescription medications. UT Martin is the first and only college in Tennessee to have a permanent drop box available.

In addition, Weakley County works with area youth toward the goal of reducing substance use in the county. To this end, the county sent two teams and two advisors to the Tennessee Teen Institute at the University of Tennessee Martin. The Institute exists to promote healthy drug-

free lifestyles and focuses on developing leadership skills and empowerment. Attendees develop action plans to lead prevention initiatives in their schools and communities focusing on alcohol, drugs, violence, and tobacco.

### **Conclusion**

The Weakley County Community Health Needs Assessment was presented to the West Tennessee Healthcare Quality Council on October 2, 2018. The document was approved for submission to the West Tennessee Healthcare Board of Trustees. A presentation was made to the Board of Trustees on October 30, 2018, and the Weakley County Community Health Needs Assessment was approved on this date. The Assessment will be updated in three years as stipulated in the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010.

**Weakley County Community Health Assessment**  
**Health Issue Prevalence Data**  
**September 2018**

**Allergies**

- \* 1 in 5 Americans suffer from all types of allergies.
- \* Allergies are increasing. They affect up to 30% of adults and 40% of children.
- \* Allergies are the 6th leading cause of chronic illness in the U.S.
- \* 10% of U.S. children have respiratory allergies.
- \* Up to 10% of people report being allergic to penicillin.
- \* People visit the emergency room 200,000 times each year because of food allergies.
- \* 8.8 million children in the U.S. have skin allergies.

Source: Better Tennessee Health Brief, 2018.

**Arthritis, Rheumatoid Arthritis, Gout, Lupus, or Fibromyalgia**

**Have you ever been told by a doctor, nurse, or other health care professional that you had Arthritis, Rheumatoid Arthritis, Gout, Lupus, or Fibromyalgia? (percent)**

	<b>TN</b>
2016	31
2015	32
2014	32.6

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

**Asthma**

**Have you ever been told by a doctor, nurse, or other health care professional that you had asthma? (percent)**

	<b>TN</b>
2016	16.1
2015	14.5
2014	14.4

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

**Asthma in Tennessee:**

- \* In 2010, asthma prevalence was 6 percent in adults and 9.5 percent in children.
- \* Adult asthma prevalence increased with decreasing income and education.

# WEAKLEY COUNTY 2018

\* In 2010, there were 7,059 inpatient hospitalization in Tennessee for a primary diagnosis of asthma and the age-adjusted rate was 109/100,000.

\* In 2010, the length of stay for inpatient asthma hospitalizations ranged from 0-52 days with a mean of 3.4 days and a median of 3 days.

\* In 2010, there were 37,462 ED visits with an age adjusted rate of 612/100,000.

\* Hospital charges for a primary asthma diagnosis totaled \$178.8 million in 2010.

\* Almost two-thirds of asthma charges (\$111.6 million) were for inpatient hospitalizations and \$65.2 million for outpatient hospital visits.

\* In 2010 66 Tennesseans died due to an underlying diagnosis of asthma and there were 174 deaths for which asthma was listed as any cause of death.

Source: Tennessee Department of Health Division of Policy, Planning & Assessment Surveillance, Epidemiology and Evaluation, 2012.

## **Cancer**

### **Deaths from Malignant Neoplasms Per 100,000**

<b>Weakley County</b>							
	<b>Total</b>	<b>White</b>	<b>Black</b>		<b>Total</b>	<b>White</b>	<b>Black</b>
2016	262.7	285.2	*		217.5	235.1	178
2015	229.7	238.6	*		214.8	229.5	170.4
2014	192	206.3	*		216.1	231.8	182.4

### **Rates of SKIN Cancer**

### **Rates of OTHER Cancer**

<b>TN</b>				<b>TN</b>			
	<b>Total</b>				<b>Total</b>		
2016	7.4			2016	6.5		
2015	7.5			2015	6.8		
2014	6.8			2014	7.4		

Source: Tennessee Department of Health Division of Policy, Planning, and Assessment.

