Community Health Needs Assessment (CHNA): Madison County

Conducted by:

Jackson-Madison County General Hospital
Department of Business Development and Planning

Victoria S. Lake
Jocelyn D. Ross

For:
Jackson-Madison County General Hospital

Update 2015
Initial CHNA 2012

In fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional Requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirement of a Section 4959 Excise Tax Return and Time for Filing the Return
RESOLUTION OF THE BOARD OF TRUSTEES
OF
JACKSON-MADISON COUNTY GENERAL HOSPITAL DISTRICT
AND
CAMDEN GENERAL HOSPITAL, INC.
AND
BOLIVAR GENERAL HOSPITAL, INC.
AND
MILAN GENERAL HOSPITAL, INC.
AND
PATHWAYS OF TENNESSEE, INC.

COMMUNITY HEALTH NEEDS ASSESSMENT APPROVAL

WHEREAS, the Patient Protection and Affordable Care Act, enacted March 10, 2010, required public and not-for-profit hospitals to perform a Community Health Needs Assessment for each hospital; and

WHEREAS, the staff of the District has conducted such an Assessment and prepared the report as required for each of its hospitals; and

WHEREAS, the Assessments were prepared in accordance with IRS rules and regulations as amended; and

WHEREAS, the Board finds that the Assessments substantially meet the requirements of the of the Patient Protection and Affordable Care Act and the IRS rules and regulations as amended, and that the Implementation Strategies set forth in the Assessments shall be implemented in accordance with Management recommendations.

NOW, THEREFORE, BE IT RESOLVED, that the Community Health Needs Assessments given to the Board are approved and adopted.

ADOPTED, this the 27th day of October, 2015.

[Signature]
GREG MILAM, Chairman

Exhibit: G-2
Patient Protection and Affordable Care Act-Required Community Health Needs Assessments

CONDUCTED BY:
WEST TENNESSEE HEALTHCARE DEPARTMENT OF BUSINESS DEVELOPMENT AND PLANNING
Community Health Needs Assessments

- Conducted to fulfill requirements of the Patient Protection and Affordable Care Act enacted March 10, 2010 and IRS CFR Parts 1, 53, and 62
- Required for all public and not-for-profit hospitals
- Procedures followed IRS 501 (r) requirements
- Assessments conducted for each hospital owned by the Jackson-Madison Co General Hospital District
Community Health Needs Assessment

- Assessments conducted for the following counties:
  - Camden General Hospital-Benton County
  - Bolivar General Hospital-Hardeman County
  - Milan General Hospital-Gibson County
  - Jackson-Madison County General Hospital-Madison, Chester, Crockett, Haywood Counties
  - Pathways of Tennessee-Crockett, Dyer, Gibson, Hardeman, Haywood, Henderson, Lake, Madison, Obion, Weakley Counties
Community Health Needs Assessments

- Acute Care Hospitals-Partnered with Tennessee Department of Health-Health Councils on assessments
- Mental Health Hospital-Partnered with Tennessee Department of Mental Health and Substance Abuse Crisis Providers and Pathways Advisory Board
- Updated data reports and listing of resources provided to Health Councils, Crisis Providers, and Region VI
## Community Health Needs Assessments

<table>
<thead>
<tr>
<th>Identified Health Issues By County</th>
<th>Benton</th>
<th>Chester</th>
<th>Crockett</th>
<th>Gibson</th>
<th>Hardeman</th>
<th>Haywood</th>
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</table>
Use of HealthAware with follow-up for those identified through risk assessment
- Alice and Carl Kirkland Cancer Center services
- LIFT wellness center and primary care clinics
- Disease management
- Local health screenings, health fairs, community events
- Governors Foundation for Health & Wellness
- 100 Mile Club Gold Medal
- Help Us Grow Successfully
- TENNdercare Program
Community Health Needs Assessments
Implementation Strategies

- Baby and Me
- Teens Against Tobacco Use
- Tennessee Suicide Prevention Network
- Prescription for Success: Prevention and Treatment of Prescription Drug Abuse in Tennessee
- Safe, Affordable Housing for individuals or families with mental illness, substance abuse, or co-occurring
- Numerous mental health, substance abuse outreach programming
Community Health Needs Assessments
Evaluation

- Evaluation based on goals and objectives for each county assessment
- Meeting minutes of monthly and quarterly county health councils, Crisis Providers, Region VI, Pathways Advisory Board will be reviewed for achievement of stated goals, objectives, and implementation strategies.
- Copies of all implementation strategy program or event materials will be maintained in Assessment Notebooks
- Assessment documentation
- Assessments will be updated in 2018
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Madison County Community Health Needs Assessment
Executive Summary

Jackson-Madison County General Hospital partnered with the Madison County Health Council to review and update the Madison County Community Health Needs Assessment in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirements of a Section 4959 Excise Tax Return and Time for Filing the Return. The Madison County Health Council is organized under the auspices of the State of Tennessee Department of Health Jackson-Madison County Regional Health Department, and is composed of community members who represent diverse spectrums of Madison County as well as staff from the local regional health departments.

Representatives of Jackson-Madison County General Hospital met with the Madison County Health Council on Tuesday May 5, 2015. The mission of the Health Council is to act as a working council whose purpose is to address health issues of significance, resource availability, and allocation, and to develop strategies to improve health outcomes within the community. The Madison County Health Council membership represents the broad interests of the community including health care advocates, non-profit, community agencies, local government officials, local school districts, health care providers, private businesses, labor and workforce representatives. Members of the Madison County Health Council are:

Jackson-Madison County General Hospital presented data on health issues, updated from the initial 2012 community health needs assessment. The priority issues in 2012 were heart conditions, high blood pressure, obesity, diabetes, and cancer. Detailed data were presented on these health issues and several others. The Health Council reviewed these data and a list of community resources available to assist with implementation strategies. The Health Council re-prioritized the health issues through a consensus process. The top identified health issues are:

Heart Conditions     High Blood Pressure     Cancer     Obesity (including children)     Diabetes (including children)     Injury Prevention

Six goals were identified with associated implementation strategies.

Goal 1: The Jackson-Madison County General Hospital will work to reduce and control heart disease in Madison County.

Goal 2: The Jackson-Madison County General Hospital will work to reduce and control high blood pressure among residents of Madison County.

Goal 3: The Jackson-Madison County General Hospital will work to provide early detection and education on cancer throughout Madison County.

Goal 4: The Jackson-Madison County General Hospital will work to reduce obesity in Madison County.

Goal 5: The Jackson-Madison County General Hospital will work to reduce and control diabetes in Madison County.

Goal 6: Jackson-Madison County General Hospital will provide education on injury prevention.

- Use of HealthAwares with follow-up for those identified through risk assessment
- Alice and Carl Kirkland Cancer Center Services
- LIFT wellness center and primary care clinic
- Disease management
- Local health screenings
- Local health education classes
- Participation in Tennessee Suicide Network; Traumatic Brain Injury Program
Introduction

Jackson-Madison County General Hospital partnered with the Madison County Health Council to review and update the Madison County Community Health Needs Assessment in fulfillment of the requirements of the Patient Protection and Affordable Care Act Pub.L. No.111-148, 124 Stat. 119, enacted March 23, 2010; and Department of the Treasury Internal Revenue Service 26 CFR Parts 1, 53, and 62 Additional requirements for Charitable Hospitals; Community Health Needs Assessments for Charitable Hospitals; Requirements of a Section 4959 Excise Tax Return and Time for Filing the Return. The Madison County Health Council is organized under the auspices of the State of Tennessee Department of Health Jackson-Madison County Regional Health Department, and is composed of community members who represent diverse spectrums of Madison County as well as staff from the local regional health departments.

Description of the Hospital and Community

Owned by the Jackson-Madison County General Hospital District, the Jackson-Madison County General Hospital was created by the Tennessee General Assembly through a Private Act in 1949. The Hospital opened on August 11, 1950 with 123 beds. Today the Hospital is licensed for 635 beds serving patients and their families through seven centers of excellence: Tennessee Heart and Vascular Center, Alice and Carl Kirkland Cancer Center, West Tennessee Rehabilitation Center, West Tennessee Women’s Center, Ayers Children’s Medical Center, West Tennessee Neuroscience and Spine Center, and Emergency Services. The Jackson-Madison County General Hospital is a public, not-for-profit organization with approximately 3,900 employees. The Hospital is licensed by the State of Tennessee Department of Health and is fully accredited by The Joint Commission (TJC).

The Private Act, 1949 specified that the Jackson-Madison County General Hospital District was “created and established for and in behalf of the City of Jackson, Tennessee, and Madison County, Tennessee. The designated “community” for the needs assessment is Madison County, Tennessee. With a 2013 estimated population of 98,733, Madison County is located in the center of rural West Tennessee approximately 85 miles East of Memphis and 125 miles West of Nashville. The population is 59.9 percent Caucasian, 37.3 percent African American, and 2.8 percent Other races. According to the American Community Survey (2009-2013), 20.0 percent of the population is below the Federal poverty level. The per capita personal income level is $23,283. The population under 65 years of age represents 85.6 percent while the over age 65 population is 14.4 percent of the total. About 14 percent of the population age 25 and older
does not have a high school diploma or GED; 33.6 percent have a high school diploma; 21.9 percent have some college, and 30.3 percent have an Associate’s degree or higher.

Madison County has a wide range of industries that employ individuals living in and around the county. Madison County is home to one of two worldwide The Kellogg Company plants for making Pringles potato chips. Approximately 735 individuals are employed at the plant. The Stanley Black & Decker Company employs 570 people to manufacture air compressors, generators, and pressure washers. Delta Faucet Company (780 employees), Pinnacle Food Group (590 employees), TBDN Tennessee Company (386 employees), Gerdau (365 employees), UGN, Inc. (255 employees), and Armstrong Hardwood Flooring (252 employees) are also located in Madison County.

Other major companies in the county are Apria Healthcare (900 employees), Carlisle Transportation (493 employees), Portfolio Recovery Associates (355 employees), ARJ Manufacturing (334 employees), Perseus Distribution Services (264 employees), Owens-Corning (234 employees), and U.S. Farathane (233 employees).

The community has four colleges and universities: Jackson State Community College, Union University, a Southern Baptist Liberal Arts University, Lane College, a Historical Black College, and The University of Memphis Lambuth Campus. Collectively, these four institutions of higher education employ almost 2,000 people.

The county seat of Madison County is Jackson, Tennessee. The City of Jackson, Madison County Government, and the Jackson-Madison County School System are all located in Jackson. The public school system has 27 schools and serves approximately 13,000 students.

**Community Needs Assessment Update**

Representatives of Jackson-Madison County General Hospital met with the Madison County Health Council on Tuesday May 5, 2015. The mission of the Health Council is to act as a working council whose purpose is to address health issues of significance, resource availability, and allocation, and to develop strategies to improve health outcomes within the community. The Madison County Health Council membership represents the broad interests of the community including health care advocates, non-profit, community agencies, local government officials, local school districts, health care providers, private businesses, labor and workforce representatives. Members of the Madison County Health Council are:

Chelsea Brandon  Jackson-Madison County Regional Health Department
Tina Hernandez  Regional Inter-Faith Association
Sandy MacDiarmid  City of Jackson
Amy Elizer  University of Tennessee Extension Service
Jackson-Madison County General Hospital presented data on health issues, updated from the initial 2012 community health needs assessment. The priority issues in 2012 were heart conditions, high blood pressure, obesity, diabetes, and cancer. Detailed data were presented on these health issues and several others. The Health Council reviewed these data and a list of community resources available to assist with implementation strategies. The Health Council re-prioritized the health issues through a consensus process. The top identified health issues are:

- Heart Conditions
- High Blood Pressure
- Cancer
- Obesity (including children)
- Diabetes (including children)
- Injury Prevention

Goals and Objectives

**Goal:** The Jackson-Madison County General Hospital will work to reduce and control heart disease in Madison County.

**Objective 1:** By December 31, 2018, at least 100 adults each year will complete Heart Aware, receive lab work and nurse consultation.

**Objective 2:** By December 31, 2018, at least 500 individuals will receive information about heart health education through community health fairs, “Night of Heart,” “Boots and Bling,”
“Wild Game Dinner for Men,” “Go Red for Women,” “Heart Walk” and other events throughout the year.

**Goal:** The Jackson-Madison County General Hospital will work to reduce and control high blood pressure among residents of Madison County.

**Objective 1:** By December 31, 2018, at least 500 individuals will have their blood pressure checked and receive educational information through health fairs and events throughout the community.

**Objective 2:** By December 31, 2018, at least 100 adults will receive valuable nutrition information from workshops and cooking demonstrations held at the LIFT.

**Goal 3:** The Jackson-Madison County General Hospital will work to provide early detection and education on cancer throughout Madison County.

**Objective 1:** By December 31, 2018, the Jackson-Madison County General Hospital, through the Kirkland Cancer Center, will provide annual colorectal, skin, prostate, and breast cancer screenings and follow-up.

**Objective 2:** By December 31, 2018, the Jackson-Madison County General Hospital, through the Kirkland Cancer Center, will provide education on risk and preventive measures for breast and lung cancer for 100 individuals on an annual basis.

**Goal:** The Jackson-Madison County General Hospital will work to reduce obesity in Madison County.

**Objective 1:** By December 31, 2018 the City of Jackson, Tennessee will decrease adult obesity by three percent (3%), as measured by the University of Wisconsin Population Health Institute and Robert Wood Johnson Foundation County Health Rankings. *(Metric-Health Impact)*

**Objective 2:** By the end of each year the three year period, childhood obesity will be reduced by one percent (1%) or five percent (5%) over the five years, as measured by a BMI of 25 or less for students in grades Pre-K, K, 2,4,6,8, and lifetime wellness classes in high schools in the Jackson-Madison County School System.

**Goal:** The Jackson-Madison County General Hospital will work to reduce and control diabetes in Madison County.

**Objective 1:** By December 31, 2018, at least 100 adults each year will complete Diabetes Aware, receive lab work and nurse consultation.
Objective 2: By December 31, 2018, unnecessary healthcare utilization amongst the diabetic population in Jackson, Tennessee will be reduced by 3 percent as measured by inpatient readmissions to the Jackson-Madison County General Hospital within 30 days or as measured by a reduction in unnecessary emergency room admissions at Jackson-Madison County General Hospital by 10 percent.

Goal: Jackson-Madison County General Hospital will provide education on injury prevention.

Objective 1: Jackson-Madison County General Hospital will partner with Pathways of Tennessee and the Tennessee Suicide Prevention Network to provide education and information to residents of Madison County.

Objective 2: Jackson-Madison County General Hospital will address injury prevention through its Traumatic Brain Injury Service Coordination Program.
Implementation Strategies

The Jackson-Madison County General Hospital has developed a strategy for addressing heart conditions, high blood pressure, cancer, and diabetes that focuses on early detection, risk assessment screening, consultation, referral to physician or healthcare professional, and development of an individualized program plan. This strategy is called HealthAware. The priority health issue of obesity, which relates to heart condition, high blood pressure, cancer, and diabetes, the Jackson-Madison County General Hospital is developing a major comprehensive wellness initiative for the Jackson-Madison County Community. This initiative is described below.

HealthAware creates a transformational experience that compels unknowing victims of heart disease, diabetes, or hypertension to change behavior and commit to extend their health and lives. Participation in HealthAware is a five phase experience:

1. Outreach & Marketing
2. High-risk Patient Enrollment
3. Nurse Consultation
4. Triage
5. Intervention

HealthAware assesses the public, individual by individual, making them conscious of their risk for heart disease, diabetes, hypertension or cancer. From the assessment a determination is made on the need to engage the participant's primary care physician. Goals are set to modify controllable risks. HealthAware provides an opportunity to treat the disease (as an episode) before an uncontrolled, catastrophic event occurs. Through HealthAwares, Jackson-Madison County General Hospital is a resource for wellness not just sickness. Figure 1 contains an example of a personalized risk assessment report from the HeartAware Program. As shown in Figure 1, the risk assessment indicates the low, medium, high, or critical rating for cardiac risk factors of smoking, weight, blood pressure, cholesterol, diabetes, and family history. After the risk assessment is completed, the risk assessment report is generated. When risk is determined through the assessment, lab work and a nurse consultation is scheduled. Figure 2 contains a page from the consultation report reviewed by the nurse.
Risk Assessment Report
(Available to everyone that takes the online assessment)

Your Cardiac Risk Factors
Low, Higher Risk Level

Smoking

Weight

Blood Pressure

Cholesterol

Diabetes

Family History

Important, this report serves as a great starting point as you work with your primary care physician to manage your health. Take this report to your
More specific information on HealthAwares programs for health conditions, high blood pressure (hypertension), diabetes and cancer are described below.

Heart Conditions and High Blood Pressure

The Tennessee Heart and Vascular Center at Jackson-Madison County General Hospital has developed proactive assessment processes for identifying individuals in the community at risk of heart disease and stroke. HeartAware and StrokeAware are free online or paper risk assessments that can be completed by an individual either through the West Tennessee Healthcare website, www.wth.org, or at a community event or health fair. Completing HeartAware or StrokeAware takes five to seven minutes. Persons age 34 or younger who present with four risk factors and persons over the age of 35 who present with two risk factors are eligible for free lab work including glucose and cholesterol blood tests and a one hour consultation with a registered nurse. Risk factors include age, gender, presence of diabetes, weight, physical activity, presence of high blood pressure, cholesterol, family history and tobacco use. A free personalized risk factor profile is created for each person completing the risk assessment.
During the free follow-up consultation with a registered nurse, lab test results are reviewed with the individual. Height, weight, blood pressure, waist circumference, and body mass index are taken. The Clinical Information Management System (CIMS) program is utilized, which includes demographics, medical history with an emphasis on cardiovascular data, family history, and lifestyle information. Symptoms, past and present, are addressed. When a patient presents with particular vascular concerns, an Ankle Brachial Index (ABI) doppler assessment may be performed.

A Consultation Record Report is made by the nurse that includes a discussion of alternatives, medical information, and lifestyle choices for an individualized plan of intervention. Education consists of setting goals with the individual and encouraging further discussion with a primary care physician. When no existing relationship is available, individuals are provided information on clinics, health providers, and the public health department; although no certain individual or group is recommended. Further educational components include verbal instruction, written materials, online resources, and open discussion. Most appointments last one hour. The patient receives the contact number for the Aware office. A follow-up call is made close to one month past the appointment to assess progress towards specific goals.

HeartAware and StrokeAware are utilized extensively at health fairs, church events, in conjunction with the Mature Advantage Club, and events throughout the Jackson-Madison County area. Industry, employee wellness, and physician offices are also sites for conducting these risk assessments. During 2009, almost 4,000 people around West Tennessee took the free health risk assessment. Over 2,100 individuals discovered they had potential for heart disease, heart attack or stroke. Nearly 600 of those at-risk, took advantage of the free heart health screening.

Attachment F1 contains complete examples of personalized risk profiles and lab results for HeartAware and StrokeAware.

The Tennessee Heart and Vascular Center provides numerous blood pressure checks and access to HeartAware throughout the community especially during Heart Month each February.
Cancer

The Alice and Carl Kirkland Cancer Center of the Jackson-Madison County General Hospital offers treatment and diagnostic services that include medical, surgical, and radiation oncology, tumor registry, and Hospice. The Center also provides cancer conferences for physicians and other healthcare professionals, social services, outreach clinics, public education, and various support groups such as Camp Bluebird. The Alice and Carl Kirkland Cancer Center provides free online or paper risk assessment for breast cancer, prostate cancer, lung cancer, and colon cancer termed CancerAwares. The risk assessment takes minutes to complete and a personalized report identifying risk factors with explanations is provided to the participant. A free telephone or face-to-face consultation with a staff member from the Kirkland Cancer Center is provided that concentrates on preventive lifestyle options relative to their Personalized Risk Factor Report.

Education on preventive measures focuses on screening and early detection while encouraging follow-up with a physician or healthcare provider. Participants are provided a variety of educational materials on the benefits of healthy nutrition, physical activity, and smoking cessation.

Beyond the CancerAwares risk assessments, the Alice and Carl Kirkland Cancer Center provides many screenings throughout the community on an annual basis. Breast cancer screenings and education sessions are provided at various locations during Breast Cancer Awareness Month each October. Other screenings that are provided include colorectal, skin, and prostate. The Cancer Center participates in numerous healthcare, industry, and faith-based health fairs throughout the county. The Kirkland Cancer Center also partners with the Tennessee Cancer Coalition’s initiatives to reduce cancer incidence, mortality, morbidity, and improve the quality of life for those affected by cancer.

Attachments F2-F5 contain the risk assessment questions for the CancerAwares: Breast Cancer (F2), Prostate Cancer (F3), Lung Cancer (F4), and Colon Cancer (F5).

Obesity

In efforts to address obesity, promote healthy lifestyles and improve health and wellness among the residents of Jackson-Madison County, the Hospital developed a new 82,000 square foot state-of-the-art wellness facility, LIFT (Living Fit in Tennessee) in the JacksonWalk development in downtown Jackson. The wellness center features a first-class fitness club and classes, physical therapy and occupational therapy, a primary care clinic, occupational
medicine, disease management, and healthy living education. With the philosophy "exercise is medicine," the wellness center will serve as a healthy social and community destination.

The primary care clinic has a maximum of four physicians and 16 examinations rooms. The clinic is open to the public and has a separate entrance in the wellness facility. The physical therapy area offers physical, occupational, and speech therapy clinics to help treat neurological problems, sports injuries, work related injuries, tendonitis, backs, necks, and orthopedic problems. The therapy area offers treatments for seriously injured people who have had motor vehicle, spinal cord, head injuries, and strokes.

The wellness center has multi-purpose classrooms with a kitchen containing industrial-grade appliances and audiovisual equipment. The Center provides disease management training classes for patients with chronic health problems such as diabetes and congestive heart failure.

