



Physical Therapy After Breast Cancer Surgery

Physical and Occupational therapists work with patients to alleviate physical signs that may arise from surgical or medical treatment for breast cancer



**Sports Plus
Rehab Centers™**

An affiliate of West Tennessee Healthcare

The Benefits of Physical Therapy after Breast Cancer Surgery

- Reduce pain and inflammation
- Improve shoulder motion and flexibility
- Increase strength and endurance
- Improve your body image and confidence
- Improve your quality of life
- Prevent Frozen Shoulder
- Manual Lymph Drainage (MLD)

Ask your healthcare provider how a Sports Plus Physical Therapist can help to alleviate the physical impact of surgery and get you on the road to your recovery.