## **COPD, Emphysema, or Chronic Bronchitis**

**Have you ever been told by a doctor, nurse, or other health care professional that you had COPD, Emphysema, or Chronic Bronchitis? (percent)**

<b>TN</b>	
2016	10.1
2015	9.6
2014	10.7

# **WEAKLEY COUNTY 2018**

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

## **Dementia/Alzheimer's Disease**

\* Alzheimer's disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out the simplest tasks.

\* Alzheimer's disease is currently ranked as the sixth leading cause of death in the United States, but recent estimates indicate that the disorder may rank third, just behind heart disease and cancer, as a cause of death for older people.

\* Over 5 million Americans are living with Alzheimer's Disease 110,000 in Tennessee.

\* By 2050, this number is projected to rise to 14 million people, a nearly three-fold increase.

\* Tennessee in 2014: 16,000 adults ages 65-74 living with Alzheimer's.

\* Tennessee in 2014: 47,000 adults ages 75-84 living with Alzheimer's.

\* Tennessee in 2014: 41,000 adults ages 85+ living with Alzheimer's.

Source: Tennessee Department of Health; National Institute on Aging; Centers for Disease Control and Prevention.

## **Diabetes**

### **Deaths from Diabetes per 100,000**

Weakley County						
	Total	White	Black	Total	White	Black
2016	56.7	53.7	*	28.4	27.5	37.3
2015	55.9	56.3	*	27.1	26.6	32.8
2014	52.4	52.4	*	26.3	25.8	33.5

Source: Tennessee Department of Health Division of Policy, Planning, and Assessment.

### **Have you ever been told by a doctor that you have diabetes, not including gestational diabetes? (percent)**

TN	
2016	12
2015	12.7
2014	13

### **Percentage of Population Diagnosed with Diabetes**

Weakley County		TN
2018	12	13

**WEAKLEY COUNTY 2018**

2017	15	13
2016	11	12

Source: County Health Rankings and Roadmaps 2016-2018.

**Dental Care**

**Have you visited a dentist, dental hygienist or dental clinic within the past year? (percent)**

	<b>TN</b>
2016	59.1
2015	58.5
2014	58.3

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

\* TennCare dental benefits are only provided to minors and orthodontists are not typically covered.

\* Stigma and shame associated with accessing dental care.

\* Low socioeconomic groups, minorities, and those living in fluoride deficient communities are at a high risk for oral disease and are the least likely to be able to access dental care.

Source: TennCare (2016).

**Financial Resources**

**Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? (percent)**

	<b>TN</b>
2016	12.4
2015	15.5
2014	15.5

**Individuals under 18 in poverty**

	<b>Region 6</b>	<b>TN</b>
2017	27.6	25.5

Source: 2017 Tennessee Behavioral Health County and Region Services Data Book.

**WEAKLEY COUNTY 2018**

<b>Uninsured Adults-Percent Population Under Age 65 without health insurance</b>							
		<b>Weakley County</b>			<b>TN</b>		
2018		13			15		
2017		16			17		
2016		19			20		
<b>Percent Children Living in Single-Parent households</b>							
		<b>Weakley County</b>			<b>TN</b>		
2016		34			36		
2015		28			36		
2014		33			36		
<b>Source: County Health Rankings and Roadmaps 2014-2016.</b>							
<b>All People in Poverty-Percent</b>							
		<b>Weakley County</b>			<b>TN</b>		
2017		19.1			17.6		
<b>Source: 2017 Tennessee Behavioral Health County and Region Services Data Book.</b>							
<b>Unemployment</b>							
		<b>Weakley County</b>			<b>TN</b>		
2018		6.1			4.8		
2017		7			5.8		
2016		8.6			6.7		
<b>Source: County Health Rankings and Roadmaps 2016-2018.</b>							
<b>Heart Conditions</b>							
<b>Death from Diseases of the Heart Per 100,000</b>							
<b>Rate</b>							
		<b>Weakley County</b>			<b>TN</b>		
		<b>Total</b>	<b>White</b>	<b>Black</b>	<b>Total</b>	<b>White</b>	<b>Black</b>
2016		235.8	255	*	232.1	249.9	196.8
2015		297.4	301.5	*	237.5	252.8	190.1
2014		279.3	294.8	*	232.0	250.8	189.3
<b>Source: Tennessee Department of Health Division of Policy, Planning, and Assessment.</b>							
<b>Has a doctor, nurse, or other health professional ever told you that you had a heart attack or myocardial infarction? (percent)</b>							