The Wellness Center has an Olympic sized pool with four lanes. The fitness area will have a large number of cardiovascular equipment, free weights, and a weight circuit.

The Jackson-Madison County General Hospital has also developed and recently opened (November 28, 2011) the Healthy Heights Walking Trails. There are two Healthy Heights Walking Trails inside Jackson-Madison County General Hospital. One is in the lower level from escalator to escalator. The other is across the bridge on the second floor on West Forest Avenue to the Physicians Office Tower and Garage 3. Maps are posted at the head of the trails and trail signage indicates the routes. The community, hospital employees, medical staff, volunteers, visitors are all welcome to utilize the walking trails. The trails are accessible daily from 4:45 a.m. to 10:00 p.m.

A Downtown Fitness Connect Walking Trail that is 1.5 miles in length with exercise stations has been added in downtown Jackson. Numerous weekly and monthly walks utilize the fitness trail.

The Hospital also coordinates with the Madison County Health Council and Jackson-Madison County School System for Coordinated School Health. The obesity among school-age youngsters will be monitored through the Coordinated School Health program.

Diabetes

The Tennessee Heart and Vascular Center at Jackson-Madison County General Hospital has developed proactive assessment processes for identifying individuals in the community at risk of diabetes. DiabetesAware is a free online or paper risk assessment that can be completed by
an individual either through the West Tennessee Healthcare website, \texttt{www.wth.org}, or at a community event or health fair. DiabetesAware involves answering 14 short questions and a personalized report is generated for each respondent.

When over the age of 18 and possessing two risk factors determined by the assessment, a blood glucose and cholesterol blood level test is provided in addition to consultation with a registered nurse. Anyone at risk is invited to participate in free blood work and counseling. The consultation can be offered at a remote location.

The individual is given a post prandial (after eating) blood glucose level upon initiation of the visit. Height, weight, blood pressure, waist circumference, and body mass index are measured. Blood test results are reviewed, and the Clinical Information Management System (CIMS) program is utilized to incorporate demographic, pertinent medical history, family history, and lifestyle information components. Symptoms which have been present at any time are assessed. When the blood level is abnormal, the patient is strongly encouraged to follow up with a primary care physician.

Education begins with a discussion of lifestyle choices to reduce risk of developing diabetes or avoid complications. A cumulative report of the visit is given to facilitate understanding for the follow-up physician. There are no specific listings of doctors for individuals who do not currently have a relationship with one, but contact information for local providers, clinics, or the Department of Health are available. Educational methods include verbal instruction, written materials, online resources, and open discussion. The patient is provided with the Aware contact information. A follow-up call takes place a month after the appointment to evaluate goals.

The Jackson-Madison County General Hospital also offers community diabetes education classes that are available to individuals once a diagnosis of diabetes has been made. The classes must be prescribed by a healthcare provider and are facilitated by a Certified Diabetic Educator.

Attachment F6 contains the questions on the DiabetesAware Risk Assessment.

\textbf{Injury Prevention.}

The Jackson-Madison County General Hospital will partner with Pathways of Tennessee and the and other mental health and substance abuse providers on the Tennessee Suicide Prevention Network. The Tennessee Suicide Prevention Network is the statewide public-private
organization responsible for implementing the Tennessee Strategy for Suicide Prevention as defined by the 2001 National Strategy for Suicide Prevention.

It is a grass-roots association which includes counselors, mental health professionals, physicians, clergy, journalists, social workers, and law enforcement personnel, as well as survivors of suicide and suicide attempts. The Network works across the state to eliminate the stigma of suicide and educate communities about the warning signs of suicide, with the ultimate intention of reducing suicide rates in the state of Tennessee.

The Network seeks to achieve these objectives through organizing and promoting regular regional activities, providing suicide prevention and crisis intervention training to community organizations, and conducting postvention sessions for schools and organizations after suicides occur.


The Preamble to the Tennessee Strategy for Suicide Prevention

Suicide prevention must recognize and affirm the cultural diversity, value, dignity and importance of each person.

Suicide is not solely the result of illness or inner conditions. The feelings of hopelessness that contribute to suicide can stem from societal conditions and attitudes. Therefore, everyone concerned with suicide prevention shares a responsibility to help change attitudes and eliminate conditions of oppression, racism, homophobia, discrimination, and prejudice.

Suicide prevention strategies must be evidenced based and clinically sound. They must address diverse populations that are disproportionately affected by societal conditions and are at greater risk for suicide.

Individuals, communities, organizations, and leaders at all levels should collaborate in the promotion of suicide prevention.

The success of this strategy ultimately rests with the individuals and communities across the State of Tennessee.

Tennessee Strategy for Suicide Prevention

1. Develop broad-based support for suicide prevention.

2. Promote awareness that suicide is a public health problem that is preventable.
3. Increase knowledge of the factors that offer protection from suicidal behaviors and that promote wellness and recovery.

4. Promote responsible media reporting of suicide, accurate portrayals of suicide and mental illnesses in the entertainment industry, and the safety of online content related to suicide.

5. Provide care and support to individuals affected by suicide deaths and attempts to promote healing and implement community strategies to help prevent further suicides.

6. Increase the timeliness, viability, and scope of statewide surveillance systems relevant to suicide prevention and improve the ability to collect, analyze, and use this information for action. 1. Develop broad-based support for suicide prevention.

7. Promote and support research on suicide and suicide prevention.

8. Evaluate the impact and effectiveness of suicide prevention interventions and systems and synthesize and disseminate findings.

9. Develop, implement, and monitor effective programs that promote suicide prevention and general wellness.

10. Promote efforts to reduce access to lethal means of suicide and methods of self-harm among individuals with identified suicide risk.

11. Encourage effective clinical and professional practices regarding suicide prevention for community and clinical service providers.

12. Promote the assessment and treatment of people at risk for suicide as a core component of health care services.

13. Promote and implement effective clinical and professional practices for assessing and treating those identified as being at risk for suicidal behaviors.

In rural West Tennessee the Tennessee Suicide Prevention Network meeting is the third Wednesday of each month at 10:30 a.m. at Behavioral Health Initiatives.

Jackson-Madison County General Hospital provides Traumatic Brain Injury program service coordination in efforts to address injury prevention. The Hospital operates a Family Support Center that:

- Provides information on traumatic brain injury,
- Refers clients to qualified services such as Centers for Independent living, local traumatic brain injury rehabilitation facilities, Vocational Rehabilitation, traumatic brain
injury professionals (social workers, psychologists, physicians), and other community resource agencies,

- Assists clients in applying for and accessing services such as SSI/SSDI, Medicare, TennCare, food stamps, vocational rehabilitation, housing and transportation,
- Advocates for individual/client rights and benefits,
- Develops support groups, and
- Assists or consults in the development of new programs and activities.

**Evaluation Plan**

The Madison County Health Council meets on a quarterly basis to review current and future implementation strategies to address identified health issues. Jackson-Madison County General Hospital has representation on the Health Council. Progress on the goals and objectives will be monitored through information provided at the Health Council meetings. Agendas and meeting minutes will be maintained as records of progress toward the goals and objectives.

**Conclusion**

The Madison County Community Health Needs Assessment 2015 update was presented and approved by the West Tennessee Healthcare Board of Trustees on October 27, 2015. The Plan will be updated in 2018.
### Influenza in Madison County

**Sentinel Provider Influenza-Like Illness Surveillance Data**

<table>
<thead>
<tr>
<th>Year</th>
<th># Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>CY2011</td>
<td>991</td>
</tr>
<tr>
<td>CY2012</td>
<td>414</td>
</tr>
<tr>
<td>CY2013</td>
<td>288</td>
</tr>
<tr>
<td>CY2014-November</td>
<td>257</td>
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</tbody>
</table>

### Sexually Transmitted Diseases in Madison County

**Ages 15-17 diagnosed with chlamydia, gonorrhea, or syphilis**

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>30.9</td>
<td>20.3</td>
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<tr>
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<td>24.3</td>
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</tr>
<tr>
<td>2009</td>
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<td>2007</td>
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</tr>
<tr>
<td>2005</td>
<td>42.0</td>
<td>20.0</td>
</tr>
</tbody>
</table>


### Emphysema

2010 COPD is the 3rd leading cause of death in the United States
2011 12.7 million U.S. adults have COPD
4.7 million U.S. adults have emphysema.

### Heart Conditions in Madison County

**Death from Diseases of the Heart Per 100,000**

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison Total</th>
<th>Madison White</th>
<th>Madison Black</th>
<th>TN Total</th>
<th>TN White</th>
<th>TN Black</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
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<td>160.2</td>
<td>226.7</td>
<td>245.1</td>
<td>183.1</td>
</tr>
<tr>
<td>2012</td>
<td>222.0</td>
<td>263.9</td>
<td>167.2</td>
<td>220.6</td>
<td>241.2</td>
<td>165.2</td>
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<td>2011</td>
<td>240.2</td>
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<td>221.0</td>
<td>239.7</td>
<td>175.3</td>
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<tr>
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<td>176.8</td>
<td>228.3</td>
<td>254.0</td>
<td>181.8</td>
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<td>2009</td>
<td>229.7</td>
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<td>228.0</td>
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<td>185.8</td>
</tr>
<tr>
<td>2008</td>
<td>224.6</td>
<td>245.6</td>
<td>188.0</td>
<td>238.2</td>
<td>250.4</td>
<td>199.9</td>
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<tr>
<td>2007</td>
<td>213.1</td>
<td>223.6</td>
<td>196.3</td>
<td>233.2</td>
<td>244.1</td>
<td>201.0</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.
Heart Conditions continued

Has a doctor, nurse, or other health professional ever told you that you had a heart attack or myocardial infarction? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
<tr>
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<tr>
<td>2011</td>
<td>4.6</td>
<td>5.2</td>
</tr>
</tbody>
</table>

Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
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<tr>
<td>2011</td>
<td>6.3</td>
<td>5.0</td>
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</tbody>
</table>


High Blood Pressure

Deaths from Cerebrovascular Disease per 100,000

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th></th>
<th>TN</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
<td>Black</td>
<td>Total</td>
<td>White</td>
<td>Black</td>
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<tr>
<td>2013</td>
<td>46.6</td>
<td>57.5</td>
<td>32.6</td>
<td>48.1</td>
<td>50.5</td>
<td>45.8</td>
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<tr>
<td>2012</td>
<td>50.7</td>
<td>43.7</td>
<td>65.8</td>
<td>46.3</td>
<td>48.6</td>
<td>42.9</td>
</tr>
<tr>
<td>2011</td>
<td>51.9</td>
<td>58.4</td>
<td>44.7</td>
<td>50.1</td>
<td>52.8</td>
<td>46.2</td>
</tr>
<tr>
<td>2010</td>
<td>53.9</td>
<td>65.3</td>
<td>42.1</td>
<td>50.1</td>
<td>54.3</td>
<td>45.6</td>
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<tr>
<td>2009</td>
<td>60.0</td>
<td>63.7</td>
<td>54.8</td>
<td>50.6</td>
<td>51.9</td>
<td>48.2</td>
</tr>
<tr>
<td>2008</td>
<td>74.9</td>
<td>67.3</td>
<td>92.5</td>
<td>53.6</td>
<td>54.3</td>
<td>54.2</td>
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<tr>
<td>2007</td>
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<td>59.8</td>
<td>62.3</td>
<td>56.3</td>
<td>57.9</td>
<td>52.5</td>
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</tbody>
</table>

Source: Tennessee Department of Health.

Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
<tr>
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<td>38.7</td>
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</tr>
<tr>
<td>2005</td>
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<td>30.2</td>
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</tbody>
</table>

All Cancers

Deaths from Malignant Neoplasms Per 100,000

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th></th>
<th></th>
<th>TN</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
<td>Black</td>
<td>Total</td>
<td>White</td>
<td>Black</td>
</tr>
<tr>
<td>2013</td>
<td>189.4</td>
<td>202.9</td>
<td>179.2</td>
<td>214.5</td>
<td>231.0</td>
<td>176.4</td>
</tr>
<tr>
<td>2012</td>
<td>198.7</td>
<td>210.1</td>
<td>191.9</td>
<td>211.2</td>
<td>226.5</td>
<td>176.3</td>
</tr>
<tr>
<td>2011</td>
<td>175.1</td>
<td>198.7</td>
<td>148.0</td>
<td>210.2</td>
<td>224.6</td>
<td>180.1</td>
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<td>266.2</td>
<td>196.4</td>
<td>212.9</td>
<td>234.6</td>
<td>178.9</td>
</tr>
<tr>
<td>2009</td>
<td>187.0</td>
<td>208.2</td>
<td>152.4</td>
<td>216.2</td>
<td>226.9</td>
<td>183.5</td>
</tr>
<tr>
<td>2008</td>
<td>191.8</td>
<td>200.2</td>
<td>181.8</td>
<td>213.3</td>
<td>225.0</td>
<td>174.6</td>
</tr>
<tr>
<td>2007</td>
<td>182.1</td>
<td>201.5</td>
<td>146.4</td>
<td>215.3</td>
<td>226.1</td>
<td>180.1</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.

Mental Illness

Mental illness affects 1 in 5 families in the United States.
18.6 percent of Americans age 18 and older suffer from a diagnosed mental illness.
1 in 17 live with serious and persistent mental illness.
Mental illness is the leading disability for individuals ages 15-44 in the United States.
13 percent of adults received treatment for a mental illness (includes inpatient, outpatient, medication management).
Major depression disorder-6.9 percent of adults had an episode in 2012.
Bi-polar disorder-2.6 percent of adults-median age is 25.
Schizophrenia-1.1 percent of adults
Panic disorder -2.7 percent of adults -median age 24
Post traumatic stress disorder-3.5 percent of adults-on set at age 23.

Source: National Institute of Mental Health.

Average Number of Mentally Unhealthy Days Reported in Last 30 Days

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td></td>
<td>TN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2014</td>
<td>3.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2013</td>
<td>3.3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2012</td>
<td>3.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>3.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2010</td>
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</tbody>
</table>

Mental Illness continued

Estimated number and percent of people over the age of 18 with serious mental illness in the past year.

<table>
<thead>
<tr>
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<th>Madison</th>
<th></th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percent</td>
<td>Percent</td>
</tr>
<tr>
<td>2010-2012</td>
<td>4,315</td>
<td>5.78</td>
<td>5.18</td>
</tr>
<tr>
<td>2008-2010</td>
<td>1,154</td>
<td>5.78</td>
<td>5.18</td>
</tr>
</tbody>
</table>

Estimated number and percent of people over the age of 18 with any mental illness in the past year.

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percent</td>
<td>Percent</td>
</tr>
<tr>
<td>2010-2012</td>
<td>15,462</td>
<td>20.71</td>
<td>20.56</td>
</tr>
<tr>
<td>2008-2010</td>
<td>4,508</td>
<td>22.59</td>
<td>22.15</td>
</tr>
</tbody>
</table>

Number of behavioral health safety net (BHSN) enrollments and enrollments as a percentage of people over age 18 with a serious mental illness

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th></th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percent</td>
<td>Percent</td>
</tr>
<tr>
<td>Fy2014</td>
<td>615</td>
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<td>13.8</td>
</tr>
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<td>Fy2013</td>
<td>601</td>
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<tr>
<td>Fy2012</td>
<td>596</td>
<td>51.7</td>
<td>12.9</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

Arthritis

<table>
<thead>
<tr>
<th></th>
<th>Tennessee</th>
<th>2011</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults with Arthritis</td>
<td>1,250,000</td>
<td>160,000</td>
<td></td>
</tr>
<tr>
<td>Adults limited by arthritis</td>
<td>594,000</td>
<td>68,000</td>
<td></td>
</tr>
<tr>
<td>Percent with arthritis</td>
<td>26</td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>Percent women/men with arthritis</td>
<td>31/21</td>
<td>27/23</td>
<td></td>
</tr>
<tr>
<td>Percent age 18-44 with arthritis</td>
<td>10</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Percent age 45-64 with arthritis</td>
<td>34</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>Percent age 65 and older with arthritis</td>
<td>50</td>
<td>52</td>
<td></td>
</tr>
<tr>
<td>Percent with arthritis who are inactive</td>
<td>55</td>
<td>33</td>
<td></td>
</tr>
<tr>
<td>Percent arthritis among adults with diabetes</td>
<td>53</td>
<td>49</td>
<td></td>
</tr>
<tr>
<td>Percent arthritis among adults with hypertension</td>
<td>42</td>
<td>42</td>
<td></td>
</tr>
<tr>
<td>Percent arthritis among adults who are obese</td>
<td>37</td>
<td>34</td>
<td></td>
</tr>
</tbody>
</table>

Source: Centers for Disease Control and Prevention.
Arthritis continued
Has a doctor, nurse, or other health professional ever told you that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>29.6</td>
<td>29.8</td>
</tr>
<tr>
<td>2011</td>
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<tr>
<td>2007</td>
<td>24.7</td>
<td>34.0</td>
</tr>
<tr>
<td>2005</td>
<td>27.0</td>
<td>29.7</td>
</tr>
</tbody>
</table>


Obesity
Adults who have a body mass index greater than 25—overweight or obese (percent)

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<thead>
<tr>
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<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>66.8</td>
<td>65.4</td>
</tr>
<tr>
<td>2011</td>
<td>71.6</td>
<td>66.5</td>
</tr>
<tr>
<td>2010</td>
<td>71.9</td>
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<td>65.3</td>
</tr>
<tr>
<td>2005</td>
<td>69.0</td>
<td>62.3</td>
</tr>
</tbody>
</table>

Adults who have a body mass index greater than 30—obese (percent)

<table>
<thead>
<tr>
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<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>36.2</td>
<td>31.1</td>
</tr>
<tr>
<td>2011</td>
<td>37.1</td>
<td>29.2</td>
</tr>
<tr>
<td>2010</td>
<td>33.7</td>
<td>31.7</td>
</tr>
</tbody>
</table>


Percent of Adults who have a body mass index greater than 25—overweight or obese

<table>
<thead>
<tr>
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<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>36</td>
<td>32</td>
</tr>
<tr>
<td>2013</td>
<td>34</td>
<td>32</td>
</tr>
<tr>
<td>2012</td>
<td>34</td>
<td>32</td>
</tr>
<tr>
<td>2011</td>
<td>32</td>
<td>31</td>
</tr>
<tr>
<td>2010</td>
<td>31</td>
<td>31</td>
</tr>
</tbody>
</table>

Asthma

Asthma in Tennessee 6 percent in adults; 9.5 percent in Children-2010

2002-2007 childhood hospitalizations for Asthma Ages 10-17 Madison County

- Inpatient hospitalizations per 100,000: 146
- Emergency Room visits per 100,000: 1,090
- Average inpatient charges per stay: $4,800
- Average Outpatient charge per visit: $710

Adult Asthma in Madison County 2004-06 2008-10
- Inpatient hospitalizations per 100,000: 126 119.4
- Emergency Room visits per 100,000: 725 855

Madison County TennCare Population
Prevalence of asthma 9.6 percent

Source: Tennessee Department of Health.

Have you ever been told by a doctor, nurse, or other health care professional that you had asthma? (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>4.2</td>
<td>11.0</td>
</tr>
<tr>
<td>2011</td>
<td>6.9</td>
<td>10.4</td>
</tr>
<tr>
<td>2010</td>
<td>10.1</td>
<td>9.3</td>
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<tr>
<td>2009</td>
<td>8.9</td>
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<tr>
<td>2008</td>
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<td>2007</td>
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<td>2006</td>
<td>8.3</td>
<td>11.7</td>
</tr>
<tr>
<td>2005</td>
<td>7.8</td>
<td>11.6</td>
</tr>
</tbody>
</table>


Diabetes

Deaths from Diabetes per 100,000

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison Total</th>
<th>Madison White</th>
<th>Madison Black</th>
<th>TN Total</th>
<th>TN White</th>
<th>TN Black</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>23.3</td>
<td>22.0</td>
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<td>56.1</td>
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<td>36.4</td>
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</tbody>
</table>

Source: Tennessee Department of Health.
Diabetes continued

Have you ever been told by a doctor that you have diabetes, not including gestational diabetes? (percent)

<table>
<thead>
<tr>
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<th>TN</th>
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</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>2007</td>
<td>9.1</td>
<td>11.5</td>
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</table>

Have you ever been told that diabetes has affected your eyes or that you have retinopathy? (percent)

<table>
<thead>
<tr>
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<th>TN</th>
</tr>
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</tr>
<tr>
<td>2005</td>
<td>14.7</td>
<td>20.1</td>
</tr>
</tbody>
</table>


Dementia/Alzheimer’s Disease

Deaths from Alzheimer’s per 100,000

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison Total</th>
<th>White</th>
<th>Black</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>44.6</td>
<td>65.9</td>
<td>13.6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>TN Total</th>
<th>White</th>
<th>Black</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>38.9</td>
<td>44.8</td>
<td>19.5</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.

Over 5 million Americans are living with Alzheimer’s Disease-110,000 in Tennessee
Tennessee in 2014 16,000 adults ages 65-74 living with Alzheimer’s
Tennessee in 2014 47,000 adults ages 75-84 living with Alzheimer’s
Tennessee in 2014 41,000 adults ages 85+ living with Alzheimer’s
Alzheimer’s is the 5th leading cause of death in the United States.
138 percent increase in Alzheimer’s deaths since 2000
### Alcohol/Drug Abuse

#### Binge/Excessive Drinking—Percent who report in the past 30 days

<table>
<thead>
<tr>
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<th>TN</th>
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</thead>
<tbody>
<tr>
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</tr>
<tr>
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<td>9</td>
</tr>
<tr>
<td>2010</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>


#### During the past 30 days have you had at least one drink—beer, wine, malt beverage, liquor? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
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<td>2006</td>
<td>27.8</td>
<td>29.5</td>
</tr>
<tr>
<td>2005</td>
<td>37.4</td>
<td>34.7</td>
</tr>
</tbody>
</table>

#### Have you had five or more drinks on one occasion (5 for women; 4 for men)? (percent)

<table>
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<th>TN</th>
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<tbody>
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<td>9.0</td>
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<tr>
<td>2006</td>
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</tr>
<tr>
<td>2005</td>
<td>7.4</td>
<td>8.6</td>
</tr>
</tbody>
</table>


#### Estimated number and percent of people over age 18 with a dependence on illicit drugs or alcohol in the past year

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010-2012</td>
<td>5,906/7.91</td>
<td>8.20</td>
</tr>
<tr>
<td>2008-2010</td>
<td>1,577/7.90</td>
<td>8.04</td>
</tr>
<tr>
<td>2006-2008</td>
<td>1,530/7.85</td>
<td>8.86</td>
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</tbody>
</table>
## Alcohol/Drug Abuse continued

Drug related arrests for adults age 18 and older and arrests as percentage of population older than age 18.

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<thead>
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<th>TN</th>
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</thead>
<tbody>
<tr>
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<td>813/1.09</td>
<td>1.10</td>
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<td>Cy2012</td>
<td>798/1.07</td>
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<tr>
<td>Cy2011</td>
<td>703/3.52</td>
<td>1.00</td>
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Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

## Teen Pregnancy

### Pregnancies Age 10-14 Per 1,000 Females

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<tr>
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<th>TN</th>
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<td></td>
<td>Total</td>
<td>White</td>
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<tr>
<td>2012</td>
<td>1.3</td>
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<td>2.8</td>
<td>0.5</td>
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### Pregnancies Age 10-17 per 1,000 Females

<table>
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<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
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<td>Total</td>
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<td>10.0</td>
</tr>
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<td>2007</td>
<td>16.9</td>
<td>9.1</td>
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### Pregnancies Age 15-17 Per 1,000 Females

<table>
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</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
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<tr>
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<td>2007</td>
<td>41.8</td>
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</table>
Lack of Financial Resources for Healthcare

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? (percent)

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<tr>
<td>2005</td>
<td>16.3</td>
<td>13.3</td>
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Children in Poverty-Percent of children under 18 in poverty

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<th>TN</th>
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<tbody>
<tr>
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<td>2013</td>
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<td>2011</td>
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<td>22</td>
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<tr>
<td>2010</td>
<td>24</td>
<td>23</td>
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Uninsured Adults-Percent Population Under Age 65 without health insurance

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<tr>
<td>2011</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>2010</td>
<td>13</td>
<td>15</td>
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Percent Children Living in Single-Parent households

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<th>TN</th>
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<tbody>
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<tr>
<td>2013</td>
<td>46</td>
<td>35</td>
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<tr>
<td>2012</td>
<td>45</td>
<td>35</td>
</tr>
<tr>
<td>2011</td>
<td>40</td>
<td>34</td>
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</tbody>
</table>


All People in Poverty-Percent

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<th>TN</th>
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</thead>
<tbody>
<tr>
<td>2009-2013</td>
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</table>
Lack of Financial Resources continued

Unemployment

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<td>5.8</td>
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<tr>
<td>Sep-14</td>
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<td>5.9</td>
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<td>Oct-13</td>
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<td>8.1</td>
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Source: Tennessee Department of Labor & Workforce Development

Tobacco Use

Adult Smoking—Percent of Adults that report smoking at least 100 cigarettes

<table>
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<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>2011</td>
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<td>24</td>
</tr>
<tr>
<td>2010</td>
<td>20</td>
<td>25</td>
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</tbody>
</table>


Are you a current smoker?

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</thead>
<tbody>
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<td>24.9</td>
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<tr>
<td>2011</td>
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<td>23.0</td>
</tr>
<tr>
<td>2010</td>
<td>17.4</td>
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<td>22.0</td>
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<tr>
<td>2008</td>
<td>18.1</td>
<td>23.1</td>
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<td>2007</td>
<td>21.4</td>
<td>24.3</td>
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<tr>
<td>2006</td>
<td>17.0</td>
<td>22.6</td>
</tr>
<tr>
<td>2005</td>
<td>26.6</td>
<td>26.7</td>
</tr>
</tbody>
</table>


Injury Prevention

Leading cause of death among children and young adults
Injuries include unintentional and acts of violence
Leads to many hospitalizations and emergency department visits
For age groups 1-14 and 15-24 leading cause of death is motor vehicle accidents
For age groups 25-34, 35-44, and 45-64 leading cause of death is poisoning
For ages 65+ leading cause of death is falls
Males at higher risk for dying and being hospitalized
Caucasians more at risk of death from drug overdose and motor vehicle accidents
African American more at risk of death from a firearm or homicide
Injury Death rate per 100,000 for Madison County 2012 is 57.6 compared to 77.0 for TN
Non-fatal hospitalization rate per 100,000 for Madison County is 573.9 compared to 558.2 for TN
Traumatic Brain Injuries mainly caused by firearms and unintentional falls

Tennessee Department of Health. Traumatic Brain Injury 2012
Deaths from Heart Disease Per 100,000

- Madison
- Tennessee
Deaths from Heart Disease Per 100,000-Caucasian

- Madison
- Tennessee

2009: 241.1
2010: 254.0
2011: 239.7
2012: 241.2
2013: 245.1
Deaths from Heart Disease Per 100,000-African American

- Madison
- Tennessee

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>Tennessee</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>185.8</td>
<td>176.7</td>
</tr>
<tr>
<td>2010</td>
<td>181.8</td>
<td>176.8</td>
</tr>
<tr>
<td>2011</td>
<td>175.9</td>
<td>175.3</td>
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<tr>
<td>2012</td>
<td>167.2</td>
<td>165.2</td>
</tr>
<tr>
<td>2013</td>
<td>183.1</td>
<td>160.2</td>
</tr>
</tbody>
</table>
Deaths from Cerebrovascular Disease Per 100,000-Caucasian
Deaths from Cerebrovascular Disease Per 100,000-African American

- Madison
- Tennessee


Values:
- Madison: 54.8, 45.6, 46.2, 44.7, 42.9, 45.8, 32.6
- Tennessee: 48.2, 42.1, 44.7, 42.9, 45.8
Deaths from Malignant Neoplasms Per 100,000

Year | Madison | Tennessee
---|---|---
2009 | 216.2 | 187.0
2010 | 229.9 | 212.9
2011 | 210.2 | 175.1
2012 | 211.2 | 198.7
2013 | 214.5 | 189.4
Deaths from Malignant Neoplasms Per 100,000-Caucasian
Deaths from Malignant Neoplasms Per 100,000-African American

- Madison
- Tennessee


Values:
- 2009: 183.5
- 2010: 196.4
- 2011: 180.1
- 2012: 191.9
- 2013: 179.2

Values:
- 2009: 152.4
- 2010: 178.9
- 2011: 148.0
- 2012: 176.3
- 2013: 176.4
Deaths from Diabetes Per 100,000-Caucasian

- Madison
- Tennessee

Data points for Madison:
- 2009: 26.8
- 2010: 26.4
- 2011: 26.3
- 2012: 27.4
- 2013: 27.1

Data points for Tennessee:
- 2009: 18.6
- 2010: 13.7
- 2011: 18.4
- 2012: 26.9
- 2013: 22.0
Deaths from Diabetes Per 100,000-African American

Madison
Tennessee
Madison County Community Needs Assessment
Community Resources

The following is a list of community resources for each health issue. The list contains community agencies and public entities that can specifically work with a particular health issue.

**Influenza**
Jackson-Madison County Regional Health Department
Physician Clinics
Jackson-Madison County School System
Community and Senior Citizen Centers
Local Churches

**Sexually Transmitted Diseases**
Jackson-Madison County Regional health Department
Jackson-Madison County School System
Physician Clinics
Afterschool Programs
  - Operation Hope
  - Boys & Girls Club
  - Jackson Family YMCA
  - Local Churches
  - Keep My Hood Good
  - RIFA Roar
  - The Salvation Army
  - City of Jackson

**Emphysema**
American Lung Association
Assisted Living and Nursing Homes
Senior and Community Centers

**Heart Conditions**
American Heart Association
Physician Clinics
Local Churches
Senior and Community Centers
Civic Clubs
American Association of Retired Persons

**High Blood Pressure**
American Heart Association
American Stroke Association
Physician Clinics
Community and Senior Centers
Civic Clubs

All Cancers
American Cancer Society
Physician Clinics
Local Churches
Community and Senior Centers
American Association of Retired Persons

Mental Illness
National Association of Mental Illness (NAMI) Local Chapter
Jackson City Mental Health Court
Aspell Recovery Center (dual diagnosed)
Jackson Police Department
Madison County Sheriff’s Office
Tennessee Department of Human Services Adult Protective Services
Area Relief Ministries
Regional InterFaith Association
Tennessee Homeless Solutions
Salvation Army
Jackson Area Council on Alcoholism and Drug Dependency
Behavioral Health initiatives
Quinco Community Mental Health Centers
Crisis Intervention Team Training
Tennessee Suicide Prevention Network

Arthritis
Arthritis Foundation
Physician Clinics
Union University
American Association of Retired Persons
Civic Clubs

Obesity
American Heart Association
American Diabetes Association
American Stroke Association
Physician Clinics
Civic Clubs
Jackson-Madison County School System
RoadRunners
Solus Foundation
Community and Senior Centers
Jackson Recreation and Parks Department
Madison County Parks Department
Local Health and Fitness Clubs
Afterschool Programs
Local Churches
Local Retirement and Nursing Homes
Local Cycling Clubs

Asthma
Jackson-Madison County School System
Physician Clinics

Diabetes
American Diabetes Association
Physician Clinics
Jackson-Madison County School System
Community and Senior Centers
Local Churches

Dementia/Alzheimer's
Assisted Living and Nursing Homes
Senior and Community Centers
Local Churches
Alzheimer's Association
Physician Clinics

Alcohol and Drug Abuse
Jackson Drug Court
Aspell Recovery Center
Jackson Area Council on Alcoholism and Drug Dependency
Madison County Drug Court
Metro Narcotics Unit
Jackson-Madison County School System
Madison County Juvenile Court Services
Jackson Police Department
Madison County Sheriff's Office
Jackson-Madison County Community Anti-Drug Coalition
Community Corrections
Tennessee Correctional Services
State of Tennessee Probation and Parole

Teen Pregnancy
Jackson-Madison County Regional Health Department
Jackson-Madison County School System
Madison County Juvenile Court Services
Local afterschool programs
BirthChoice
Tennessee Department of Children's Services
Local Churches

Lack of Financial Resources for Healthcare
American Red Cross
Regional InterFaith Association
Area Relief Ministries
Salvation Army
Jackson-Madison County Regional Health Department
Jackson-Madison County School System
Tennessee Department of Human Services
Southwest Human Resource Agency
West Tennessee Legal Services
TennCare
United States and Tennessee Veterans Affairs
Social Security Administration

Tobacco Use
American Cancer Society
Jackson-Madison County School System
Local Colleges and Universities
City and County Government
Physician Clinics
Jackson-Madison County Community Anti-Drug Coalition

Injury Prevention
Tennessee Suicide Prevention Network
Tennessee Highway patrol
Jackson Fire Department
Madison County Fire Department
Physician Clinics
Alcohol and Drug Treatment Centers
American Red Cross
Jackson Police Department
Madison County Sheriff’s Office
The STAR Center
National Center for Injury Prevention
Tennessee Disability Coalition
Jackson-Madison County Regional Health Department
BY-LAWS
MADISON COUNTY HEALTH COUNCIL

ARTICLE I. NAME

The name of this council shall be Madison County Health Council. This body shall be known as the Madison County Health Council (Hereafter referred to as "COUNCIL") and will exist within the geographic boundaries of Madison County, Tennessee. The council shall exist as a non-incorporated not-for-profit voluntary membership community service organization.

ARTICLE II. MISSION

The Madison County Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

ARTICLE III. PURPOSE AND GOALS

The overall mission of the Council is to assist the Department of Health in assessing the present and future health care needs of the Madison County community by:

1. Developing a county health plan, which includes identifying health problems and assisting with need identification;
2. Developing goals, objectives, and action plans;
3. Securing resources to address identified needs;
4. Establishing priorities for all identified health problems.
5. Identifying work teams and committees as deemed appropriate in respect to each health problem.
6. Promoting and supporting the importance of reducing the health problems in the community.

ARTICLE IV. AUTHORITY

1. The Council shall exist solely for the purposes stated herein and shall not be vested with any legal authority ascribed to the Tennessee Department of Health, the State of Tennessee or any of its subdivisions. Recommendations of the Council will not be binding upon the Department of Health and the Council is not granted authority to act on behalf of the Department of Health without specific prior written authorization.

2. Unless legally constituted as a not-for-profit 501(C)3 corporation in the State of Tennessee, the Council shall not have the authority to generate, or otherwise receive funds or property on its behalf. Further, the Council shall not generate or receive any monies or property on behalf of the Tennessee Department of Health.
ARTICLE V. MEMBERSHIP

Section 1. Composition. Membership in the Council shall consist of volunteers who have been identified by council members or who have been recommended by Health Department staff. The Council shall consist of an adequate number of voting members as to be effectively representative of all segments of the community. Leaders in the areas of health care, finance, business, industry, civic organizations, social welfare organizations, advocacy groups, faith based organizations and government may be invited to serve. The Council shall also invite the membership of health care consumer representatives from diverse socioeconomic backgrounds.

Section 2. Number. The council shall consist of no less than 10 members and no more than 40 members. A vacancy shall not prevent the Council from conducting business. Membership will be restricted to residents of Madison County or individuals who are employed in Madison County. The Council shall consist of an adequate number of voting members so as to be effectively representative of all segments of the community.

Section 3. Appointment and Removal. Future members and/or members to fill vacancies of the Council shall be appointed by the Council. The Council shall have the right to remove Council members for good cause shown after notice and a hearing before Council as a whole. A two-thirds (2/3) majority is required for removal. Automatic removal results when a member misses 3 consecutive meetings without notifying the health educator.

Section 5. Resignation of Membership. Any member may resign by filing a written resignation with the Chair or county based agent of the Department of Health.

Section 6. Records of Membership. Jackson-Madison County Regional Health Department staff shall keep a list or record of all members which shall be evidence of membership for any purpose.

ARTICLE VI. CONFLICT OF INTEREST

Any member of the Health Council having a direct or indirect interest, beyond being a Council member, in any issue before the Health Council or any of its committees, shall disclose the interest and shall refrain from voting on the issue and shall not be counted in determining the quorum for voting on the issue. In any matter where a conflict of interest is disclosed, the names and voting preference of members shall be recorded. Discussion from any member of the Health Council having a direct or indirect interest shall be permitted.
ARTICLE VII. COMMITTEES

The Council may establish such standing or special committees as deemed appropriate for the conduct of its business. Committee membership will be assigned by the Chair and may consist of both council members and other concerned individuals who are not members of the council. The council may also invite the membership of healthcare consumer representatives from diverse socioeconomic backgrounds.

ARTICLE VIII. OFFICERS

Section 1. Officers: The officers of the Council shall consist of the Chair, and Vice-Chair, and Secretary.

Section 2. Chair: The Chair will be elected by majority vote of the Council from nominees among its members. The Chair will preside over all meetings of the Council and will set the agenda for each meeting.

Section 3. Vice-Chair: The Vice-Chair will be elected by majority vote of the Council from nominees among its members. The Vice-Chair will preside in the absence of the Chair and assume duties assigned by the Chair. The vice-Chair will automatically assume the office of Chair at the end of the current Chair’s tenure, leaving the Vice-Chair office vacant and to be filled as outlined in the By-Laws.

Section 4. Secretary: The secretary will be selected by majority vote of the Council for nominees among its members. The secretary will record the business conducted at meetings of the council in the form of minutes, and will perform such duties assigned by the Council.

Section 5. Term of Office: Appointment composition will be evaluated annually to assure organizational capacity. All members will serve 1 year. Members may be appointed for a maximum of 2 years.

Section 6. Removal: Any officer may be removed from the office by a two-thirds majority vote of members present at any regular or special meeting of the council.

Section 7. Vacancies: Any vacancy caused by the resignation, removal, or death of an office will be filled by action of the council for the unexpired term of the office.

ARTICLE IX. MEETINGS

Section 1: Regular Meetings. The Council will conduct regularly scheduled meetings, no less than 6 times per year. Meetings are to be held at a time and place specified by the council Chair. Written notice of the time and place and information
about the actions on the agenda of each meeting shall be sent by West Tennessee Regional staff at least 10 days in advance of the meeting.

Section 2. Special Meetings. The Council Chair may call a special meeting as deemed appropriate.

Section 3. Quorum. A quorum shall consist of a simple majority of voting members present at the council meeting.

Section 4. Voting. All issues before the Council shall be decided by majority vote of those members entitled to vote and present in person at the meeting. Each member shall be entitled to one (1) vote.

Section 5. Public Character of Meetings (SUNSHINE NOTICES). All council meetings will be open to the public and will be held in a public location which is available to all community residents who might seek health care services. All meetings will be appropriately announced for public notice.


ARTICLE XI. APPROVAL AND AMENDMENTS

These Bylaws will become effective upon approval by a majority vote of the membership of the Council. Thereafter, these Bylaws may be amended or repealed at any regular or special meeting called for the purpose by a majority vote of the voting members present, provided that the proposal additions, deletions or changes have been submitted in writing to all Council members not less than thirty days prior to the meeting at which formal action on such amendments are sought.

ARTICLE XII. ADOPTION

These by-laws, together with any appended rules and regulations, if adopted at any regular meeting of the Council shall replace any previous bylaws, rules and regulations and shall become effective when approved by the council.

ADOPTED BY THE MADISON COUNTY HEALTH COUNCIL

This is __________ Day of __________, 2015.

__________________________________________  __________________________
Chair  Date

__________________________________________  __________________________
Vice-Chair  Date
The Madison County Health Council met on November 3rd at JMC RHD with the following members present:

- Amanda Johnson: JMC RHD
- Chelsea Brandon: JMC RHD
- Rachel Thomas: JMC RHD
- Sarah Yarbrough: JMC RHD
- Juanita Jones: KMHG
- Renee Hoyos: TNCWN
- Laruen Williams: JMC RHD
- Peggy Donaldson: Tennova Healthcare
- Ryan Porter: Jackson Camber
- Tony White: Madison County
- Janice Brown: JMC RHD
- Carolyn Lawhorn: Parish Nurse
- Amy Elizer: UT Extension
- Kaley Humphrey: ACS
- Annette Wilson: JMCSS
- Shanna Shearon: JMC RHD
- Carrie Mann: WTLS
- Teresa Cook: WTLS
- Hilda Little: CADC of JMC
- Lindsey Carr: CADC of JMC
- Melissa Walls: WTH-Lift
- Jan Williams: WTH-Lift
- Tracie Kemp: WTLS
- Jocelyn Rose: WTH
- Tammy Hardee: WTH
- Rochelle Harris: Health, Hope, Healing
- Kim Tedford: JMC RHD
- Rodger Jowers: TCCY
- Wendi Johnson: FHS
- Tiffany Boyett: JMC RHD
- Sabrina Anderson: Boys & Girls Club

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:39am with welcome and introductions (see above).

Minutes from the October meeting were voted on and accepted.

**TDH Reports**

- STD (Janice Brown): Getting the Linkage to Care Information Packs together for the community.
- TennCare Kids (Rachel Thomas): Sponsoring a Happy 1st Birthday Celebration to celebrate their 1st year milestone. It will be taking place at the JMC RHD and open to children 10-18 months welcome please call to register 731-927-8546 or 731-927-8534.
- Child Death Review PPI (Shanna): Reported on the project Safe Sleep PPI that they just had at Royal Arm’s Apt. Contact with 130 children and 23 mothers were made. They fed and had education materials on safe sleep, immunization, secondhand smoke, and KidsCentral. Partnered with the Child Fatality Review Committee and others in community for this project.
A TAD Free Youth/Keep My Hood Good (Juanita Jones)

- InterCity Youth M-R (3-6) @TR White still doing programming with the children there. TAD Free is at East Elementary been there going on 3 weeks teaching in the ISS class on every Friday. They will be signing the tobacco free agreements 11/6/15.

Community Anti-Drug Coalition (Hilda Little/ Lindsey Carr)

- Beer board selling to minors, 25 different business to come before the board for selling

Healthier TN Communities (Amy Elizer/Chelsea Brandon)

- The Healthier TN Communities application process is being discussed on a city/county effort. Jackson-Madison County and the City of Jackson have both applied for the grant as different application. What we are wanting is for Jackson-Madison County to be seen as a whole instead of two separate entities for this process. The JMCRHD Director, Kim Tedford, spoke up to inform the group that most regions were being applied for through the health councils or Department of Health. Chelsea then stated that she would contact Vicki to see how we can work together to apply as one.

ACEs Trainings

- ACE trainings that was held on 9/4/15 had a total 76 people in attendance
- The 10/23/15 training had 172 participants
- We will offer another ACEs training on Feb. 13th at JMCGH, we will also offer an E-Cigarette Update Workshop as well that day.

Community Health Needs Assessment:

- The council voted to develop a Madison County Community Health Assessment Fact Sheet like the sample that was provided at the meeting.
- Discussion took place on adding Adverse Childhood Experience to our Health Council Priorities.