**WEAKLEY COUNTY 2018**

		<b>TN</b>						
2016		5.6						
2015		6						
2014		5.7						
<b>Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease? (percent)</b>								
		<b>TN</b>						
2016		5.4						
2015		4.9						
2014		5.6						
<u>Source:</u> Tennessee Department of Health. Behavioral Risk Factor Surveillance System.								
<b>High Blood Pressure</b>								
<b>Deaths from Cerebrovascular Disease per 100,000</b>								
		<b>Weakley County</b>				<b>TN</b>		
		<b>Total</b>	<b>White</b>	<b>Black</b>		<b>Total</b>	<b>White</b>	<b>Black</b>
2016		44.8	43.6	*		52.8	55.1	52.6
2015		64.8	69.6	*		52.2	53.9	49.8
2014		69.8	68.8	*		50.7	53.1	48.4
<u>Source:</u> Tennessee Department of Health Division of Policy, Planning, and Assessment.								
<b>Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? (percent)</b>								
		<b>TN</b>						
2016		41.8						
2015		38.5						
<b>Are you currently taking medicine for your high blood pressure? (percent)</b>								
		<b>TN</b>						
2016		84.55						
<u>Source:</u> Tennessee Department of Health. Behavioral Risk Factor Surveillance System.								
<b>Influenza in rural West Tennessee</b>								
<b>Sentinel Provider Influenza-Like Illness Surveillance Data</b>								

**WEAKLEY COUNTY 2018**

	# Patients	
2017	28	
<u>Source:</u> Tennessee Department of Health Sentinel Provider Influenza-like Illness Surveillance		
<b>Mental Illness</b>		
* Mental illness affected 1 in 5 adults in the United States in 2016.		
* 18.3 percent or 44.7 million Americans age 18 and older suffer from a diagnosed mental illness.		
* 10.4 million age 18+ or 4.2 percent of the population live with a serious, persistent mental illness. Of those, 6.7 percent received treatment.		
* 51.5 percent of 18-25 year olds received treatment; 66.1 percent of 26-49 year olds received treatment; 71.5 percent of 50+ received treatment.		
* Major depression disorder 6.7 percent of adults had an episode in 2016.		
* Bi-polar disorder 2.8 percent of adults.		
* Schizophrenia has a prevalence of 0.25-0.64 percent.		
* Schizophrenia is one of the top 15 leading causes of disability worldwide.		
* Panic disorder 2.7 percent of adults.		
* Post traumatic stress disorder 3.6 percent of adults.		
<u>Source:</u> National Institute of Mental Health.		
<b>Average Number of Mentally Unhealthy Days Reported in Last 30 Days</b>		
	<b>Weakley County</b>	<b>TN</b>
2018	4.5	4.5
2017	4.4	4.4
2016	4.8	4.9
<u>Source:</u> County Health Rankings and Road Maps 2016-2018.		
<b>Estimated number and percent of people over the age of 18 with serious mental illness in the past year.</b>		
	<b>TN</b>	
	Percent	
2015-2016	5	
2014-2015	4.4	
2013-2014	4.7	
<b>Estimated number and percent of people over the age of 18 with any mental illness in the past year</b>		

**WEAKLEY COUNTY 2018**

		<b>TN</b>							
		Percent							
2015-2016		19.6							
2014-2015		19.9							
2013-2014		20.4							

Source: Behavioral Health Indicators for Tennessee and the United States 2018 Data Book.