Agency Announcements:

- TNCWN (Renee)
  - Ribbon cutting today at 3-4 at the Farmers Market
  - Film festival 6-8 pm

- UT Extension (Amy)
  - Zero Weight Challenge coming up; please help promote this program it is one that works. If you want to know more please email Amy. This program can be an individual or a group effort..
➢ BGC (Sabrina)
  o Glow Run- Thursday November 5th register at 6 pm and Run starts at 7 pm(funds go to the BGC at Liberty)

➢ TCCY (Rodger)
  o Dec 4th(Martin)Stress Workshop- Lisa Smart is the keynote speaker 8:15-11:30 need to register for event on Eventbrite
  o Dec 11th Annual Book Camp from 9-12 at the Lowell Thomas State Building in Jackson

➢ JMCSS (Annette)
  o Family Night at the Lift 11/5/15 5-7 pm fun, games, and education, hope to do these in the fall and spring
  o Diabetes Forum “Maneuvering the Hallways with Diabetes” Nov 10th 6-7 at the Health Department, for children and parents dealing with diabetes in the JMCSS

➢ Health, Hope, Healing (Rochelle)
  o Nov 16-Diabetes Cooking
  o Dec 7th-Depression
  o Please come and support these people in the work that they are doing in educating the public about different health topics. Rochelle asked the some people from the health council come to support

➢ WTH Lift (Melissa)
  o Kick the Habit every Thursday Night
  o Free Diabetes Workshop at Lift 10-3 Nov 10th

➢ Happy Frist Birthday Party November 7, 2015 10A-1PM
➢ World AIDS Day at Lane College December 1, 2015 5PM-8PM
➢ Dec 19th Basketball tournament from 10-1 pm at Oman Arena

Meeting was adjourned at 12:45 pm.

Next meeting will be Tuesday, January 5, 2016 at 11:30AM at the JMCRHHD.
Good Afternoon All,
Attached you will find a copy of our Madison County Health Council November minutes. Just a reminder that we will not meet in December. The next meeting will be January 5th @ 11:30. I want to wish everyone a Happy Thanksgiving and as always thank you for all that you do to make Jackson-Madison County a healthier community.

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Thanks,
Chelsea Brandon, BS
CHDC
Jackson Madison County
Regional Health Department
804 North Parkway
Jackson, TN 38305
Phone:731.927.8534,
Cell:731.616.8199
Fax: 731.927.8600
Email:cbrandon@jmchd.com
The Madison County Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community. The overall focus of the Council is to assist the Department of Health in assessing the present and future health care needs of the Madison County community by:

1. Developing a county health plan, which includes identifying health problems and assisting with need identification.
2. Developing goals, objectives, and action plans;
3. Securing resources to address identified needs;
4. Establishing priorities for all identified health problems.
5. Identifying work teams and committees as deemed appropriate in respect to each health problem.
6. Promoting and supporting the importance of reducing the health problems in the community.

Mission: To enhance the quality of life in Madison County, TN through assessment of needs, planning and prioritizing, and coordinating of efforts to meet those needs.

Vision: To attain measurable and sustainable improvement of health for all community members. We envision a diverse, active and competent Health Council that serves as a catalyst and resource for improving quality of life in Madison County.
Adverse Childhood Experience in Tennessee

The Madison County Health Council sponsored an ACEs workshop on September 4th; which demonstrated the link between Adverse Childhood Experiences (ACES) and the risk of developing health and social problems in adulthood. This workshop presented information on ACE data specific to Tennessee, the impacts of ACES, and what organizations and individuals can do to build resilience in our community. There were 76 participants and we received responses from 55 participants (72%) response rate, which confirmed overall positive experience. A copy of the survey results is available upon request. There will be another Madison County Health Council sponsored training on February 12, 2016 (tentative); Adverse Childhood Experiences and Electronic Cigarettes will be the health issues focused on.

Meeting Dates:
Every 2nd Tuesday @ 11:30am
Jackson-Madison County Regional Health Department

Madison County Community Fitness Calendar

Lane College 5K walk/run
Thursday, October 15, 2015
9:00 a.m.
J.F. Lane Gymnasium - Lane College

Augustine School Race Day
Saturday, October 17
Augustine School, 1171 Old Humboldt Rd.
Certified 5K and Extreme Obstacle Course
http://racedayataugustine.info

Making Strides Against Breast Cancer
Saturday, October 24, 2015
Registration is 9am - Walk is 10am
Jackson Generals Park
FREE event
http://main.acsevents.org/site/TR/MakingStridesAgainstBreastCancer/MS ABCCY15MS?pg=entry&fr_id=70111

Rockabilly Riot Urban Challenge
4-mile obstacle course
Saturday, October 31, 2015
Register by 8 am
Waves begin at 9 am Downtown Jackson
https://rockabillyriot.racesonline.com

Leadership Jackson Impact Glow Run 5K
Thursday, November 5, 2015
Liberty Park on Channing Way
http://racesonline.com/events/leadership-jackson-impact-glow-run-5k

November
Star Center’s Veterans 5K/10K Race
Saturday, November 7, 2015
8 am
Jackson Walk Plaza
Registrations from $20 if paid by 10/23/15
http://racesonline.com/events/star-center-s-veterans-5k-10k

race/participants
Donut Run 5K – benefitting Make-A-Wish Mid-South
Saturday, November 7, 2015
Union University Bell Tower
Registration 8 am – Run at 9 am

Jingle Bell Run/Walk
Saturday, November 14, 2015
Jackson Generals Park
Registration is 8am - Race is 9am
Registration fee of $30 pre-reg or $35 day of
www.jbr.org/jackson

Turkey Day 5K—Golds Gym for RIFA
Thursday, November 26, 2015
Registration $25
Race Day registration 6:30 to 7:45 am - Race at 8 am
http://racesonline.com/events/10th-annual-turkey-day-5k-jackson
The Madison County Health Council met on 10/6/15 at JMCRHD with the following members present:

- Amanda Johnson, JMCCHD
- Tarsha Hubbard, Ameri group
- Syrena Flowers, Healthier TN
- Amy Elizer, UT Extension
- Jocelyn Rose, WTHC
- Kris Moore, BHC-M
- Norrie Bryant, JMCHD
- Tiffany Boyett, JMCHD
- Rodger Jowers, TCCY
- Juanita Jones, KMHG
- Kathie Corthen, CCR&R
- Melissa Walls, WTH
- Jan Williams, WTH
- Sabrina Anderson, BGC
- Rachel Thomas, TennCare Kids
- Lois Manley, TennCare Kids
- Megan Payton, TennCare Kids
- Sarah Yarbrough, TennCare Kids

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:35 am with welcome and introductions (see above)

Minutes from August and September meetings were voted on and accepted.

Updates:

- **Tobacco Settlement:** Getting Secondhand and Third hand smoke information out to public, billboards are also running through the county.
- **Chronic Disease:** Diabetes and Chronic Disease classes will be starting up again, will be making contacts to get more partners to let us teach classes in other places.
- **Primary Prevention Initiatives:** ACE'S training went well looking at having another training in February (34 persons that were on waiting list that didn’t get to attend) Roger compiled the data and gave that out the results. **White Out Day** was September 18th. Chelsea gave out the numbers for White Out Day in West TN.
- **A TAD Free/ Keep My Hood Good:** Juanita spoke with the school board in August
  - JCM-
  - Liberty-
  - Middle school are really wanting these programs in their schools.
- **Healthier Tennessee:** This program launched in March or this year in 3 counties. Wanting this regional and state wide.
- **MCHC Structure Regroup:** We are going to restructure the council, Amy Elizer will be the new Co chair(voted on by group)

Agency Announcement:
Happy First Birthday Party - November 7th at the Health Department
More vendors needed to set up.
At Lift- Smoking Classes start up in November (be held quarterly)
  Diabetes Awareness Month- November 10th (keynote speaker at this event)
Needs to be more of a push with education on E-Cigs and the second and third hand smoke information out there also.
ACE'S Training/ E-Cig - 2/12/16 (This would be an all-day training that will touch on different subjects)
can have training here at the health department or J Walker Barns at the hospital. Talked about having food trucks for lunch
Grand Opening( Safe House) 10/21/15 AT 10:00 AM
Wrap Conference 10/23/15
Summit in Nashville November 12th

Next Meeting: November 3rd at 11:30 am at Health Department
Madison County Health Council
November 3, 2015
Agenda

Welcome and Introductions
Chelsea Brandon

Minutes of the last meeting:
October

TDH Program Updates
JMCRHD Staff

✓ Tobacco Settlement
✓ Chronic Disease
  - Ready Connect Eat App
✓ Primary Health Improvement Plan
✓ TennCare Kids

A TAD Free/ Keep My Hood Good Update
Juanita Jones

Healthier Tennessee
Chelsea/Amy Elizer

E-Cig/ ACEs Training February 12th 2016 (tentative date)

MCHC Social Media Pages

Agency Announcements

Adjourn

Next Meeting: TBA
Will you be naughty or nice this holiday season?

Avoid weight gain!

Join the Zero Weight Gain Challenge

Weekly encouragement to maintain your weight for six weeks spanning Thanksgiving to New Years.


How it works: During the challenge, you'll receive weekly emailed encouragement and tips. You don't reveal your weight - just whether you maintained your weight (or gained or lost).

Register by emailing Amy Elizer - aelizer@utk.edu - Scan for email address
You are invited to the
Happy 1st Birthday Clubhouse
Celebration:
Your Child's Health Matters

Birthday party is open to children 10 months to 15 months of age.
Please present this at the registration table for entrance.

Saturday, November 7, 2015
10:00A - 1:00P
804 North Parkway

A day of Food, Fun, Education, Awareness and PRIZES!!

Please RSVP to (731) 927-8546 or
(731) 927-8534
Tobacco Cessation Program
“Kick the Habit”

A 4 week course that provides motivation, education, and support to help reach the goal of tobacco cessation.

♦ Each week features different aspects of Tobacco Cessation.
♦ A Registered Nurse leads the program and also includes Dietitian, Exercise Specialist, Pharmacist, & Voya Rep to discuss savings potential.
♦ Support group setting

Next Set of 4 Classes: November 5, 12, 19 and 23, 2015
- **Time:** 5:30-6:30 p.m.
- **Location:** Lift Wellness Center Education Center
- **Register:** call 731-425-6956 or email Mandy.Griggs@wth.org or Pam. Forsythe@wth.org

$50 fee waived for WTH Employees and Family
**Diabetes Education Classes**
4-Part Series every Tuesday from 1-3 p.m.
*Week 1: Introduction to Diabetes* and how it affects the body led by a Registered Nurse
*Week 2: Nutrition and Healthy Eating* led by a Clinical Registered Dietitian
*Week 3: Effects of Exercise and Medications with Diabetes* led by a Certified Exercise Specialist and Pharmacist
*Week 4: Diabetes Complications* how Diabetes can affect the whole body led by a Registered Nurse.
Call 425-6956 to register.
*(New classes begin the first Tuesday of each month)*

**Diabetes Education Clinics**
*(Open every Wednesday from 8-4:30)*
Schedule an appointment for a free educational clinic to learn more about Diabetes and how to take control. The clinic offers a variety of staff that can help you with all concerns you may have. The staff includes a Dietitian, Pharmacist, Social Worker and Registered Nurses specializing in Diabetes Education. This clinic is by appointment only and you may call 425-6956 to schedule. We also offer a telephonic coaching program for those unable to attend the clinic or for those who live out of town. Working with your Doctor or Healthcare Provider is key to this educational clinic.

**New Diabetes Evening Classes**
*First two Tuesdays of each month from 5:30-8:30 p.m.*

**Outpatient Nutrition Consults**
Licensed Dietitian available for patients who need one-on-one nutritional counseling.
*Call 425-6964*
Hourly rates may apply to this service

**Disease Management**
*For the services listed above call 425-6956*
FREE
DIABETES WELLNESS SEMINAR
Tuesday, November 10, 2015
10:00 AM-3:00 PM
LIFT Wellness Center
101 Jackson Walk Plaza
Jackson, TN 38301
This seminar is for all diabetics, including pre-diabetics, who need encouragement in managing, controlling, or delaying diabetes. This will be a day full of education and advice to provide the diabetic with KNOWLEDGE and POWER to CONTROL the health of those with diabetes.

SPEAKERS:
Registered Nurses
Certified Diabetes Educator
Pharmacist
Eye Doctor
Wound Care Specialist
Exercise Specialist

FREE Neuropathy testing will be available!

A lunch will be provided for $5.00 per person.
Questions or to RSVP please call
731-425-6956
Sponsored by: LIFT Disease Management WELLNESS CENTER
Maneuvering the Hallways with Diabetes

A diabetes forum for parents with children living with this chronic condition.

Tuesday, November 10, 2015
6:00PM-7:00PM

Jackson-Madison County Regional Health Department
804 North Parkway, Jackson, TN

Registration begins at 5:00PM, snacks will be available until 6:00 PM.

For more information: Amanda Johnson, Health Educator 731-423-3020 ext 62143

Sponsored By:
Jackson-Madison County Regional Health Department
And
Jackson- Madison County School System / Coordinated School Health
Ensuring that environments are conducive to healthy eating and active living can help reduce the risk of obesity and in turn reduce the risk of obesity-related diseases such as diabetes and hypertension. For those with chronic diseases, a healthy lifestyle means management - staying in control and adherent - to reduce the risk of complications.

** Shelby County Quick Facts from Community Health Assessment **

**Nearly 7 out of 10 residents are overweight or obese.**

- The death rate among persons with diabetes is 29 per 100,000 for Shelby County - higher than TN and US.
- There are 20 Grocery Stores per 100,000 people vs 73 Fast Food restaurants per 100,000 people.

**Top 2**

- Obesity and Diabetes ranked as the two most important community health issues.

**83%**

- Felt that physical inactivity was a community concern.

**85%**

- Felt that poor nutrition was a community concern.

**73%**

- Of residents have inadequate fruit and vegetable consumption.

**Local Public Health System Factors**

- Strengths in informing, educating, and empowering the community about health issues.
- Strengths in diagnosing, investigating, and evaluating.
- Lack of coordinated action.

**Forces of Change**

- Obesity declared a disease by AMA.
- Emphasis on local food and food access.
- Aging population -> increase in diabetes rates.
- Having "sugar" is seen as a norm in South.
- Ads and marketing of unhealthy foods.
Family Night

November 5th
5 to 7 pm
LIFT Wellness Center

Healthy Habits = Higher Scores

Fitness Activities
Literacy: Show What You Know!
Good Nutrition

For students & their parents/guardians
All students must be accompanied by an adult

101 Jackson Walk Plaza
Jackson, TN • 731.427.7048
Madison County Health Council
October 6, 2015
Agenda

Welcome and Introductions
Chelsea Brandon

Minutes of the last meeting:
August & September

TDH Program Updates
JMCRHD Staff
- Tobacco Settlement
- Chronic Disease
- Primary Prevention Initiatives
  - ACEs Training Evaluation
  - "White Out" Day

A TAD Free/ Keep My Hood Good Update
Juanita Jones

Healthier Tennessee
Syrena Flowers

MCHC Structure Regroup
Chelsea Brandon

Agency Announcements

Adjourn

Next Meeting: November 3rd @ 11:30A
ABOUT FRESH SAVINGS

The Fre$h Savings program, encourages SNAP recipients to purchase more fresh fruits and vegetables with their SNAP benefits through a variety of incentives.

Fre$h Savings is a new program of AARP Foundation and is made possible by a $3.3 million grant from USDA to implement and evaluate a $6.6 million SNAP Incentive program with Kroger Stores and farmers markets in Tennessee and Mississippi. United Healthcare Community and State has provided $1 million in matching funds in support of the program.

The program – which includes an extensive research and evaluation component - holds the potential to be replicable in communities across the nation and is a very exciting endeavor for AARP Foundation.

WHERE & WHEN WILL FRESH SAVINGS BE OFFERED?

Fre$h Savings will roll out Tennessee and Mississippi starting in mid September 2015.

At participating Kroger Stores, it will be available year round – including many stores in the greater Memphis area. (Store locations and launch dates will be made available very soon.)

At participating farmers markets, it will be available seasonally - including four markets in Memphis, listed below. (Launch dates will be made available very soon.)

- MIFA/Church Health Center Farmers Market at 1115 Union Ave. Tuesdays 10am-2pm through October
- Overton Park Farmers Market at 389 E. Parkway N. Thursdays 2pm-6pm through October
- Memphis Farmers Market at the corner of Front St. & W GE Patterson Ave. Saturdays 7am-1pm through October
- Cooper-Young Community Farmers Market at 1000 Cooper St. Saturdays 8am-1pm through November

WHAT CAN I DO TO HELP?

SPREAD THE WORD. If you or someone you know could benefit from this program, please learn more and spread the word. Brochures will be available and widely distributed starting in September.

VOLUNTEER. We are looking for friendly, caring people to help implement Fre$h Savings in stores and markets. Volunteers are asked to help at least two shifts per month. To learn more about volunteering, contact Maria Parham in Memphis. mparham@aarp.org

For more information, visit us online at www.aarpfoundation.org/freshsavings
(Website will be up and running in early September.)
Suicide Prevention Awareness Month / "White Out" Day Campaign

The Jackson-Madison County Regional Health Department, West TN Regional Health Department and Tennessee Suicide Prevention Network took a stand against the silence and stigma surrounding suicide across West Tennessee. On September 18, we partnered to sponsor a West TN wide "White Out" Day for Suicide Prevention Awareness. In conjunction with wearing white, purple, or turquoise/teal for awareness; we also provided Suicide Prevention Ribbons, magazine and billboard ads which raised awareness & served as a reminder that suicide is an issue we need to talk about. We reach every county in West TN & the Jackson-Madison County Regions. We gave out awareness t-shirts, ran 3 digital billboard ads, and 2 ads in the Hey Ya'll magazine that reached all West TN counties. WBBJ news also ran a segment in recognition of "White Out" Day. Below is a breakdown of the number of people reached through the various outlets.

"White Out" Social Media (#endsuicide2015): 8,759
"White Out" Awareness T-shirts handed out: 1,050
Suicide Awareness Ribbons handed out: 500
Hey Ya'll Magazine: 22,000
WBBJ (8/17): 27,000
WBBJ (9/17): 144,000

Digital Billboards: 1,148,036

```
<table>
<thead>
<tr>
<th>Location</th>
<th>Impressions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1957 F.E. WRIGHT DRIVE</td>
<td>14,598</td>
</tr>
<tr>
<td>3141 HWY 45 BYPASS</td>
<td>73,363</td>
</tr>
<tr>
<td>720 SOUTH HIGHLAND S/F</td>
<td>37,312</td>
</tr>
<tr>
<td>1996 NORTH HIGHLAND AVE N/F</td>
<td>105,631</td>
</tr>
<tr>
<td>548 AIRWAYS BLVD</td>
<td>37,635</td>
</tr>
<tr>
<td>1044 Old Hickory</td>
<td>18,470</td>
</tr>
</tbody>
</table>
```

"White Out" Day & Suicide Prevention Month Total # reached: 1,351,300
Q1 How would you rate the length of Ms. Lucinski's presentation?

- Too short: 1.2%
- Short: 6.9%
- Just right: 93.9%
- Long: 5.4%
- Too long: 1.2%

Total Respondents: 85

Q2 How would you rate the pace of the presentation by Ms. Lucinski?

- Too fast: 0.0%
- Fast: 18.9%
- Just right: 87.2%
- Slow: 3.6%
- Too slow: 0.0%

Total Respondents: 85
Q3 How would you rate the overall presentation by Ms. Lucinski?

Answer Choices
- 5 - Very Worthwhile
- 4 - Worthwhile
- 3 - OK
- 2 - Disappointing
- 1 - Not Worthwhile

Total Respondents: 15

Q4 How would you rate Ms. Lucinski's skill as a presenter?

Answer Choices
- 5 - Excellent
- 4 - Good
- 3 - OK
- 2 - Needs work
- 1 - Poor

Total Respondents: 22
### Q5 How would you rate how well Ms. Lucinski prepared for the presentation?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent preparation</td>
<td>63.05%</td>
</tr>
<tr>
<td>4 - Good preparation</td>
<td>23.09%</td>
</tr>
<tr>
<td>3 - OK preparation</td>
<td>1.02%</td>
</tr>
<tr>
<td>2 - Poor preparation</td>
<td>0.00%</td>
</tr>
<tr>
<td>1 - Very poor preparation</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

**Total Respondents: 55**

### Q6 How would you rate the manner that Ms. Lucinski responded to questions?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Very effective and helpful</td>
<td>60.00%</td>
</tr>
<tr>
<td>4 - Effective and helpful</td>
<td>34.00%</td>
</tr>
<tr>
<td>3 - OK</td>
<td>2.00%</td>
</tr>
<tr>
<td>2 - Not especially effective or helpful</td>
<td>1.00%</td>
</tr>
<tr>
<td>1 - Very poor response to questions</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

**Total Respondents: 55**
Q7 How would you rate the audiovisuals used by Ms. Lucinski during the presentation?

Answered: 55  Skipped: 3

5 - Excellent
4 - Good
3 - OK
2 - Poor
1 - Very Poor

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>55.33%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>34.55%</td>
</tr>
<tr>
<td>3 - OK</td>
<td>5.00%</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>1.82%</td>
</tr>
<tr>
<td>1 - Very Poor</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 55

Q8 Considering today's workshop... Did the content address your needs and interests?

Answered: 54  Skipped: 1

5 - YES
4 - Yes
3 - Maybe
2 - No
1 - NO

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - YES</td>
<td>50.00%</td>
</tr>
<tr>
<td>4 - Yes</td>
<td>42.59%</td>
</tr>
<tr>
<td>3 - Maybe</td>
<td>5.56%</td>
</tr>
<tr>
<td>2 - No</td>
<td>1.85%</td>
</tr>
<tr>
<td>1 - NO</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 54
Adverse Childhood Experiences in Tennessee

Q9 Considering today's workshop... Did it meet your expectations for the workshop?
Answered: 54 Skipped: 1

Answer Choices
- 5 - YES!
- 4 - Yes
- 3 - Maybe
- 2 - No
- 1 - NO!

Responses
- 48.30%
- 38.15%
- 1.93%
- 3.72%
- 0.00%

Total Respondents: 54

Adverse Childhood Experiences in Tennessee

Q10 Considering today's workshop... Did you learn something new and useful?
Answered: 54 Skipped: 1

Answer Choices
- 5 - YES!
- 4 - Yes
- 3 - Maybe
- 2 - No
- 1 - NO!