**Number of behavioral health safety net (BHSN) enrollments and  
and enrollments as a percentage of people over age 18 with a  
serious mental illness**

		<b>Weakley County</b>		<b>TN</b>					
		#	Percent	Percent					
2017		80	1.5	3.4					
2016		87	1.6	3.5					
2015		222	4.2	4					

Source: TN.gov Behavioral Health Safety Net Fast Facts 2015-2017.

**Obesity**

**Adults who have a body mass index greater than 25-overweight or obese  
(percent)**

		<b>Weakley County</b>		<b>TN</b>					
2018		34		32					
2017		31		32					
2016		31		32					

Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System.

**Sexually Transmitted Diseases**

**Ages 15-17 diagnosed with Chlamydia, gonorrhea, or syphilis**

		<b>Weakly County</b>		<b>TN</b>					
<b>Year</b>		<b>#</b>		<b>#</b>					
2016		217		4081					
2015		195		3830					
2014		213		3988					

Source: TN-PRISM (Patient Reporting Investigating Surveillance Manager).

**WEAKLEY COUNTY 2018**

<b>Substance Use</b>									
<b>Heavy drinkers (Adult men having more than 14 drinks per week and adult women having more than 7 drinks per week) (percent)</b>									
		<b>TN</b>							
2016		5.6							
2015		4.7							
2014		4.1							
<b>Binge drinkers: (Males having five or more drinks on one occasion and females having four or more drinks on one occasion) (percent)</b>									
		<b>TN</b>							
2016		13.1							
2015		10.3							
2014		10.6							
<b>Source: Tennessee Department of Health. Behavioral Risk Factor Surveillance System, 2014-2016.</b>									
<b>Number and percent TDMHSAS funded treatment admissions with ALCOHOL identified as substance abuse</b>									
		<b>Weakley County</b>			<b>TN</b>				
2016		17/*			5,894/42.1				
2015		14/*			6,004/44.7				
2014		27/49.1			6,213/45.9				
<b>Number and percent TDMHSAS funded treatment admissions with CRACK COCAINE identified as substance of abuse</b>									
		<b>Region 6</b>			<b>TN</b>				
2016		274/17.1			2,614/18.7				
2015		328/20			2,634/19.6				
2014		340/20.1			2,722/20.1				
<b>Number and percent TDMHSAS funded treatment admissions with HEROIN identified as substance of abuse</b>									
		<b>Region 6</b>			<b>TN</b>				
2016		138/8.6			1,518/10.8				
2015		87/5.3			1,069/8				

**WEAKLEY COUNTY 2018**

2014	52/3.1	721/5.3
<b>Number and percent TDMHSAS funded treatment admissions with MARIJUANA identified as substance of abuse</b>		
	<b>Weakley County</b>	<b>TN</b>
2016	11/*	5,327/38
2015	11/*	5,206/38.7
2014	20/36.4	5,362/39.6
<b>Number and percent TDMHSAS funded treatment admissions with METH identified as substance of abuse</b>		
	<b>Weakley County</b>	<b>TN</b>
2016	17/*	2,869/20.5
2015	15/*	2,089/15.5
2014	22/40	1,849/13.7
<b>Number and percent TDMHSAS funded treatment admissions with OPIOIDS identified as substance of abuse</b>		
	<b>Region 6</b>	<b>TN</b>
2016	25/59.5	5,792/41.4
2015	15/*	5,907/43.9
2014	19/*	5,859/43.3
<b>Number and percent TDMHSAS funded treatment admissions with OTHER illicit drugs identified as substance of abuse</b>		
	<b>Region 6</b>	<b>TN</b>
2016	16/*	208/1.5
2015	15/*	281/2.1
2014	20/1.2	300/2.2
<u>Source: 2017 Tennessee Behavioral Health County and Region Services Data Book.</u>		
<b>Number of drug related arrests for adults over 18 in Weakley County</b>		
2017	93	
2016	110	
2015	101	
<u>Source: NIBRS, 2015-2017.</u>		
<b>Teenage Pregnancy</b>		