Responses
- 51.85%
- 41.34%
- 7.41%
- 0.00%
- 0.00%

Total Respondents: 54
### Adverse Childhood Experiences in Tennessee

#### Q11 Considering today's workshop... Was the workshop beneficial to you?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - NOI</td>
<td>0%</td>
</tr>
<tr>
<td>2 - No</td>
<td>1%</td>
</tr>
<tr>
<td>3 - Maybe</td>
<td>5%</td>
</tr>
<tr>
<td>4 - Yes</td>
<td>35.13%</td>
</tr>
<tr>
<td>5 - YES</td>
<td>51.85%</td>
</tr>
</tbody>
</table>

Total Respondents: 54

#### Q12 Would you recommend the "Adverse Childhood Experiences in Tennessee" workshop to others?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - NOI</td>
<td>0%</td>
</tr>
<tr>
<td>2 - No</td>
<td>1%</td>
</tr>
<tr>
<td>3 - Maybe</td>
<td>5%</td>
</tr>
<tr>
<td>4 - Yes</td>
<td>37.04%</td>
</tr>
<tr>
<td>5 - YES</td>
<td>57.61%</td>
</tr>
</tbody>
</table>

Total Respondents: 54
Q13 Would you like to attend additional training events about Adverse Childhood Experiences?

Answered: 54  Skipped: 1

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - YES</td>
<td>89.09%</td>
</tr>
<tr>
<td>4 - Yes</td>
<td>29.53%</td>
</tr>
<tr>
<td>3 - Maybe</td>
<td>18.57%</td>
</tr>
<tr>
<td>2 - No</td>
<td>1.93%</td>
</tr>
<tr>
<td>1 - N/A</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 54

Q14 Would you like to attend additional training events about the effects of trauma on children?

Answered: 53  Skipped: 2

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - YES</td>
<td>49.06%</td>
</tr>
<tr>
<td>4 - Yes</td>
<td>43.49%</td>
</tr>
<tr>
<td>3 - Maybe</td>
<td>7.55%</td>
</tr>
<tr>
<td>2 - No</td>
<td>0.00%</td>
</tr>
<tr>
<td>1 - N/A</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 53
Q15 Would you like to attend additional training events about early childhood brain development?

Answered: 53  Skipped: 2

- Yes 41.23%
- Maybe 15.89%
- No 9.43%
- No 0.00%

Response: 22

Total Respondents: 53

Q16 Please give us your ideas for training topics or other events related to Adverse Childhood Experiences:

Answered: 14  Skipped: 37
Q17 Please give us your ideas for training topics or other events about the effects of trauma on children:
Answered: 14  Skipped: 41

Q18 Please give us your ideas for training topics or other events about early childhood brain development:
Answered: 14  Skipped: 41
### Q19 How would you rate the overall event today?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>20</td>
</tr>
<tr>
<td>4 - Good</td>
<td>12</td>
</tr>
<tr>
<td>3 - OK</td>
<td>0</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>0</td>
</tr>
<tr>
<td>1 - Very poor</td>
<td>0</td>
</tr>
</tbody>
</table>

Total Respondents: 56

### Q20 How would you rate the organization and preparation for the event?

<table>
<thead>
<tr>
<th>Answer Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>20</td>
</tr>
<tr>
<td>4 - Good</td>
<td>12</td>
</tr>
<tr>
<td>3 - OK</td>
<td>0</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>0</td>
</tr>
<tr>
<td>1 - Very poor</td>
<td>0</td>
</tr>
</tbody>
</table>

Total Respondents: 56
Q21 How would you rate the online registration for today's event?

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>69.33%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>21.48%</td>
</tr>
<tr>
<td>3 - OK</td>
<td>4.00%</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>8.00%</td>
</tr>
<tr>
<td>1 - Very poor</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 64

Q22 How would you rate the announcements and promotion of today's event?

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>59.26%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>37.14%</td>
</tr>
<tr>
<td>3 - OK</td>
<td>3.75%</td>
</tr>
<tr>
<td>2 - poor</td>
<td>0.15%</td>
</tr>
<tr>
<td>1 - Very poor</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Respondents: 64
### Q23 How would you rate the facilities and location of today's event?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Answers</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>36</td>
<td>66.67%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>10</td>
<td>18.52%</td>
</tr>
<tr>
<td>3 - OK</td>
<td>2</td>
<td>3.70%</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>1</td>
<td>1.85%</td>
</tr>
<tr>
<td>1 - Very poor</td>
<td>0</td>
<td>0.00%</td>
</tr>
</tbody>
</table>

Total Responses: 54

---

### Q24 Do you have any other comments or suggestions about today's event?

Answered: 17  Skipped: 38
Q25 Would you like to receive a certificate of attendance for today's workshop?
Answered: 63  Skipped: 2

Yes

No

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>32.43%</td>
</tr>
<tr>
<td>No</td>
<td>7.89%</td>
</tr>
</tbody>
</table>

Total Respondents: 63

Q26 If yes, what is your name and email address
Answered: 50  Skipped: 5

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
<td>100.00%</td>
</tr>
<tr>
<td>Email:</td>
<td>100.00%</td>
</tr>
</tbody>
</table>

50
Q16 Please give us your ideas for training topics or other events related to Adverse Childhood Experiences:

Responses:

1. Note: The training was great!
2. Adoption of children with ACEs. Children in DCS with ACEs.
3. Children that are now adults after childhood adversity.
4. Incorporating ACEs into the treatment model currently used by providers that are providing family therapy for children and families for working towards reunification.
5. Trainings designed to provide practical tips and tools like WABs for families once the ACE has been identified.
6. NA
7. It would be interesting to see the effects based on the age of the trauma, whether or not was prolonged or not, etc. Not sure this has been studied or not.
8. NA
9. Signs & symptoms of sexual abuse
10. Go more in depth. How can other agencies help clients with ACEs become more productive?
11. Programs that work
12. Heartless, distant, inability to adulate. I would love an all-day workshop.
13. This is a new topic for me so any information is welcome.
14. I would love to see a presentation on the prevalence of trauma with those who die by suicide.
15. How to heal from high ACE scores. Treatments, tools, etc.
16. It would be really great to learn how to work with people who have experienced high ACEs when they are teenagers or in adulthood. Trauma strategies, effective tools to use, etc.
17. I would like to do a seminar on how to talk to our kids about the effects of childhood adversity on adulthood.
18. Instead of a comprehensive overview, you could focus on an area of ACEs. Such as just focusing on sexual abuse and how it affects children, how we respond, resources, etc.

Q17 Please give us your ideas for training topics or other events about the effects of trauma on children:

Responses:

2. Note: The training was great!
3. Adoptive children with ACEs and the signs to look for.
4. Resources to help build resilience for traumatized children when they become adults.
5. Trauma for one child or family member changes the entire family dynamics. Treatment for children must include the caregiver's assessment for creating a stable family.
6. Teenage boys and girls would benefit from this population to provide information and education to staff and others to better equip these parents.
7. NA
8. A new way to provide the training to all staff, including other school staff in the state.
9. NA
10. Signs & symptoms of physical abuse
11. As we learned in the presentation, in every age development stage early. We often don't get those people until adulthood. How can we help reduce changes at that point?
12. Prevention sadness
13. Sexually abused boys and the effects of sexual abuse on children, especially boys.
14. I would like to know how we as direct care professionals can assist with the kids we see daily.

1/1
## Q24 Do you have any other comments or suggestions about today's event?

<table>
<thead>
<tr>
<th>#</th>
<th>Responses</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Correction: On the site cited P.D.T. or S.P.E.C.T scans... they are not described like an E.E.G. as described by the presenters. They measure glucose metabolism levels cerebral or temporo-parietal. Most of the slides to the handouts were too small to read.</td>
<td>9/7/2015 8:29 AM</td>
</tr>
<tr>
<td>2</td>
<td>None</td>
<td>9/8/2015 12:10 AM</td>
</tr>
<tr>
<td>3</td>
<td>None</td>
<td>9/8/2015 6:27 AM</td>
</tr>
<tr>
<td>4</td>
<td>Continuous training to stick to new information that may be unto-able for social workers and case managers for children.</td>
<td>9/8/2015 8:28 AM</td>
</tr>
<tr>
<td>5</td>
<td>No</td>
<td>9/8/2015 11:53 AM</td>
</tr>
<tr>
<td>6</td>
<td>None</td>
<td>9/8/2015 10:43 AM</td>
</tr>
<tr>
<td>7</td>
<td>NA</td>
<td>9/8/2015 12:01 AM</td>
</tr>
<tr>
<td>8</td>
<td>Would not mind a lunch training, participants could pay for their lunch in advance.</td>
<td>9/8/2015 18:01 AM</td>
</tr>
<tr>
<td>9</td>
<td>None</td>
<td>9/8/2015 9:53 AM</td>
</tr>
<tr>
<td>10</td>
<td>None</td>
<td>9/8/2015 8:43 AM</td>
</tr>
<tr>
<td>11</td>
<td>More very good for pediactrics in the field of early child development.</td>
<td>9/8/2015 8:10 AM</td>
</tr>
<tr>
<td>12</td>
<td>Continuous training very important topic. Helpful to know how parents can see and the long term associations. pregnant mothers should be educated about use and community should support efforts to minimize</td>
<td>9/8/2015 11:38 AM</td>
</tr>
<tr>
<td>13</td>
<td>I appreciate the opportunity to speak tonight. I am very encouraged that the Dep't. of Health is putting time and resources into tackling problems on this topic. I think it would be interesting to have members of the General Assembly talk about their own ACEs score.</td>
<td>9/7/2015 11:07 AM</td>
</tr>
<tr>
<td>14</td>
<td>Perhaps this is the way to be, but too much of it was talking, etc. during the presentation.</td>
<td>9/8/2015 11:07 PM</td>
</tr>
<tr>
<td>15</td>
<td>None</td>
<td>9/8/2015 10:24 AM</td>
</tr>
<tr>
<td>16</td>
<td>None</td>
<td>9/4/2015 6:02 PM</td>
</tr>
<tr>
<td>17</td>
<td>The information was excellent. It was obvious that there was much research and preparation for this presentation. It's such a timely topic. It really got and gave them the information it would be nice to have the broad overview but also have future topics that were more specific to certain issues of ACEs. I felt with a feeling of what to do with the information it inspired. I guess that's up to me, but some more practical steps would have been really helpful. Overall very great presentation.</td>
<td>9/4/2015 6:12 PM</td>
</tr>
</tbody>
</table>
The Madison County Health Council met on August 4th at JMCRRHD with the following members present:

Carrie Mann  WTLS
Chelsea Brandon  JMCRRHD
Norrie Bryant  JMCRRHD
Emily Muse  WTH
Miki Martin  WTH
Tammy Hardee  WTWC
Melissa Walls  WTH
Megan Parker  CADC
Jocelyn Ross  WTH
Roger Jowers  TCCY
Juanita Jones  KMHG
Kathie Cothern  CCR&R

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:33 am with welcome and introductions (see above)

Minutes from June meeting were voted on and accepted.

TDH Program Updates (Tobacco Settlement, Chronic Disease, ACEs Update)
- ACE training will be Sept 4th from 1-4, flyers will go out as soon as very thing is confirmed. Roger will take care of registration.
- If you need Farmer’s Market Materials contact Health Dept.
- “White Out” Day for Suicide Prevention Month will be September 18th.

New Business
Committees within the Health Council: Membership and Business (we asked who would like to head these committees) Tammy Hardee will have topic approval and Tiffany Boyett will have membership.

We also discussed newsletters and when they should come out. The newsletter will be Quarterly, everything will be sent into Chelsea Brandon for approval.

Fitness Calendar
Nothing really at this time.

General Announcements
- Oct 3rd-International Food and Arts Festival at the fairgrounds from 10-4. There will be 50 different cultures there.
- August 20th is the next West TN Consortium and Community Planning Group Meeting here are the health dept at 11 am.
- Suicide Prevention Walk in Lexington on August 8th
- White Out Day for Suicide Prevention Awareness Sept. 18th
- Dec 5th Downtown Jackson will have Pop Up Shops
Madison County Health Council
September 1\textsuperscript{st}, 2015
Minutes

The Madison County Health Council met on September 1\textsuperscript{st} at JMCRHD with the following members present:

Roger Jowers \hspace{1cm} TCCY \hspace{1cm} Juanita Jones \hspace{1cm} KMHG
Chelsea Brandon \hspace{1cm} JMCRHD \hspace{1cm} Kathie Cothern \hspace{1cm} CCR&R
Tarsha Hubbard \hspace{1cm} Amerigroup

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:40 am with welcome and introductions (see above)

TDH Program Updates (Tobacco Settlement, Chronic Disease, ACEs Update)
\begin{itemize}
  \item ACE training will be Sept 4\textsuperscript{th} from 1-4, flyers will go out as soon as very thing is confirmed. Roger will take care of registration.
  \item “White Out” Day for Suicide Prevention Month will be September 18\textsuperscript{th}.
\end{itemize}

This month’s meeting was short due to the MCH ACEs training being held on Sept 4\textsuperscript{th}.

General Announcements
\begin{itemize}
  \item Oct 3\textsuperscript{rd}, International Food and Arts Festival at the fairgrounds from 10-4. There will be 50 different cultures there.
  \item White Out Day for Suicide Prevention Awareness Sept. 18\textsuperscript{th}
  \item Dec 5\textsuperscript{th}, Downtown Jackson will have Pop Up Shops
  \item The Lift is still having different classes (Kick the Habit, Diabetes/Heart, Diabetes Support Classes)
\end{itemize}
Madison County Health Council
August 4, 2015
Agenda

Welcome and Introductions
Chelsea Brandon

Minutes of the last meeting:

TDH Program Updates
JMCRHD Staff
   Tobacco Settlement
   Chronic Disease
   ACEs Update

Fitness Calendar
Rochelle Harris

New Business
   A TAD Free/ Keep My Hood Good
   Tennessee Safety Net
   Committees
   Newsletters

Agency Announcements

Adjourn

Next Meeting: September 1st 2015 @ 11:30A
Madison County Health Council
July 7, 2015
Minutes

The Madison County Health Council met on July 7th at JMCRHD with the following members present:

<table>
<thead>
<tr>
<th>Name</th>
<th>Agency</th>
<th>Name</th>
<th>Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amanda Johnson</td>
<td>JMCRHD</td>
<td>Teresa Crouse</td>
<td>JMCSS</td>
</tr>
<tr>
<td>Teresa Cook</td>
<td>WTLS</td>
<td>Melissa Walls</td>
<td>WTH</td>
</tr>
<tr>
<td>Chelsea Brandon</td>
<td>JMCRHD</td>
<td>Megan Parker</td>
<td>CADC</td>
</tr>
<tr>
<td>Norrie Bryant</td>
<td>JMCRHD</td>
<td>Jocelyn Ross</td>
<td>WTH</td>
</tr>
<tr>
<td>Taylore Batchlor</td>
<td>Intern</td>
<td>Roger Jowers</td>
<td>TCCY</td>
</tr>
<tr>
<td>Tiffany Boyett</td>
<td>JMCRHD</td>
<td>Juanita Jones</td>
<td>KMHG</td>
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<td>Sabrina Anderson</td>
<td>BGCJMC</td>
<td>Tammy Hardee</td>
<td>WTWC</td>
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<tr>
<td>Kathie Cothern</td>
<td>CCR&amp;R</td>
<td>Rochelle Harris</td>
<td>Maranatha</td>
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<tr>
<td>Susan Johnson</td>
<td>JMCSS</td>
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</tr>
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</table>

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:33 am with welcome and introductions (see above).

Minutes from June meeting were voted on and accepted.

TDH Program Updates (Tobacco Settlement, Chronic Disease, ACEs Update)

- We have formed teen youth health council, they went to a camp where they learned how to talk about different subjects with their peers (they will start meeting in August) Megan Parker said something about a partnership with the Anti-Drug Coalition.
- Lane College is now smoke free campus as of July 1st. The signs are going up around campus, we are passing out pamphlets,quite kits and other materials.
- Chronic disease classes last time we didn’t have a big turnout. We will look at the times classes are offered, If any places that would like these different classes please let the health dept. know.
- ACE training will be Sept 4th from 1-4, flyers will go out as soon as very thing is confirmed. Roger will take care of registration.
- If you need Farmer’s Market Materials contact Health Dept.
- Immunizations Carnival will be on July 8th at 9-7 here at the Health Dept, we will be handing out school supplies when they get shots, Please bring shot recorders with you.
- Suicide Prevention Training to be held at Health Dept on July 23rd from 9-11 with keynote speaker Pat Taylor

Agency Announcement

- JMCSS (Susan Johnson and Teresa Crouse)
  - They are working on the fresh fruits and veggies program. They will be using the smarter lunchroom materials this year while also using the teens teaching tots program long with partnering with Health Dept to teach lessons.
Is your DIABETES puzzling you?

LET US HELP YOU...
put the pieces together!

DIABETES Support Group
Hosted by LIFT Disease Management Diabetes Clinic

WHO: Individuals with Type 1 or Type 2 Diabetes along with caregivers are welcome and encouraged to attend!

WHEN: First Thursday of Each Month

TIME: 6:00 – 7:00 pm

LOCATION: LIFT Wellness Center
101 Jackson Walk Plaza
Jackson, TN 38301
LIFT Wellness Center Educational Suite

QUESTIONS TO:
Daniel Carroll, RN • Diabetes Education

FOR MORE INFORMATION and to make a reservation, call 1.731.425.6956
“Parents are the ultimate role models for children. Every word, movement and action has an effect. No other person or outside force has a greater influence on a child than the parent.”
Bob Keeshan

ADVERSE CHILDHOOD EXPERIENCES in Tennessee

Friday, September 4th
1:00PM - 400PM
Jackson-Madison County Regional Health Department

Stressful childhood experiences, such as abuse and neglect, impact adult health later on. Come learn about the ACE Study, which demonstrates the link between Adverse Childhood Experiences (ACEs) and the risk of developing health and social problems in adulthood. This workshop will present information on ACE data specific to Tennessee, the impacts of ACEs, and what organizations and individuals can do to build resilience in their communities.

Presented by Loraine Lucinski,
Administrator of Early Childhood Initiatives,
TN Dept. Of Health
Good Afternoon All,

The Madison County Health Council's ACEs Training is set for September 4th from 1:00PM-4:00PM; the registration web site is now open through Eventbrite. You can register by going to mchc-aces.eventbrite.com.

--

Thanks,

Chelsea Brandon, BS
CHDC
Jackson Madison County
Regional Health Department
804 North Parkway
Jackson, TN 38305
Phone: 731.927.8534,
Cell: 731.616.8199
Fax: 731.927.8600
Email: cbrandon@jmchd.com
SPIN-A-THON

FUNDRAISER

Pedal to raise money for the West Tennessee Foundation Employee Fund to help employees in need! Funds raised go to assist families who have experienced a death in the family, fire, cancer and other overwhelming events.

Virtual Tour
AROUND THE WORLD

Friday • August 28th • 2015

8 pm to 11 pm
LIFT Wellness Center
101 Jackson Walk
Jackson, TN

7 pm • Check-in & Registration pick-up starts

Teams of 6

$60 per team
REGISTRATION ONLY 16 BIKES TO FILL QUICK!

PRIZES for costumes & most money raised

REGISTER
Please register by Friday, July 31st to receive a t-shirt.
Call Tiffany Forbis to register or for any questions:
731.425.6849

731.427.7048
www.liftjackson.com
Child Health Week 2015

Child's Cooking Class
5:30 to 6:30 pm
Sign up is required, call 731.425.6964
Deadline for sign up is Sept. 24th, 5pm.

Child Health Week Festival
5:00 to 7:00 pm
Games, Giveaways & Educational Booths

Farming at Lift!
5:30 to 6:00 pm
Falcon Ridge Farms will show what farming is all about
Sign up is required, call 731.425.6964
Deadline for sign up is Sept. 24th, 5pm.

Kids Climb
4:00 to 8:00 pm
Come climb on the Rock Wall (must weigh 25lbs. +)
Sign up is required, call 731.427.7048

 moms or Guardian must be present with child at all events.
ARE YOU READY 4 THE CHALLENGE?

2015 Rockabilly Riot
URBAN CHALLENGE

OCT • 31 • 2015

4 MILES * CRAWL • JUMP • CLimb • TReK
& RUN • DOWNTOWN JACKSON

#12 ★ ★ OBSTACLES

FIRST WAVE STARTS AT: 9 AM
you must check in 1 hour prior to your wave time

PROCEEDS BENEFIT THE FAMILY OF LOCAL FIRST RESPONDER CHRIS BLANKENSHIP

REGISTER ONLINE: WWW.ROCKABILLY RIOT.RACESONLINE.COM

★ ★ ★ CHECK US OUT: facebook.com/rockabillyriotuc ★ ★ ★

★ ★ ★ COSTUMES ARE WELCOMED & ENCOURAGED!

WELLNESS CENTER
101 Jackson Walk Plaza • Jackson, TN
731.427.7048 • www.liftjackson.com
"Parents are the ultimate role models for children. Every word, movement and action has an effect. No other person or outside force has a greater influence on a child than the parent.”
Bob Keeshan

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Presented by Loraine Lucinski,
Administrator of Early Childhood Initiatives,
TN Dept. Of Health
Madison County Health Council
July 7, 2015
Agenda

Welcome and Introductions
Chelsea Brandon

Minutes of the last meeting:

TDH Program Updates
   Tobacco Settlement
   Chronic Disease
   ACEs Update
JMCRHD Staff

Fitness Calendar
Rochelle Harris

New Business
   Committees
   Newsletters

Agency Announcements

Adjourn

Next Meeting: August 4th 2015 @ 11:30A
The Madison County Health Council met on June 2nd at JMCRHD with the following members present:

Jocelyn Ross  WTH  Amanda Johnson  JMCRHD
Chelsea Brandon  JMCRHD  Rachel Thomas  JMCRHD
Tiffany Boyett  JMCRHD  Miki Martin  The Lift
Annette Wilson  JMCSS  Carrie Mann  WTLS
Sabrina Anderson  BGCJMC  Rodger Jowers  TCCY
Teresa Cook  WTLS  Norrie Bryant  JMCRHD
Susan Johnson  JMCSS  Rochelle Harris  Maranatha

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:36am with welcome and introductions (see above).