**WEAKLEY COUNTY 2018**

Pregnancies Age 10-17 per 1,000 Females							
Weakley County							
	Total	White	Black		Total	White	Black
2016	2.4	2.8	-		5.4	4.5	9.7
2015	2.4	0.7	12.3		6	5.1	10.2
2014	5.7	6	5.4		6.3	5.5	10.7
Pregnancies Age 15-17 Per 1,000 Females							
Weakley County							
	Total	White	Black		Total	White	Black
2016	3.9	4.6	-		13.7	11.5	23.6
2015	5.2	1.6	*		15.2	13.2	24.7
2014	12.4	13.4	9.7		16.1	14.2	25.6
Source: Tennessee Department of Health.							
Tobacco Use							
Are you a current smoker?							
	Weakley County				TN		
2018	21				22		
2017	22				22		
2016	25				24		
Source: County Health Rankings and Road Maps 2016-2018.							
Traumatic Brain Injury							
Weakley County							
TBI related fatality count	2						
Relative Rate	0.7						
Key findings							
* A total of 11,334 unique patients were reported to the TBI Registry during 2016. Of these, 7,458 presented with a TBI-related hospitalization (length of stay > 24 hours) and 843 were deceased.							
* 54% of all TBIs were in the senior population (over 55 years).							
* Overall, 58% of TBI patients were males. The number of male TBI patients exceeded females in each age group except in patients over 75 years.							
* Falls were the leading cause of TBI in Tennessee, followed by motor vehicle accidents.							

WEAKLEY COUNTY 2018

\* Over 10% of concussion-related hospitalizations in 2016 were sports-related, but overall, sports-related concussions are likely underestimated.

\* The age-adjusted TBI hospitalization rate for Tennesseans in 2016 was 84.17 per 100,000, while the age-adjusted death rate was 9.11 per 100,000 residents.

Source: Traumatic Brain Injury Program Annual Report 2016-2017.

## Tobacco Settlement Projects Year 4

In addition to the \$15 million that was appropriated in the 2014 state budget for three years to support tobacco use prevention projects, the Tennessee Legislature granted a one-time appropriation of \$5M for tobacco prevention activities for the state's fiscal year 2017-2018. The funds are being spent on efforts centered on three priority areas: smoking cessation for pregnant women, reduction in youth initiation of nicotine-containing products, and reduction in exposure to secondhand smoke by children. As in the previous three years, funds were dispersed to counties for local-level initiatives.

Weakley County received \$5,000 which will be used to:

- Prevent initiation of tobacco use among youth by establishing and strengthening tobacco-free policies in schools.
- Reduce cigarette smoking among adults by establishing and strengthening tobacco-free policies on college/university campuses.
- Educate and inform stakeholders and decision makers on evidence and practice-based policies and programs to reduce exposure to secondhand smoke.

## 2018 Health Promotion Highlights

**"Count It, Lock It, Drop It"**  
**Drug Take Back Program**

## Community-wide tobacco prevention events

**TNSTRONG: Youth-led tobacco initiative**

**Healthier TN Community Designation**

If you would like more information, or if you are interested in joining the Weakley County Health Council, please contact the Health Educator.

**Weakley County Public Health Educator**  
**Chelsea White**

Phone: 731-364-2210

E-Mail : [Chelsea.White@tn.gov](mailto:Chelsea.White@tn.gov)

Weakley County Chair:  
Beverly Shelby

Phone | 731-364-3164

E-mail: bshelby1@utk.edu

WEAKLEY COUNTY  
HEALTH COUNCIL PROFILE (2018)



# WEAKLEY COUNTY HEALTH PROFILE

# WEAKLEY COUNTY HEALTH COUNCIL PROFILE

## 2016 Population

Estimate: 33,507

Percent White: 89.0

Percent Black: 7.9

Percent Other: 3.1

<http://datacenter.kidscount.org>

## Education Level:

High School Graduate:

84.8%

Bachelor's Degree:

21.1%

<http://datacenter.kidscount.org>

Median Household Income: \$38,040

People in Poverty Level: 20.8%

Children in Poverty Level: 26.3%

<http://datacenter.kidscount.org>

<http://datacenter.kidscount.org>

# of Public Schools: 11

<http://www.tn.gov/education>

Students Receiving Free/Reduced Lunch:

State Rate: 49%

County Rate: 47.4%

<http://datacenter.kidscount.org>

2016 Teen Pregnancy Rate (10-17)\* per 1,000

State Rate: 5.4/1,000

County Rate: 2.4/1,000

<http://www.tn.gov/health/program-areas/statistics.html>

2016 Infant Mortality Rates:

State Rate: 7.4/1,000

County Rate: 8.4/1,000

<http://www.tn.gov/health/program-areas/statistics.html>

## 2018 HEALTH RANKINGS:

Health Outcomes: 20

Health Factors: 27

<http://www.tn.gov/health/program-areas>

**Health Outcomes:** represent how healthy a county is within the state. The healthiest county is ranked #1.

This rank is based on: how long people live and how healthy they feel while alive.

**Health Factors:** represent what influences the health of a county.

This rank is based on: health behaviors, clinical care, social and economic factors, and physical environment factors.

## 2016 Leading Causes of Death:

1. Cancer
2. Diseases of the Heart
3. Chronic Lower Respiratory Diseases
4. Alzheimer's Disease/Accidents & Adverse Effects
5. Diabetes Mellitus

<http://www.tn.gov/health/program-areas/statistics.html>

## 2018 Leading Behavioral Risk Factors:

1. Physical Inactivity (36%)
2. Adult Obesity (34%)
3. Access to exercise opportunities (25%)
4. Alcohol-impaired driving deaths (24%)
5. Adult Smoking (21%)

<http://www.tn.gov/health/program-areas>

## 2018 Top Health Council Priorities:

1. Obesity Reduction & Prevention
2. Tobacco Use Cessation & Prevention
3. Substance Misuse Prevention

## Meeting Times:

Meetings are bimonthly with the Weakley County Interagency Council on the 2<sup>nd</sup> Wednesday of January, March, May, July, September, and November at 8:30am at the CE Weldon Library in Martin, TN.

## Community Partners:

The Weakley County Health Council is comprised of representatives from area agencies, faith and community-based organizations, schools, colleges, universities, local government, health care providers, businesses, as well as other individuals who work collectively to improve health outcomes in the county. The council's goals are accomplished through regular meetings, strategic planning, identification of resources, and the work of subcommittees that focus on specific health issues.



**Weakley County Community Health Council**  
Meeting Minutes by Weakley County Community Health Council  
Date: 7/11/18

**Location:** C.E. Weldon Library, Martin, TN

**Attendees:** Chelsea White, Tracy Byrd, Ashley Kite-Rowland, Donna Jackson, Beverly Shelby, Janis Noel, Suzanne Harper, Jennifer Gilbertson, Dana Cobb.

Time: 8:30 am

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**I. Meeting Called to Order**

The meeting was called to order at 8:39 am by Weakley County Health Council Chair, Beverly Shelby.

**II. Reading/Approval of Minutes**

There was a motion to approve the minutes as written by Community Representative, Janis Noel; there was a second on the motion by Carl Perkins Center Community Outreach, Jennifer Gilbertson. There were 9 members in favor of the motion, none opposed, and none abstained from voting the minutes were approved as written.

**III. Old Business**

- a. **Tobacco Settlement Update: Weakley County Health Educator, Chelsea White-** Chelsea presented information pertaining to the year 4 funds. Weakley County sent three youth coalition members and two adult advisors to the 2018 TNSTRONG conference in Chattanooga, TN. Weakley County also sent two teams and two advisors to the Tennessee Teen Institute at the University of Tennessee at Martin in Martin, TN.
- b. **Healthy Campus Update- Chelsea White-** The University of Tennessee at Martin has adopted their 100% Smoke Free Campus policy as of July 1, 2018. Chelsea briefly went over the parameters of the policy with the council. The Weakley County Prevention Coalition placed a Drug Drop Box in the Public Safety office for students to drop off any unused prescription medications. UT Martin is the first and only college in Tennessee to have a permanent drop box available.