Minutes from the March meeting were voted on and accepted.

TDH Reports (Chelsea Brandon)
- Tobacco Settlement Grant Update: Lane College Smoke Free Campus kick-off will begin July 1, 2015. Signs and cessation packets were provided by the JMCRHD.
- Chronic Disease Grant: Classes for Living Well with Diabetes and the Living Well with Chronic Disease are being held at the JMCRHD June 9th and offered out in the community as requested.
- Marketing Campaigns: 2 Immunization Awareness, 2 Farmer’s Market and 4 anti-tobacco billboards
- ACEs training will be a ½ day tentative 1P-4P

TENNderCare/Tenncare Kids (Rachel Thomas/Tiffany Boyett)
- Provided a brief update about their program
- This year they have made 18,000 contacts and the JMCRHD program ranks 2nd in the State of TN, 1st among the Metro Health Departments.

Fitness Calendar:
- Looking at possibly getting one developed for our community and run it in the Jackson Sun and WBBJ
- Rochelle Harris will work on gathering events for the fitness calendar for the months ahead

JumpStart Jackson- (Annette Wilson)
- Looking at possible project for funding Annette and Vickie are looking into this matter, if anyone has ideas contact Annette. Healthy West and Shape the State grants are some of the ones being considered.
Coordinated School Health/School Nurse Program (Annette Wilson)
- JMCSS has 13 FT school nurses with 3 contracts
- 79 students returned to classroom after visit
- 34 students have Type I and 17 students have Type II Diabetes
- A copy of the CHS report with the rest of the information was provided

Faith-Based Initiatives (Rochelle Harris)
- Suggested to provide life-style changes and training for faith based community
  was Miki would check in with this topic with possible Lift aid.

Agency Announcements:
- Running 101 Class – The Lift
- June 4th Boys & Girls Club Fundraiser $125/ticket
- June 11th – West TN HIV/AIDS Consortium Meeting @ WTLS 5:30PM
- July 8th - JMCRHD Immunization Fair 9A-7P
- July 10th – City/County Ballpark Game Night
- ACEs – Sept 4th

Meeting was adjourned at 12:00 pm

Next meeting will be Tuesday, July 7, 2015 at 11:30AM at the JMCRHD.
Living Well with Chronic Conditions
Learning to be a Self-Manager of Your Health Condition

SESSION OUTLINE

Week 1:
- Introduction to Workshop
- Group Introductions
- The Mind-Body Connection/Distraction
- Getting a Good Night's Sleep
- Introduction to Action Plans

Week 2:
- Feedback/Problem-Solving
- Dealing with Difficult Emotions
- Introduction to Physical Activity and Exercise
- Preventing Falls and Improving Balance
- Making an Action Plan

Week 3:
- Feedback
- Making Decisions
- Pain and Fatigue Management
- Endurance Exercise
- Relaxation: Body Scan
- Making an Action Plan

Week 4:
- Feedback
- Better Breathing
- Healthy Eating
- Communication Skills
- Problem-Solving
- Making an Action Plan

Week 5:
- Feedback
- Making Healthy Food Choices
- Medication Usage
- Making Informed Treatment Decisions
- Depression Management
- Positive Thinking
- Making an Action Plan

Week 6:
- Feedback/Problem-Solving
- Working with Your Health Care Professional and the Health Care System
- Weight Management
- Looking Back and Planning for the Future

Insert Leader Contact Information

Tennessee Department of Health • University of Tennessee Extension
Bienvenido Bebé

Baby Shower Hípico
804 N. Perkins, Jackson, TN 38305

Invitado: 

Invitado

Saludo: 28 de Julio, 2015
10:00 am - 1:00 pm

Por favor registra con anticipación un bebé, en la escena de una casa de bebé.

Sedes: 804 N. Perkins, Jackson, TN 38305

(731) 423-3020

Acreditaciones: limitadas
Madison County Health Council  
May 5, 2015  
Minutes

The Madison County Health Council met on May 5th at JMCRRHD with the following members present:

Vicki Lake  
Chelsea Brandon  
Tiffany Boyett  
Annette Wilson  
Sabrina Anderson  
Jocelyn Ross  
Tammy Hardee  
Rochelle Harris

WTH  
JMCRRHD  
JMCRRHD  
JMCSS  
BGCJMC  
WTH  
WTWC  
Maranatha

Amanda Johnson  
Rachel Thomas  
Melissa Walls  
Megan Parker  
Rodger Jowers  
Norrie Bryant  
Miki Martin  
JMCRRHD  
The Lift  
CADC  
TCCY  
The Lift

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 11:35am with welcome and introductions (see above).

Minutes from the March meeting were voted on and accepted.

TDH Reports (Chelsea Brandon)
- Tobacco Settlement Grant Update: Lane College Smoke Free Campus kick-off July 1, 2015. St. Mary’s Manor & Wesley Housing will start providing tobacco cessation programs to their residents.
- Chronic Disease Grant: Classes for Living Well with Diabetes and the Living Well with Chronic Disease are being held at the JMCRRHD and offered out in the community. Ready-Connect-Eat App was introduced to the group. The soft launch is currently being held the full kickoff available late summer.
- Marketing Campaigns: 2 Immunization Awareness, 2 Farmer’s Market and 4 anti-tobacco billboards

Community Health Needs Assessment: (Vicki Lake)
- Copies of the Madison County Needs Assessment 2015 Update of the 2012 Plan were distributed to the new members in attendance.
- Discussion took place on adding childhood cancer to our health priorities. Cancer, Obesity, Cardiovascular Health, Diabetes, and Tobacco are the priorities in discussion.

Fitness Calendar:
- A copy of the Commercial Appeal’s Fitness Calendar for the community was given out.
- Looking at possibly getting one developed for our community and run it in the Jackson Sun and WBBJ
- Rochelle Harris will work on gathering events for the fitness calendar.
- Faith-Based Initiatives: Office of Minority Health granted two recipients from the JMC area Bethlehem Missionary Baptist Church and Hope and Faith Church. The health focuses for these two churches are violence prevention and obesity.

Bylaws/Conflicts of Interest (Chelsea Brandon)
- Copies were passed out and the members that were present

Agency Announcements:
- Kick the Habit 4 week tobacco cessation will start up again in May on Thursdays from 5:30-6:30. Cost $50
- May 18th Stroke Awareness
- May 21st Senior Women Conference: 50+yrs @ Union
- May 28th Cooking Demos
- May 30th Ballpark Game Night

Meeting was adjourned at 12:15 pm

Next meeting will be Tuesday, June 2, 2015 at 11:30AM at the JMC RHD.
Madison County
Community Health Needs Assessment

2015 Update of 2012 Plan

Updated Data
Community Resources
2012 Community Needs
Implementation Strategies
Influenza in Madison County
Sentinel Provider Influenza-Like Illness Surveillance Data

<table>
<thead>
<tr>
<th>Year</th>
<th># Patients</th>
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<tbody>
<tr>
<td>CY2011</td>
<td>991</td>
</tr>
<tr>
<td>CY2012</td>
<td>414</td>
</tr>
<tr>
<td>CY2013</td>
<td>288</td>
</tr>
<tr>
<td>CY2014-November</td>
<td>257</td>
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Sexually Transmitted Diseases in Madison County
Ages 15-17 diagnosed with chlamydia, gonorrhea, or syphilis

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
<tr>
<td>2012</td>
<td>30.9</td>
<td>20.3</td>
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<tr>
<td>2010</td>
<td>24.3</td>
<td>18.9</td>
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<tr>
<td>2009</td>
<td>33.9</td>
<td>21.2</td>
</tr>
<tr>
<td>2008</td>
<td>46.4</td>
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</tr>
<tr>
<td>2007</td>
<td>43.2</td>
<td>22.5</td>
</tr>
<tr>
<td>2006</td>
<td>42.7</td>
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<tr>
<td>2005</td>
<td>42.0</td>
<td>20.0</td>
</tr>
</tbody>
</table>


Emphysema

2010 COPD is the 3rd leading cause of death in the United States
2011 12.7 million U.S. adults have COPD
4.7 million U.S. adults have emphysema.

Heart Conditions in Madison County

Death from Diseases of the Heart Per 100,000

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>White</th>
<th>Black</th>
<th>Total</th>
<th>White</th>
<th>Black</th>
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<tbody>
<tr>
<td>2013</td>
<td>211.7</td>
<td>251.9</td>
<td>160.2</td>
<td>226.7</td>
<td>245.1</td>
<td>183.1</td>
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<tr>
<td>2012</td>
<td>222.0</td>
<td>263.9</td>
<td>167.2</td>
<td>220.6</td>
<td>241.2</td>
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<tr>
<td>2011</td>
<td>240.2</td>
<td>288.8</td>
<td>175.9</td>
<td>221.0</td>
<td>239.7</td>
<td>175.3</td>
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<td>2007</td>
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<td>196.3</td>
<td>233.2</td>
<td>244.1</td>
<td>201.0</td>
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</tbody>
</table>

Source: Tennessee Department of Health.
Heart Conditions continued

Has a doctor, nurse, or other health professional ever told you that you had a heart attack or myocardial infarction? (percent)

<table>
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<tr>
<td>2011</td>
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<td>5.2</td>
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</tbody>
</table>

Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease? (percent)

<table>
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<tr>
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<th>TN</th>
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<tbody>
<tr>
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<tr>
<td>2011</td>
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</tbody>
</table>


High Blood Pressure

Deaths from Cerebrovascular Disease per 100,000

<table>
<thead>
<tr>
<th></th>
<th>Madison Total</th>
<th>White</th>
<th>Black</th>
<th>TN Total</th>
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<td>57.5</td>
<td>32.6</td>
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<td>45.8</td>
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<td>65.8</td>
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<tr>
<td>2011</td>
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<td>58.4</td>
<td>44.7</td>
<td>50.1</td>
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<td>2007</td>
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<td>56.3</td>
<td>57.9</td>
<td>52.5</td>
</tr>
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</table>

Source: Tennessee Department of Health.

Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
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<td>2011</td>
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<tr>
<td>2010</td>
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<tr>
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<tr>
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<td>34.9</td>
<td>33.8</td>
</tr>
<tr>
<td>2005</td>
<td>27.4</td>
<td>30.2</td>
</tr>
</tbody>
</table>

All Cancers

Deaths from Malignant Neoplasms Per 100,000

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>Black</td>
</tr>
<tr>
<td>2013</td>
<td>189.4</td>
<td>179.2</td>
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<tr>
<td>2012</td>
<td>198.7</td>
<td>191.9</td>
</tr>
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<td>181.8</td>
</tr>
<tr>
<td>2007</td>
<td>182.1</td>
<td>146.4</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.

Mental Illness

Mental illness affects 1 in 5 families in the United States. 18.6 percent of Americans age 18 and older suffer from a diagnosed mental illness. 1 in 17 live with serious and persistent mental illness. Mental illness is the leading disability for individuals ages 15-44 in the United States. 13 percent of adults received treatment for a mental illness (includes inpatient, outpatient, medication management). Major depression disorder-6.9 percent of adults had an episode in 2012. Bi-polar disorder-2.6 percent of adults-median age is 25. Schizophrenia-1.1 percent of adults Panic disorder -2.7 percent of adults-median age 24 Post traumatic stress disorder-3.5 percent of adults-on set at age 23.

Source: National Institute of Mental Health.

Average Number of Mentally Unhealthy Days Reported in Last 30 Days

<table>
<thead>
<tr>
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<th>Madison</th>
<th>TN</th>
</tr>
</thead>
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<td>2012</td>
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<td>3.4</td>
</tr>
<tr>
<td>2011</td>
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<td>3.4</td>
</tr>
<tr>
<td>2010</td>
<td>2.8</td>
<td>3.3</td>
</tr>
</tbody>
</table>

Mental Illness continued

Estimated number and percent of people over the age of 18 with serious mental illness in the past year.

<table>
<thead>
<tr>
<th></th>
<th>Madison Number</th>
<th>Madison Percent</th>
<th>TN Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010-2012</td>
<td>4,315</td>
<td>5.78</td>
<td>5.18</td>
</tr>
<tr>
<td>2008-2010</td>
<td>1,154</td>
<td>5.78</td>
<td>5.18</td>
</tr>
</tbody>
</table>

Estimated number and percent of people over the age of 18 with any mental illness in the past year.

<table>
<thead>
<tr>
<th></th>
<th>Madison Number</th>
<th>Madison Percent</th>
<th>TN Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010-2012</td>
<td>15,462</td>
<td>20.71</td>
<td>20.56</td>
</tr>
<tr>
<td>2008-2010</td>
<td>4,508</td>
<td>22.59</td>
<td>22.15</td>
</tr>
</tbody>
</table>

Number of behavioral health safety net (BHSN) enrollments and enrollments as a percentage of people over age 18 with a serious mental illness

<table>
<thead>
<tr>
<th></th>
<th>Madison Number</th>
<th>Madison Percent</th>
<th>TN Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>615</td>
<td>14.3</td>
<td>13.8</td>
</tr>
<tr>
<td>2013</td>
<td>601</td>
<td>52.1</td>
<td>13.6</td>
</tr>
<tr>
<td>Fy2012</td>
<td>596</td>
<td>51.7</td>
<td>12.9</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

Arthritis

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults with Arthritis</td>
<td>1,250,000</td>
<td>160,000</td>
</tr>
<tr>
<td>Adults limited by arthritis</td>
<td>594,000</td>
<td>68,000</td>
</tr>
<tr>
<td>Percent with arthritis</td>
<td>26</td>
<td>25</td>
</tr>
<tr>
<td>Percent women/men with arthritis</td>
<td>31/21</td>
<td>27/23</td>
</tr>
<tr>
<td>Percent age 18-44 with arthritis</td>
<td>10</td>
<td>8</td>
</tr>
<tr>
<td>Percent age 45-64 with arthritis</td>
<td>34</td>
<td>32</td>
</tr>
<tr>
<td>Percent age 65 and older with arthritis</td>
<td>50</td>
<td>52</td>
</tr>
<tr>
<td>Percent with arthritis who are inactive</td>
<td>55</td>
<td>33</td>
</tr>
<tr>
<td>Percent arthritis among adults with diabetes</td>
<td>53</td>
<td>49</td>
</tr>
<tr>
<td>Percent arthritis among adults with hypertension</td>
<td>42</td>
<td>42</td>
</tr>
<tr>
<td>Percent arthritis among adults who are obese</td>
<td>37</td>
<td>34</td>
</tr>
</tbody>
</table>

Source: Centers for Disease Control and Prevention.
Arthritis continued

Has a doctor, nurse, or other health professional ever told you that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>29.6</td>
<td>29.8</td>
</tr>
<tr>
<td>2011</td>
<td>27.1</td>
<td>25.9</td>
</tr>
<tr>
<td>2009</td>
<td>26.2</td>
<td>25.9</td>
</tr>
<tr>
<td>2007</td>
<td>24.7</td>
<td>34.0</td>
</tr>
<tr>
<td>2005</td>
<td>27.0</td>
<td>29.7</td>
</tr>
</tbody>
</table>


Obesity

Adults who have a body mass index greater than 25-overweight or obese (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>66.8</td>
<td>65.4</td>
</tr>
<tr>
<td>2011</td>
<td>71.6</td>
<td>66.5</td>
</tr>
<tr>
<td>2010</td>
<td>71.9</td>
<td>67.8</td>
</tr>
<tr>
<td>2009</td>
<td>72.1</td>
<td>69.0</td>
</tr>
<tr>
<td>2008</td>
<td>70.4</td>
<td>68.0</td>
</tr>
<tr>
<td>2007</td>
<td>67.3</td>
<td>67.4</td>
</tr>
<tr>
<td>2006</td>
<td>64.8</td>
<td>65.3</td>
</tr>
<tr>
<td>2005</td>
<td>69.0</td>
<td>62.3</td>
</tr>
</tbody>
</table>

Adults who have a body mass index greater than 30-obese (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>36.2</td>
<td>31.1</td>
</tr>
<tr>
<td>2011</td>
<td>37.1</td>
<td>29.2</td>
</tr>
<tr>
<td>2010</td>
<td>33.7</td>
<td>31.7</td>
</tr>
</tbody>
</table>


Percent of Adults who have a body mass index greater than 25-overweight or obese

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>36</td>
<td>32</td>
</tr>
<tr>
<td>2013</td>
<td>34</td>
<td>32</td>
</tr>
<tr>
<td>2012</td>
<td>34</td>
<td>32</td>
</tr>
<tr>
<td>2011</td>
<td>32</td>
<td>31</td>
</tr>
<tr>
<td>2010</td>
<td>31</td>
<td>31</td>
</tr>
</tbody>
</table>

Asthma

Asthma in Tennessee 6 percent in adults; 9.5 percent in Children-2010

2002-2007 childhood hospitalizations for Asthma Ages 10-17 Madison County

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient hospitalizations per 100,000</td>
<td>146</td>
<td></td>
</tr>
<tr>
<td>Emergency Room visits per 100,000</td>
<td>1,090</td>
<td></td>
</tr>
<tr>
<td>Average Inpatient charges per stay</td>
<td>$4,800</td>
<td></td>
</tr>
<tr>
<td>Average Outpatient charge per visit</td>
<td>$710</td>
<td></td>
</tr>
</tbody>
</table>

Adult Asthma in Madison County

<table>
<thead>
<tr>
<th></th>
<th>2004-06</th>
<th>2008-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient hospitalizations per 100,000</td>
<td>126</td>
<td>119.4</td>
</tr>
<tr>
<td>Emergency Room visits per 100,000</td>
<td>725</td>
<td>855</td>
</tr>
</tbody>
</table>

Madison County TennCare Population
Prevalence of asthma 9.6 percent

Source: Tennessee Department of Health.

Have you ever been told by a doctor, nurse, or other health care professional that you had asthma? (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>4.2</td>
<td>11.0</td>
</tr>
<tr>
<td>2011</td>
<td>6.9</td>
<td>10.4</td>
</tr>
<tr>
<td>2010</td>
<td>10.1</td>
<td>9.3</td>
</tr>
<tr>
<td>2009</td>
<td>8.9</td>
<td>11.9</td>
</tr>
<tr>
<td>2008</td>
<td>12.8</td>
<td>12.6</td>
</tr>
<tr>
<td>2007</td>
<td>11.1</td>
<td>12.4</td>
</tr>
<tr>
<td>2006</td>
<td>8.3</td>
<td>11.7</td>
</tr>
<tr>
<td>2005</td>
<td>7.8</td>
<td>11.6</td>
</tr>
</tbody>
</table>


Diabetes

Deaths from Diabetes per 100,000

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison Total</th>
<th>Madison White</th>
<th>Madison Black</th>
<th>TN Total</th>
<th>TN White</th>
<th>TN Black</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>23.3</td>
<td>22.0</td>
<td>27.2</td>
<td>27.9</td>
<td>27.1</td>
<td>36.8</td>
</tr>
<tr>
<td>2012</td>
<td>34.5</td>
<td>26.9</td>
<td>49.3</td>
<td>28.2</td>
<td>27.4</td>
<td>36.7</td>
</tr>
<tr>
<td>2011</td>
<td>26.5</td>
<td>18.4</td>
<td>41.9</td>
<td>27.1</td>
<td>26.3</td>
<td>35.7</td>
</tr>
<tr>
<td>2010</td>
<td>19.3</td>
<td>13.7</td>
<td>30.9</td>
<td>26.4</td>
<td>26.4</td>
<td>35.0</td>
</tr>
<tr>
<td>2009</td>
<td>29.5</td>
<td>18.6</td>
<td>51.8</td>
<td>28.2</td>
<td>26.8</td>
<td>37.7</td>
</tr>
<tr>
<td>2008</td>
<td>25.6</td>
<td>25.0</td>
<td>27.7</td>
<td>28.2</td>
<td>26.6</td>
<td>38.2</td>
</tr>
<tr>
<td>2007</td>
<td>33.1</td>
<td>22.0</td>
<td>56.1</td>
<td>27.8</td>
<td>26.4</td>
<td>36.4</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.
### Diabetes continued

Have you ever been told by a doctor that you have diabetes, not including gestational diabetes? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>13.2</td>
<td>11.9</td>
</tr>
<tr>
<td>2011</td>
<td>12.8</td>
<td>11.2</td>
</tr>
<tr>
<td>2010</td>
<td>11.4</td>
<td>11.3</td>
</tr>
<tr>
<td>2009</td>
<td>13.0</td>
<td>10.3</td>
</tr>
<tr>
<td>2008</td>
<td>9.7</td>
<td>10.4</td>
</tr>
<tr>
<td>2007</td>
<td>9.1</td>
<td>11.5</td>
</tr>
</tbody>
</table>

Have you ever been told that diabetes has affected your eyes or that you have retinopathy? (percent)

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>17.2</td>
<td>22.8</td>
</tr>
<tr>
<td>2011</td>
<td>20.8</td>
<td>21.7</td>
</tr>
<tr>
<td>2010</td>
<td>17.0</td>
<td>25.7</td>
</tr>
<tr>
<td>2009</td>
<td>17.2</td>
<td>27.4</td>
</tr>
<tr>
<td>2008</td>
<td>6.0</td>
<td>21.0</td>
</tr>
<tr>
<td>2007</td>
<td>7.0</td>
<td>25.9</td>
</tr>
<tr>
<td>2006</td>
<td>9.6</td>
<td>18.6</td>
</tr>
<tr>
<td>2005</td>
<td>14.7</td>
<td>20.1</td>
</tr>
</tbody>
</table>


### Dementia/Alzheimer's Disease

**Deaths from Alzheimers per 100,000**

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
</tr>
<tr>
<td>2013</td>
<td>44.6</td>
<td>65.9</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Health.

Over 5 million Americans are living with Alzheimers Disease-110,000 in Tennessee
Tennessee in 2014 16,000 adults ages 65-74 living with Alzheimers
Tennessee in 2014 47,000 adults ages 75-84 living with Alzheimers
Tennessee in 2014 41,000 adults ages 85+ living with Alzheimers
Alzheimers is the 5th leading cause of death in the United States.
138 percent increase in Alzheimers deaths since 2000
### Alcohol/Drug Abuse

#### Age/Excessive Drinking-Percent who report in the past 30 days

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>10</td>
<td>9</td>
</tr>
<tr>
<td>2013</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>2012</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>2011</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>2010</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>


During the past 30 days have you had at least one drink—beer, wine, malt beverage, liquor? (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>29.5</td>
<td>38.6</td>
</tr>
<tr>
<td>2011</td>
<td>30.6</td>
<td>37.5</td>
</tr>
<tr>
<td>2010</td>
<td>24.8</td>
<td>28.2</td>
</tr>
<tr>
<td>2009</td>
<td>23.2</td>
<td>25.1</td>
</tr>
<tr>
<td>2008</td>
<td>30.3</td>
<td>33.6</td>
</tr>
<tr>
<td>2007</td>
<td>31.2</td>
<td>32.9</td>
</tr>
<tr>
<td>2006</td>
<td>27.8</td>
<td>29.5</td>
</tr>
<tr>
<td>2005</td>
<td>37.4</td>
<td>34.7</td>
</tr>
</tbody>
</table>

Have you had five or more drinks on one occasion (5 for women; 4 for men)(percent)?

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>5.3</td>
<td>11.3</td>
</tr>
<tr>
<td>2011</td>
<td>10.9</td>
<td>10.0</td>
</tr>
<tr>
<td>2010</td>
<td>9.2</td>
<td>6.6</td>
</tr>
<tr>
<td>2009</td>
<td>10.8</td>
<td>6.8</td>
</tr>
<tr>
<td>2008</td>
<td>7.5</td>
<td>10.5</td>
</tr>
<tr>
<td>2007</td>
<td>7.1</td>
<td>9.0</td>
</tr>
<tr>
<td>2006</td>
<td>7.2</td>
<td>8.6</td>
</tr>
<tr>
<td>2005</td>
<td>7.4</td>
<td>8.6</td>
</tr>
</tbody>
</table>


Estimated number and percent of people over age 18 with a dependence on illicit drugs or alcohol in the past year

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010-2012</td>
<td>5,906/7.91</td>
<td>8.20</td>
</tr>
<tr>
<td>2008-2010</td>
<td>1,577/7.90</td>
<td>8.04</td>
</tr>
<tr>
<td>2006-2008</td>
<td>1,530/7.85</td>
<td>8.86</td>
</tr>
</tbody>
</table>
### Alcohol/Drug Abuse continued

Drug related arrests for adults age 18 and older and arrests as percentage of population older than age 18.

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cy2013</td>
<td>813/1.09</td>
<td>1.10</td>
</tr>
<tr>
<td>Cy2012</td>
<td>798/1.07</td>
<td>1.04</td>
</tr>
<tr>
<td>Cy2011</td>
<td>703/3.52</td>
<td>1.00</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Mental Health and Substance Abuse Services. Tennessee Behavioral Health County Data Book 2014

### Teen Pregnancy

#### Pregnancies Age 10-14 Per 1,000 Females

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
</tr>
<tr>
<td>2012</td>
<td>1.3</td>
<td>0.0</td>
</tr>
<tr>
<td>2011</td>
<td>1.6</td>
<td>0.0</td>
</tr>
<tr>
<td>2010</td>
<td>2.2</td>
<td>0.0</td>
</tr>
<tr>
<td>2009</td>
<td>2.2</td>
<td>1.6</td>
</tr>
<tr>
<td>2008</td>
<td>2.5</td>
<td>0.0</td>
</tr>
<tr>
<td>2007</td>
<td>2.8</td>
<td>0.5</td>
</tr>
</tbody>
</table>

#### Pregnancies Age 10-17 per 1,000 Females

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
</tr>
<tr>
<td>2012</td>
<td>8.6</td>
<td>4.5</td>
</tr>
<tr>
<td>2011</td>
<td>10.4</td>
<td>7.8</td>
</tr>
<tr>
<td>2010</td>
<td>10.8</td>
<td>5.3</td>
</tr>
<tr>
<td>2009</td>
<td>15.1</td>
<td>6.5</td>
</tr>
<tr>
<td>2008</td>
<td>17.6</td>
<td>10.0</td>
</tr>
<tr>
<td>2007</td>
<td>16.9</td>
<td>9.1</td>
</tr>
</tbody>
</table>

#### Pregnancies Age 15-17 Per 1,000 Females

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>White</td>
</tr>
<tr>
<td>2012</td>
<td>19.0</td>
<td>11.1</td>
</tr>
<tr>
<td>2011</td>
<td>22.3</td>
<td>18.9</td>
</tr>
<tr>
<td>2010</td>
<td>24.5</td>
<td>14.1</td>
</tr>
<tr>
<td>2009</td>
<td>37.1</td>
<td>15.0</td>
</tr>
<tr>
<td>2008</td>
<td>43.6</td>
<td>27.6</td>
</tr>
<tr>
<td>2007</td>
<td>41.8</td>
<td>24.2</td>
</tr>
</tbody>
</table>
Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? (percent)

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>16.7</td>
<td>17.6</td>
</tr>
<tr>
<td>2012</td>
<td>13.8</td>
<td>19.2</td>
</tr>
<tr>
<td>2011</td>
<td>17.3</td>
<td>20.9</td>
</tr>
<tr>
<td>2010</td>
<td>15.2</td>
<td>17.7</td>
</tr>
<tr>
<td>2009</td>
<td>16.2</td>
<td>17.5</td>
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<tr>
<td>2008</td>
<td>15.4</td>
<td>15.9</td>
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<tr>
<td>2007</td>
<td>16.3</td>
<td>16.5</td>
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<tr>
<td>2006</td>
<td>14.4</td>
<td>14.8</td>
</tr>
<tr>
<td>2005</td>
<td>16.3</td>
<td>13.3</td>
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</table>

Children in Poverty-Percent of children under 18 in poverty

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
<tr>
<td>2014</td>
<td>27</td>
<td>26</td>
</tr>
<tr>
<td>2013</td>
<td>32</td>
<td>27</td>
</tr>
<tr>
<td>2012</td>
<td>30</td>
<td>26</td>
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<tr>
<td>2011</td>
<td>22</td>
<td>22</td>
</tr>
<tr>
<td>2010</td>
<td>24</td>
<td>23</td>
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</table>

Uninsured Adults-Percent Population Under Age 65 without health insurance

<table>
<thead>
<tr>
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<tbody>
<tr>
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<td>2013</td>
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<tr>
<td>2011</td>
<td>18</td>
<td>19</td>
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<tr>
<td>2010</td>
<td>13</td>
<td>15</td>
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</table>

Percent Children Living in Single-Parent households

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
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<tbody>
<tr>
<td>2014</td>
<td>42</td>
<td>35</td>
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<tr>
<td>2013</td>
<td>46</td>
<td>35</td>
</tr>
<tr>
<td>2012</td>
<td>45</td>
<td>35</td>
</tr>
<tr>
<td>2011</td>
<td>40</td>
<td>34</td>
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</table>


All People in Poverty-Percent

<table>
<thead>
<tr>
<th>Year</th>
<th>Madison</th>
<th>TN</th>
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</thead>
<tbody>
<tr>
<td>2009-2013</td>
<td>20.0</td>
<td>17.6</td>
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Lack of Financial Resources continued

Unemployment

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</thead>
<tbody>
<tr>
<td>Oct-14</td>
<td>6.5</td>
<td>7.1</td>
<td>5.8</td>
</tr>
<tr>
<td>Sep-14</td>
<td>6.6</td>
<td>7.3</td>
<td>5.9</td>
</tr>
<tr>
<td>Oct-13</td>
<td>8.4</td>
<td>8.1</td>
<td>7.2</td>
</tr>
</tbody>
</table>

Source: Tennessee Department of Labor & Workforce Development

Tobacco Use

Adult Smoking-Percent of Adults that report smoking at least 100 cigarettes

<table>
<thead>
<tr>
<th></th>
<th>Madison</th>
<th>TN</th>
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<tbody>
<tr>
<td>2014</td>
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<td>2012</td>
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<tr>
<td>2011</td>
<td>19</td>
<td>24</td>
</tr>
<tr>
<td>2010</td>
<td>20</td>
<td>25</td>
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</table>


Are you a current smoker?

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<thead>
<tr>
<th></th>
<th>Madison</th>
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<tbody>
<tr>
<td>2012</td>
<td>20.3</td>
<td>24.9</td>
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<tr>
<td>2011</td>
<td>21.8</td>
<td>23.0</td>
</tr>
<tr>
<td>2010</td>
<td>17.4</td>
<td>20.1</td>
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<tr>
<td>2009</td>
<td>16.9</td>
<td>22.0</td>
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<tr>
<td>2008</td>
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<tr>
<td>2007</td>
<td>21.4</td>
<td>24.3</td>
</tr>
<tr>
<td>2006</td>
<td>17.0</td>
<td>22.6</td>
</tr>
<tr>
<td>2005</td>
<td>26.6</td>
<td>26.7</td>
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</table>

Madison County Community Health Needs Assessment
Effectiveness of Interventions-Community Resources

The following is a list of community resources for each health issue identified by the community committee. The list contains community agencies and public entities that specifically work with a particular health issue as well as potential agencies that can become partners with Madison County for specific health issues.

Influenza
Jackson-Madison County Regional Health Department
Physician Clinics
Jackson-Madison County School System
Community and Senior Citizen Centers
Local Churches

Sexually Transmitted Diseases
Jackson-Madison County Regional Health Department
Jackson-Madison County School System
Physician Clinics
Afterschool Programs
Operation Hope
Boys & Girls Club
Jackson Family YMCA
Local Churches
Keep My Hood Good
RIFA ROAR Project
Summer ROAR
The Salvation Army

Emphysema
American Lung Association

Heart Conditions
American Heart Association
Physician Clinics
Local Churches
Senior and Community Centers
Civic Clubs
American Association of Retired Persons

High Blood Pressure
American Heart Association
American Stroke Association
Physician Clinics
Community and Senior Centers
Civic Clubs
All Cancers
American Cancer Society
Physician Clinics
Local Churches
Pharmacies
Community and Senior Centers
American Association of Retired Persons

Mental Illness
National Association of Mental Illness (NAMI) Local Chapter
Jackson Mental Health Court
Aspell Recovery Center (Dual diagnosed)
Jackson Police Department
Madison County Sheriff’s Office
Tennessee Department of Human Services/Adult Protective Services
Area Relief Ministries
Regional InterFaith Association
Tennessee Homeless Solutions
Salvation Army
Jackson Area Council on Alcohol and Drug Dependency (co-occurring disorders)
Behavioral Health Initiatives
Quinco Community Mental Health Centers
Crisis Intervention team (CIT) Training

Arthritis
Arthritis Foundation
Physician Clinics
American Association of Retired Persons
Civic Clubs
Union University

Obesity
American Heart Association
American Diabetes Association
American Stroke Association
Physician Clinics
Civic Clubs
Jackson-Madison County School System
Solus Foundation
Community and Senior Centers
Jackson Recreation and Parks Department
Madison County Recreation and Parks Department
Local Health and Fitness Clubs
Afterschool Programs
Local Churches
Local Retirement Homes

**Asthma**
- Jackson-Madison County School System
- Physician Clinics

**Diabetes**
- American Diabetes Association
- Physician Clinics
- Jackson-Madison County School System
- Community and Senior Centers
- Local Churches

**Dementia/Alzheimer's**
- Assisted Living and Nursing Homes
- Senior and Community Centers
- Local Churches
- Alzheimer's Association
- Physician Clinics

**Alcohol and Drug Abuse**
- Jackson Drug Court
- Aspell Recovery Center
- JACOA
- Metro Narcotics Unit
- Madison County Drug Court
- Madison County Juvenile Court Services
- Jackson Police Department
- Madison County Sheriff's Office
- Jackson-Madison County Community Anti-Drug Coalition
- Community Corrections
- Tennessee Corrections Service
- State of Tennessee Probation and Parole

**Teen Pregnancy**
- Jackson-Madison County Regional Health Department
- Jackson-Madison County School System
- Madison County Juvenile Court Services
- Local Afterschool Programs
- BirthChoice
- Tennessee Department of Children's Services
- Local Churches
Lack of Financial Resources for Healthcare
American Red Cross
Regional InterFaith Association
Area Relief Ministries
Salvation Army
Jackson-Madison County Regional Health Department
Jackson-Madison County School System
Tennessee Department of Human Services
Southwest Human Resource Agency
West Tennessee Legal Services
TennCare
United States and Tennessee Veterans Affairs
Social Security Administration

Tobacco Use
American Cancer Society
Jackson-Madison County School System
Local Colleges and Universities
City and County Government
Jackson-Madison County Community Anti-Drug Coalition
Physician Clinics
Deaths from Heart Disease Per 100,000

- Madison
- Tennessee
Deaths from Heart Disease Per 100,000-Caucasian

- Madison
- Tennessee
Deaths from Cerebrovascular Disease Per 100,000

- Madison
- Tennessee

Years:
- 2009: 50.6
- 2010: 50.1
- 2011: 50.1
- 2012: 46.3
- 2013: 46.6

Values:
- 2009: 60.0
- 2010: 53.9
- 2011: 51.9
- 2012: 50.7
- 2013: 48.1
Deaths from Cerebrovascular Disease Per 100,000-Caucasian

Madison
Tennessee
Deaths from Cerebrovascular Disease Per 100,000-African American

- Madison
- Tennessee

- 2009: 54.8
  - 2010: 45.6
  - 2011: 46.2
  - 2012: 65.8
  - 2013: 42.9

- 45.8
- 44.7
- 42.9
- 32.6
Deaths from Malignant Neoplasms Per 100,000-Caucasian

- Madison
- Tennessee
Deaths from Malignant Neoplasms Per 100,000-African American
Implementation Strategies

The Jackson-Madison County General Hospital has developed a strategy for addressing heart conditions, high blood pressure, cancer, and diabetes that focuses on early detection, risk assessment screening, consultation, referral to physician or healthcare professional, and development of an individualized program plan. This strategy is called HealthAware. The priority health issue of obesity, which relates to heart condition, high blood pressure, cancer, and diabetes, the Jackson-Madison County General Hospital is developing a major comprehensive wellness initiative for the Jackson-Madison County Community. This Initiative is described below.

HealthAware creates a transformational experience that compels unknowing victims of heart disease, diabetes, or hypertension to change behavior and commit to extend their health and lives. Participation in HealthAware is a five phase experience:

1. Outreach & Marketing
2. High-risk Patient Enrollment
3. Nurse Consultation
4. Triage
5. Intervention

HealthAware assesses the public, individual by individual, making them conscious of their risk for heart disease, diabetes, hypertension or cancer. From the assessment a determination is made on the need to engage the participant’s primary care physician. Goals are set to modify controllable risks. HealthAware provides an opportunity to treat the disease (as an episode) before an uncontrolled, catastrophic event occurs. Through HealthAwares, Jackson-Madison County General Hospital is a resource for wellness not just sickness. Figure 1 contains an example of a personalized risk assessment report from the HeartAware Program. As shown in Figure 1, the risk assessment indicates the low, medium, high, or critical rating for cardiac risk factors of smoking, weight, blood pressure, cholesterol, diabetes, and family history. After the risk assessment is completed, the risk assessment report is generated. When risk is determined through the assessment, lab work and a nurse consultation is scheduled. Figure 2 contains a page from the consultation report reviewed by the nurse.
Figure 1

Risk Assessment Report
(Available to everyone that takes the online assessment)

Tennessee Heart Center™
An affiliate of West Tennessee Healthcare
At Jackson-Madison County General Hospital

Assessment Personal Health Report

Print Report

Report Summary

Using this report to improve your health is a great step toward improving your overall health. This report provides you with a summary of your scores, baseline your key risk factor for cardiovascular health. In addition to the summary, the report contains two other sections:

- Information about Risk Factors: This section your report provides personalized information about each of the risk factors based on your answers to how you can reduce your risk of heart disease.
- Improving Your Health: This section gives you information on ways that Covenant HealthCare can help you to reduce and manage your risk of heart disease.

Your Cardiovascular Risk Factors

- Low HDL (good cholesterol)
- Smoking
- Weight
- Blood pressure
- Cholesterol
- Diabetes
- Family History

Your Overall Cardiac Risk

You have a 5% chance or greater of developing heart disease within the next 10 years.

- If you have high blood pressure, diabetes, or high cholesterol, your risk of developing heart disease is greatly reduced.
- As you accumulate more factors, such as smoking, your risk of developing heart disease grows dramatically. Only one of these effects to your cardiovascular system, i.e., smoking increases your heart risk, and if the same time, hardens your blood vessels.

Most important, this report serves as a great starting point as you work with your primary care physician to manage your health. Take this report to your next office visit to help you discuss your health with your physician.

Note: This report is for informational purposes only and is not a substitute for professional medical advice.
Figure 2

Consultation Report
(Available to everyone that comes in for a consultation)

Demographic & self-reported data

Cumulative information provided:
(1) self-reported risk assessment data
(2) Consultation data

Wellness goals and notes customized for each individual.

Each data item stored in an extensive database

More specific information on HealthAware's programs for health conditions, high blood pressure (hypertension), diabetes and cancer are described below.

Heart Conditions and High Blood Pressure

The Tennessee Heart and Vascular Center at Jackson-Madison County General Hospital has developed proactive assessment processes for identifying individuals in the community at risk of heart disease and stroke. HeartAware and StrokeAware are free online or paper risk assessments that can be completed by an individual either through the West Tennessee Healthcare website, www.wth.org, or at a community event or health fair. Completing HeartAware or StrokeAware takes five to seven minutes. Persons age 34 or younger who present with four risk factors and persons over the age of 35 who present with two risk factors are eligible for free lab work including glucose and cholesterol blood tests and a one hour consultation with a registered nurse. Risk factors include age, gender, presence of diabetes, weight, physical activity, presence of high blood pressure, cholesterol, family history and
tobacco use. A free personalized risk factor profile is created for each person completing the risk assessment.

During the free follow-up consultation with a registered nurse, lab test results are reviewed with the individual. Height, weight, blood pressure, waist circumference, and body mass index are taken. The Clinical Information Management System (CIMS) program is utilized, which includes demographics, medical history with an emphasis on cardiovascular data, family history, and lifestyle information. Symptoms, past and present, are addressed. When a patient presents with particular vascular concerns, an Ankle Brachial Index (ABI) doppler assessment may be performed.

A Consultation Record Report is made by the nurse that includes a discussion of alternatives, medical information, and lifestyle choices for an individualized plan of intervention. Education consists of setting goals with the individual and encouraging further discussion with a primary care physician. When no existing relationship is available, individuals are provided information on clinics, health providers, and the public health department; although no certain individual or group is recommended. Further educational components include verbal instruction, written materials, online resources, and open discussion. Most appointments last one hour. The patient receives the contact number for the Aware office. A follow-up call is made close to one month past the appointment to assess progress towards specific goals.

HeartAware and StrokeAware are utilized extensively at health fairs, church events, in conjunction with the Mature Advantage Club, and events throughout the Jackson-Madison County area. Industry, employee wellness, and physician offices are also sites for conducting these risk assessments. During 2009, almost 4,000 people around West Tennessee took the free health risk assessment. Over 2,100 individuals discovered they had potential for heart disease, heart attack or stroke. Nearly 600 of those at-risk, took advantage of the free heart health screening.

Attachment F1 contains complete examples of personalized risk profiles and lab results for HeartAware and StrokeAware.

The Tennessee Heart and Vascular Center provides numerous blood pressure checks and access to HeartAware throughout the community especially during Heart Month each February.
Cancer

The Alice and Carl Kirkland Cancer Center of the Jackson-Madison County General Hospital offers treatment and diagnostic services that include medical, surgical, and radiation oncology, tumor registry, and Hospice. The Center also provides cancer conferences for physicians and other healthcare professionals, social services, outreach clinics, public education, and various support groups such as Camp Bluebird. The Alice and Carl Kirkland Cancer Center provides free online or paper risk assessment for breast cancer, prostate cancer, lung cancer, and colon cancer termed CancerAwares. The risk assessment takes minutes to complete and a personalized report identifying risk factors with explanations is provided to the participant. A free telephone or face-to-face consultation with a staff member from the Kirkland Cancer Center is provided that concentrates on preventive lifestyle options relative to their Personalized Risk Factor Report.

Education on preventive measures focuses on screening and early detection while encouraging follow-up with a physician or healthcare provider. Participants are provided a variety of educational materials on the benefits of healthy nutrition, physical activity, and smoking cessation.

Beyond the CancerAwares risk assessments, the Alice and Carl Kirkland Cancer Center provides many screenings throughout the community on an annual basis. Breast cancer screenings and education sessions are provided at various locations during Breast Cancer Awareness Month each October.

Attachments F2-F5 contain the risk assessment questions for the CancerAwares: Breast Cancer (F2), Prostate Cancer (F3), Lung Cancer (F4), and Colon Cancer (F5).

Obesity

In efforts to address obesity, promote healthy lifestyles and improve health and wellness among the residents of Jackson-Madison County, the Hospital is developing a new 80,000 square foot state-of-the-art wellness facility, LIFT (Living Fit in Tennessee) in the City Walk development in downtown Jackson. The planned completion date is January 2013. The wellness center will feature a first-class fitness club and classes, physical therapy and aqua therapy, a primary care clinic, occupational medicine, disease management, and healthy living education. With the philosophy “exercise is medicine,” the wellness center will serve as a healthy social and community destination.
The primary care clinic will have a maximum of four physicians and 16 examinations rooms. The clinic will be open to the public and have a separate entrance in the wellness facility. The physical therapy area will offer physical, occupational, and speech therapy clinics to help treat neurological problems, sports injuries, work related injuries, tendonitis, backs, necks, and orthopedic problems. The therapy area will offer treatments for seriously injured people who have had motor vehicle, spinal cord, head injuries, and strokes.