**IV. New Business**

- a. **Interagency Council Update, Chelsea White:** The Weakley County Interagency Council convened at 8:30am on June 13, 2018, at the C.E. Weldon Library in Martin, TN. Anyone who has not filled out the Weakley County Organization Directory for your business or organization and would like to be listed in the directory, please do so. The Interagency is in need of a Secretary. This will be addressed at the next Interagency meeting.
- b. **Coaching Boys Into Men, Chelsea White:** Chelsea presented an overview of the Coaching Boys Into Men curriculum sharing that the program does not have to be done in a school setting. The curriculum will be taken to coaches at UT Martin in the fall.

**V. Announcements:**

- a. **Department of Children Services, Donna Jackson:** Judy Gurien covers Weakley County and would like to assist in the development of the Angel Tree program in Weakley County.
- b. **County Director, Tracy Byrd:** Dana Cobb left 9 copies of the 2018 Kids Count Data for anyone interested.
- c. **Local Food Network Representative, Ashley Kite-Rowland:** The Local Food Network has begun hosting monthly potlucks to provide access to food for areas of the community in need. The LFN is currently gathering data to perform a needs assessment of food access to seniors. If anyone knows of local farmers or gardeners that have more harvest than they can consume, several local food pantries will deliver the items or store them short term.

- VI. Adjournment:** There was a motion to adjourn the meeting by Weakley County Prevention Coalition Director, Suzanne Harper. There was a second on the motion by Janis Noel. There were 9 members in favor of the motion, none opposed, and none abstaining. The meeting was adjourned at 9:30 am.

**Next meeting date:** The next Weakley County Health Council meeting will be on Wednesday, September 12, 2018, at 8:30 am at the C.E. Weldon Public Library.

## TTI At A Glance

THE OVERALL GOAL OF THE TENNESSEE TEEN INSTITUTE IS TO PROMOTE THE DEVELOPMENT OF A HEALTHY, SAFE AND DRUG-FREE LIFESTYLE BY IMPACTING THE ATTITUDES AND BEHAVIORS OF OUR YOUTH IN THE AREAS OF ALCOHOL, TOBACCO, DRUG ABUSE AND VIOLENCE.

TTI FACILITATES THIS BY HAVING YOUNG PEOPLE DEVELOP ACTION PLANS TO IMPLEMENT PREVENTION PROJECTS AND PROGRAMS IN THEIR SCHOOLS AND COMMUNITIES. TTI FOCUSES ON YOUTH LEADERSHIP SKILLS AND EMPOWERMENT AS KEY STRATEGIES TO PREVENT UNDERAGE ALCOHOL AND DRUG USE.



**Leadership**

**Community**

**Tennessee Teen Institute**  
The University of TN at Martin  
JUNE 17 - 22, 2018

Kristi Townes, TTI Director  
kristit@jacoa.org  
731-571-4179  
www.tnteeninstitute.net

@TnTeenInstitute  
 Tennessee Teen Institute

**JACO A**

**JACO A'S Mission**

The mission of JACO A is to provide the highest quality of care possible to people who are suffering from substance use disorders or co-occurring disorders in an environment that preserves and promotes the dignity of the persons served without regard to race, color, creed, gender, economic or social circumstance, sexual orientation, or national origin.

**Tennessee Teen Institute**

**A One Of A Kind Experience!**

## What is The Teen Institute

THE MISSION OF TENNESSEE TEEN INSTITUTE IS TO UNLOCK THE POTENTIAL OF THE YOUTH OF TENNESSEE TO LEAD BY EXAMPLE AND TO TAKE A PROACTIVE ROLE IN BRINGING ABOUT POSITIVE CHANGES. TTI CHALLENGES YOUNG PEOPLE TO UNLOCK THEIR POTENTIAL BY GIVING THEM THE SKILLS, KNOWLEDGE AND ATTITUDES THEY NEED TO MAKE HEALTHY CHOICES, BUILD POSITIVE RELATIONSHIPS AND CONTRIBUTE TO THEIR SCHOOLS AND COMMUNITY IN A MEANINGFUL WAY.

TO DECREASE THE NUMBER OF TEENS WHO USE SUBSTANCES  
TO PREVENT THE ONSET OF SUBSTANCE USE  
TO INCREASE ONE'S SELF-ESTEEM  
TO INCREASE AWARENESS OF SUBSTANCE ABUSE-RELATED RISK FACTORS  
TO INCREASE RESILIENCY FACTORS (FACTORS WHICH HELP MAINTAIN A HEALTHY LIFE STYLE)  
TO DEVELOP LEADERSHIP SKILLS  
TO REDUCE TEEN CRASHES

THE TENNESSEE TEEN INSTITUTE IS A FIVE-DAY CAMP TO PROVIDE EDUCATION AND TRAINING IN YOUTH DEVELOPMENT, LEADERSHIP AND PREVENTION. TTI OFFERS VARIOUS FORMATS OF TRAINING INCLUDING WORKSHOPS, SEMINARS AND ACTIVITIES THAT HELP YOUNG PEOPLE GROW TO BE STRONG, HEALTHY INDIVIDUALS WHO WILL HAVE THE SKILLS NEEDED TO MAKE A DIFFERENCE IN THE COMMUNITY IN WHICH THEY LIVE. TTI HOSTS APPROXIMATELY 400 TEEN LEADERS, ADULT SUPERVISORS AND TTI STAFF. THESE PARTICIPANTS LEAVE TTI MOTIVATED NOT ONLY TO MAKE HEALTHY DECISIONS IN THEIR OWN

## Team Action Plans

THE COMMUNITY ACTION TEAM MEETINGS THAT OCCUR AT TTI REQUIRE PARTICIPANTS TO USE THEIR IMAGINATIONS AND CREATIVE ABILITIES TO DEVELOP STRATEGIES FOR ADDRESSING SUBSTANCE ABUSE, VIOLENCE AND OTHER HEALTH ISSUES IN THEIR HOME COMMUNITIES. EACH TEAM WILL WRITE AN ACTION PLAN TO IMPLEMENT UPON RETURNING HOME. TTI STAFF WILL PROVIDE TECHNICAL ASSISTANCE AND FOLLOW-UP ON ALL THE ACTION PLANS THROUGHOUT THE YEAR.

## Session Information

**AGES:** 13-18

**COST:** \$1500 PER TEAM (TEAM = 1 ADULT AND 6 STUDENTS)

**EXTRA TEAM MEMBER:** \$175 EACH

**INDIVIDUAL PARTICIPANT FEE:** \$225

### WHAT DOES THE CAMP FEE COVER?

1 ADULT AND UP TO 6 STUDENTS  
FIVE DAYS AND FIVE NIGHTS OF MEALS AND BOARD AT THE UNIVERSITY OF TENNESSEE AT MARTIN  
ALL PRESENTERS, WORKSHOPS, MATERIALS AND ACTIVITIES  
CAMP T-SHIRT

### WHO SHOULD ATTEND?

YOUTH WHO ARE SERIOUS ABOUT MAKING A CHANGE IN THEIR SCHOOLS/COMMUNITIES  
YOUTH WHO ARE ALCOHOL, TOBACCO AND DRUG FREE  
YOUTH WHO SHOW LEADERSHIP QUALITIES  
ADULTS WHO ARE CONCERNED ABOUT THEIR YOUTH IN LOCAL SCHOOLS AND COMMUNITIES  
ADULTS WHO ENJOY INTERACTING WITH YOUTH

### WHAT HAPPENS AT TTI?

GENERAL INFORMATION SESSIONS  
INTERACTIVE WORKSHOP SESSIONS  
TEAM-BUILDING ACTIVITIES  
STUDENT FOCUS GROUPS AND TEAM PRESENTATIONS  
RECREATIONAL ACTIVITIES  
COMMUNITY ACTION TEAM MEETINGS  
FUN! FUN! FUN!