The wellness center will have multi-purpose classrooms with a kitchen containing industrial-grade appliances and audiovisual equipment. The Center will provide disease management training classes for patients with chronic health problems such as diabetes and heart failure.

The Wellness Center will have an Olympic sized pool with four lanes. The fitness area will have a large number of cardiovascular equipment, free weights, and a weight circuit.

The Jackson-Madison County General Hospital has also developed and recently opened (November 28, 2011) the Healthy Heights Walking Trails. There are two Healthy Heights Walking Trails inside Jackson-Madison County General Hospital. One is in the lower level from escalator to escalator. The other is across the bridge on the second floor on West Forest Avenue to the Physicians Office Tower and Garage 3. Maps are posted at the head of the trails and trail signage indicates the routes. The community, hospital employees, medical staff, volunteers, visitors are all welcome to utilize the walking trails. The trails are accessible daily from 4:45 a.m. to 10:00 p.m.

**Diabetes**

The Tennessee Heart and Vascular Center at Jackson-Madison County General Hospital has developed proactive assessment processes for identifying individuals in the community at risk of diabetes. DiabetesAware is a free online or paper risk assessment that can be completed by an individual either through the West Tennessee Healthcare website, [www.wth.org](http://www.wth.org), or at a community event or health fair. DiabetesAware involves answering 14 short questions and a personalized report is generated for each respondent.

When over the age of 18 and possessing two risk factors determined by the assessment, a blood glucose and cholesterol blood level test is provided in addition to consultation with a registered nurse. Anyone at risk is invited to participate in free blood work and counseling. The consultation can be offered at a remote location.
The individual is given a post prandial (after eating) blood glucose level upon initiation of the visit. Height, weight, blood pressure, waist circumference, and body mass index are measured. Blood test results are reviewed, and the Clinical Information Management System (CIMS) program is utilized to incorporate demographic, pertinent medical history, family history, and lifestyle information components. Symptoms which have been present at any time are assessed. When the blood level is abnormal, the patient is strongly encouraged to follow up with a primary care physician.

Education begins with a discussion of lifestyle choices to reduce risk of developing diabetes or avoid complications. A cumulative report of the visit is given to facilitate understanding for the follow-up physician. There are no specific listings of doctors for individuals who do not currently have a relationship with one, but contact information for local providers, clinics, or the Department of Health are available. Educational methods include verbal instruction, written materials, online resources, and open discussion. The patient is provided with the Aware contact information. A follow-up call takes place a month after the appointment to evaluate goals.

There were 54 DiabetesAware venues from January 2011- August 2011.

The Jackson-Madison County General Hospital also offers community diabetes education classes that are available to individuals once a diagnosis of diabetes has been made. The classes must be prescribed by a healthcare provider and are facilitated by a Certified Diabetic Educator.

Attachment F6 contains the questions on the DiabetesAware Risk Assessment.

Conclusion

The Madison County Community Health Needs Assessment was presented to the West Tennessee Healthcare Quality Council on July 3, 2012. The document was approved for submission to the West Tennessee Healthcare Board of Trustees. A presentation was made to the Board of Trustees on September 25, 2012, and the Madison County Community Health Needs Assessment was approved on this date. The Plan will be updated every three years.
CSH Overview 2014-15

Health Screens & School Nursing Data

5,138 students screened resulting in 523 vision referrals, 131 hearing referrals, 16 blood pressure referrals, and 136 body mass index (BMI) referrals.

The BMI data for the 2014-15 year is pending, but the 2013-14 data reveals we have 41.5% of students considered to be either overweight or obese. When CSH began to gather BMI data in 2008 the total was 46.6%.

32,997 visits to the school nurses resulting in 79% returning to class.

We had 34 Type 1 and 17 Type 2 diabetics this school year. These students range in grades Pre-K through 11th grade at 13 schools.

14,684 doses of daily medications and 1740 doses of as needed (PRN) medications for a total of 16,424 doses were administered this school year. Students are assisted with their medications by either the nurses or trained staff at each school.

There are 778 students with an Asthma Action Plan on file and we provided asthma education to 138 school staff. There are 107 students who have a prescription for an Epi-pen while at school. We have a total of 1,526 students with documented severe allergies. This year we provided stock Epi-pens at each school with staff trained at each facility.

Accomplishments

We have 387 staff currently trained in CPR. We added 6 additional AED’s this school year for a total of 16 units system wide. We plan to continue our partnership with the Kiwanis Club of Jackson until every school has a unit.

12 schools received the Healthier US Challenge (HUSSC) awards this school year and JMCSS was the only school system in the state to receive national recognition. We are awaiting results from applications for recognition with the Alliance for a Healthier Generation for 12 of our schools.

Local partnerships resulted in an in-kind total of $1.3 million in services, volunteers and direct funds donated to our school district. Almost $1 million of this total was in services/resources provided in the school health component. JMCSS is very fortunate to have strong partnerships with WTHC (including our School Health Clinic, School Nurse Program, Sports Plus, Lift Wellness) and the JMC Regional Health Department (including the School Based Dental Program, Health Promotions and Tenndercare). The grant totals awarded this year were $223,000.
Healthy WEST: Working to Energize & Strengthen Tennessee

The Project
The Tennessee Institute of Public Health (TNIPH) at East Tennessee State University (ETSU) is pleased to announce the Healthy WEST: Working to Energize and Strengthen Tennessee project funded by the BlueCross BlueShield of Tennessee Health Foundation. The project will establish and enhance local and regional health initiatives that link economic development and business with health and human service organizations and community stakeholders.

The Benefits
Community grant programs should encourage multi-sector collaboration and innovative strategies leading to:
• Health promotion and prevention strategies;
• Healthy habits to meet serious health challenges;
• Community groups forming lasting partnerships;
• Linkages between health, economic development and education;
• Improvement in health factors and economic outcomes.

Mark your Calendar:
• LETTER OF INTENT - June 15, 2015
• APPLICANT WORKSHOP - June 19, 2015
• APPLICATION DEADLINE - July 10, 2015

The Mini-Grants
Healthy WEST will offer grant opportunities at two levels to improve health in twenty (20) West Tennessee counties.* Successful community applicants will establish multi-sector health initiatives to directly link Health with Economic Development and Education. This competitive grant program provides training, technical assistance and funding.

• $2,500 grants to support local health projects
• $5,000 grants to support regional health projects

Eligible applicants from the West Tennessee counties below must submit a letter of intent by June 15, 2015, that:
• Describes local health concerns that impact economic development (include any local supporting data)
• Provides a brief preliminary outline of your proposed health initiative that impacts the health of the community
• Lists your community coalition partners (include at least one health partner (e.g. county health council) and one economic or business sector partner

$5,000 award must include more than one county and have a regional goal to impact economic development and health.

* Target area - Benton, Carroll, Chester, Crockett, Decatur, Dyer, Fayette, Gibson, Hardeman, Hardin, Haywood, Henderson, Henry, Lake, Lauderdale, Madison, McNairy, Obion, Tipton, and Weakley

This project is sponsored by the BlueCross BlueShield of Tennessee Health Foundation.

Letter of intent must be submitted by e-mail to KIDWELL@ETSU.EDU by June 15, 2015 at 4:30 PM EDT
Target Audience

This project's target audience includes community coalitions led by chambers of commerce, economic development entities, health councils, city and county governments, faith-based organizations, businesses and industries, schools, colleges and universities, hospitals, health departments, advocacy groups, civic organizations and/or others with proven leadership in multi-sector collaboration.

Major Partners

The BlueCross BlueShield of Tennessee Health Foundation funded this project in partnership with the Tennessee Institute of Public Health at East Tennessee State University's College of Public Health.

Acknowledgments

Other contributors to the project include the University of Wisconsin Population Health Institute, Robert Wood Johnson Foundation, Tennessee Department of Economic and Community Development, Tennessee Department of Health, Northwest Tennessee Development District, Southwest Tennessee Development District and Jackson Chamber of Commerce.

Guide to the County Health Rankings & Roadmaps

The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to bring the County Health Rankings and Roadmaps to counties and states across the nation. You can learn what others are doing to improve population health by visiting www.countyhealthrankings.org to learn more.

TNIPH is a state-mandated convener of organizations, agencies and groups established to build and foster the collaborations necessary to improve the public's health across Tennessee.

www.etsu.edu/tniph

For More Information
Ginny Kidwell, Director
423-439-51
Tennessee Institute of Public Health
Visit our website at www.etsu.edu/tniph
Email: KIDWELL@ETSU.EDU
Jackson Madison county calender of Events

June 2015 thru July 2015

June 2
8:00 am - 5:00 pm

Art Exhibit - "Work of Heart"

Event details
Disabilities. The UT Martin Jackson Center is located at 3031 Highway 45 Bypass in Jackson. For more information, contact the UT Martin Jackson Center at 731-425-9277.

- See more at: http://jacksontn.com/tourism/programs_events/community_calendar/detail/jackson-arts-council/oemmvolviuu2pflarhq8co5lo_20150602T130000Z/#sthash.iP34AqXq.dpuf

Artists from the STAR Center, Inc., will feature their work in an exhibition titled "Work of Heart," hosted at the University of Tennessee at Martin Jackson Center, May 1-June 23. The artists will display their work personally during a special event from 5-7 p.m., May 7. The gallery is open to the public from 8 a.m.-5 p.m. on weekdays. All the artwork is for sale and proceeds will benefit the STAR Center. The artwork featured was created in creative arts therapy groups and Arts-4-Autism summer camps and weekly programs. The STAR Center serves children and adults with disabilities, focusing on individuals with Autism Spectrum Disorder. Services are provided not only for clients, but also for siblings, families and professional assistants working with those living with

Community Calendar of Events

June 3
4:30 pm - 7:30 pm

West Tennessee Healthcare Sportsplex Softball / Billy Scherivner West TN High School All Star Classic

Event details
The Southeast's premier youth baseball and softball facility located in the heart of West Tennessee halfway between Memphis and Nashville on Interstate 40.

With 17 lighted and immaculately groomed fields sitting on 70 acres, the Sportsplex welcomed over 1800 travel teams with nearly a 40 tournament schedule during its seventh straight season. 731.425.8640. The Sportsplex is next door to the Jackson Generals, the Double A affiliate of the Seattle Mariners. To learn more about Jackson visit http://jacksontn.com/tourism/. To learn more about the Sportsplex visit http://www.jacksonsportsplex.com or call 731.425.8640.
Community Calendar of Events

June 6

9:00 am - 12:00 pm

Splash & Dash

Event details
Who: Therapy & Learning Center
What: Splash & Dash 5K and Fun Run
When: June 6, 2015, 9 a.m.
Where: Therapy & Learning Center - 32 Garland Drive, Jackson, TN 38305

Event Details: Whether you run the 5k or walk the 1 Mile Fun Run, as you DASH your way to the finish line, be prepared to be SPLASHED with Colored Powder, Washable Paint, Silly String, JFD Truck Spray, Beach Balls, and more! This race is less about RUNNING and more about THE EXPERIENCE! As you are having the time of your life, you will be helping children & adults with special needs and disabilities in their race of life! All proceeds go towards the services provided by the Therapy & Learning Center who serve over 2,000 individuals in West Tennessee each year.

The cost to participate in the 5K Race is $30 ($35 after June 1). The cost to participate in the Fun Run is $20 ($25 after June 1). To register for the event or get more information visit, www.splashanddash.org. For more information, please contact Ellen Neely, 731-668-3322 or ellen.neely@wth.org.

About the Therapy & Learning Center:
The Therapy & Learning Center helps individuals with all types of disabilities celebrate and develop their unique gifts. Efforts are directed at monitoring the special needs of our clients during therapy, learning and care while also extending support to their families. Whether early intervention programs, classroom instruction or therapeutic services, we work with each person and family to provide a support system upon which he can grow and develop successfully.

About West Tennessee Healthcare:
West Tennessee Healthcare is a public, not-for-profit healthcare system with locations throughout 18 counties in West Tennessee. The mission of West Tennessee Healthcare is to improve the health and well-being of the communities we serve while providing exceptional and compassionate care. For more information, visit www.wth.org.

- See more at:
http://jacksontn.com/tourism/programs_events/community_calendar/detail/sports/jj7e63grdi4d66v2gvlbk356f0/#sthash.DJxu7nCZ.dpuf
Community Calendar of Events

June 6

9:30 am - 11:30 am

National Trails Day- Pinson Mounds
Event details
Pinson Mounds will host a National Trails Day Hike on Saturday, June 6.

The hike will start at 9:30 am at the museum. The hike will showcase the beautiful cypress swamp along the Forked Deer River. The hike will last approx. 1 hour 15 min.

**Please wear sturdy shoes and bring water.**

For more information, call the park at 731-988-5614.

Meet at: Museum

- See more at: http://jacksontn.com/tourism/programs_events/community_calendar/detail/history--civil-war-events/gg98vb877g98noi1qrpj1pbbk/#sthash.oBUAsBIO.dpuf

Community Calendar of Events

June 6

10:00 am - 2:00 pm

Chipping for a Cure Golf Tournament
Event details
4 man scramble Golf Tournament to benefit St Jude and the Ronald McDonald House of Memphis. Food and prizes will be provided. $300 a team entry fee.

For more information call: 731.803.3477 or email: ronbark73@

- See more at:
http://jacksontn.com/tourism/programs_events/community_calendar/detail/sports/4jdaf4phkkqmeu9u6qtsncf8c/#sthash.ZLKYtAol.dpuf
Community Calendar of Events

June 6

8:00 am - 12:00 pm

JCIL Fishing Rodeo
Event details
Come Out and Join us for a Day filled of fishing, food, and fun for all ages. O’Neal Lake in Brownsville is wheelchair accessible and Everyone is Welcome.
- See more at: http://jacksontn.com/chamber/programs_events/community_calendar/detail/member-events/0f73e041a09181091p340k/#sthash.0f1uk3iH.dpuf

Community Calendar of Events

June 5

7:30 pm - 9:00 pm

Laugh Out Loud, Clean comedy event
Event details
Come enjoy good, clean comedy and help out Jackson’s Empowerment and Enrichment Complex. Admission is $10.00.

For more information, call Nadine at 731-736-1569.
-

- See more at: http://jacksontn.com/chamber/programs_events/community_calendar/detail/member-events/4v9gce88ugnmakr16jikb833pk/#sthash.NlxF0sZQ.dpuf


Go to the above site for much more on Activites in Jackson Parks and Recreation Dept.

Wellness Basketball Shootout Game Ages: 6-12 @ Oman Arena Come cheer your athletes from all the various summer camps and community leaders as they compete in our annual citywide Wellness Basketball Shootout Tournament. Cheerleaders will cheer teams on to victory. If you are a community leader, a summer camp or cheerleading squad that would like to participate, please call Bridgett Parham at 425-8398. This is a “Fit for Life” program. Fri, June 26, 9:00 AM-1:00 PM Fee: Free.

Citywide Summer Youth Olympics Ages: 6–12 @ Oman Arena Come cheer your junior athletes from all over Jackson as they compete in the annual citywide Olympic Track & Field Events. Children can get “Fit for Life” this summer as they train and compete in this fun event. Summer day camps wishing to participate can contact Bridgett Parham at 425-8398. Wed, July 1, 9:00 AM–12:00 Noon Fee: Free.
TENNderCare is a free program of checkups and health care services for children from birth to age 21 who are TennCare eligible. These services make sure babies, children, teens, and young adults receive the health care they need.

What does TENNderCare Provide?

- Free medical and dental checkups
- Free medical and dental and services
- Behavioral health services

How Often Should Your Child Get A Checkup?

<table>
<thead>
<tr>
<th>Birth</th>
<th>9 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5 Days</td>
<td>12 Months</td>
</tr>
<tr>
<td>1 Month</td>
<td>15 Months</td>
</tr>
<tr>
<td>2 Months</td>
<td>18 Months</td>
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<tr>
<td>4 Months</td>
<td>24 Months</td>
</tr>
<tr>
<td>6 Months</td>
<td>30 Months</td>
</tr>
<tr>
<td>Every Year: Ages 3-20</td>
<td></td>
</tr>
</tbody>
</table>

Your child's FREE medical checkup will include:

- Health history
- Complete physical
- Lab tests (as appropriate)
- Immunizations
- Vision/hearing screening
- Developmental/behavioral screening (as appropriate)
- Advice on how to keep your child healthy

Questions?

Contact your health plan or your local TENNderCare staff.

Jackson-Madison County Regional Health Department
804 North Parkway
Jackson, TN 38305
731-423-3020

We do not allow unfair treatment in TennCare. No one is treated in a different way because of race, color, birthplace, language, sex, age, religion or disability.
How to Find a Dentist Using DentaQuest Website:

Visit our website at www.DentaQuest.com choose “Find a Dentist” on the top line.

Then follow directions for one of the options below:

1. You may choose to do a quick search by zip code by entering the state you live in, your zip code and the program in the top box labeled “Your Information”. This will produce a list of all dentists participating in the program that are accepting new patients within 30 miles based on zip code and criteria chosen. If you would like a list of only general dentists please choose that option under provider specialty.

2. Or you may choose to do a detailed search by entering the state you live in, your zip code and the program in the top box labeled “Your Information”. You may then choose other options such as special needs, handicap accessible, accepting new patients, provider specialty and office language spoken.

Tennessee Customer Service Numbers

TennCareSM 1-855-418-1622

CoverKids 1-888-291-3766

*This is for informational purposes only and is not intended for dissemination or distribution without express written permission from DentaQuest, LLC.
Welcome and Introductions
Minutes of the last meeting:

TDH Program Updates
  Tobacco Settlement
  Chronic Disease
  TENNder Care

Fitness Calendar

ACEs Training Update

Upcoming Grant Opportunities
  TNIPH - Healthy West

Agency Announcements

Adjourn

Next Meeting: July 7th @ 11:30AM
Madison County Health Council
May 5th 2015
Agenda

Welcome and Introductions  Chelsea Brandon
Minutes of the last meeting:

TDH Grant Updates  Chelsea Brandon
Healthier Tennessee Community Steps  Jocelyn Ross
Fitness Calendar  Vicki Lake
Meeting Schedule  Chelsea Brandon

Agency Announcements

Adjourn  June 2nd 11:30 am.
Madison County Health Council  
May 5, 2015  
Minutes

The Madison County Health Council met on May 5th at JMCRHD with the following members present:

<table>
<thead>
<tr>
<th>Name</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vicki Lake</td>
<td>WTH</td>
</tr>
<tr>
<td>Chelsea Brandon</td>
<td>JMCRHD</td>
</tr>
<tr>
<td>Tiffany Boyett</td>
<td>JMCRHD</td>
</tr>
<tr>
<td>Annette Wilson</td>
<td>JMCSS</td>
</tr>
<tr>
<td>Sabrina Anderson</td>
<td>BGCJMC</td>
</tr>
<tr>
<td>Jocelyn Ross</td>
<td>WTH</td>
</tr>
<tr>
<td>Tammy Hardee</td>
<td>WTWC</td>
</tr>
<tr>
<td>Rochelle Harris</td>
<td>Maranatha</td>
</tr>
<tr>
<td>Amanda Johnson</td>
<td>JMCRHD</td>
</tr>
<tr>
<td>Rachel Thomas</td>
<td>JMCRHD</td>
</tr>
<tr>
<td>Melissa Walls</td>
<td>The Lift</td>
</tr>
<tr>
<td>Megan Parker</td>
<td>CADC</td>
</tr>
<tr>
<td>Rodger Jowers</td>
<td>TCCY</td>
</tr>
<tr>
<td>Norrie Bryant</td>
<td>JMCRHD</td>
</tr>
<tr>
<td>Miki Martin</td>
<td>The Lift</td>
</tr>
</tbody>
</table>

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder.
Meeting was called to order at 11:35am with welcome and introductions (see above).

Minutes from the March meeting were voted on and accepted.

TDH Reports (Chelsea Brandon)
- Tobacco Settlement Grant Update: Lane College Smoke Free Campus kick-off July 1, 2015. St. Mary’s Manor & Wesley Housing will start providing tobacco cessation programs to their residents.
- Chronic Disease Grant: Classes for Living Well with Diabetes and the Living Well with Chronic Disease are being held at the JMCRHD and offered out in the community. Ready-Connect-Eat App was introduced to the group. The soft launch is currently being held the full kickoff available late summer.
- Marketing Campaigns: 2 Immunization Awareness, 2 Farmer’s Market and 4 anti-tobacco billboards

Community Health Needs Assessment: (Vicki Lake)
- Copies of the Madison County Needs Assessment 2015 Update of the 2012 Plan were distributed to the new members in attendance.
- Discussion took place on adding childhood cancer to our health priorities. Cancer, Obesity, Cardiovascular Health, Diabetes, and Tobacco are the priorities in discussion.

Fitness Calendar:
- A copy of the Commercial Appeal’s Fitness Calendar for the community was given out.
- Looking at possibly getting one developed for our community and run it in the Jackson Sun and WBBJ
- Rochelle Harris will work on gathering events for the fitness calendar.
- Faith-Based Initiatives: Office of Minority Health granted two recipients from the JMC area Bethlehem Missionary Baptist Church and Hope and Faith Church. The health focuses for these two churches are violence prevention and obesity.

Bylaws/Conflicts of Interest (Chelsea Brandon)
- Copies were passed out and the members that were present

Agency Announcements:
- Kick the Habit 4 week tobacco cessation will start up again in May on Thursdays from 5:30-6:30. Cost $50
- May 18th Stroke Awareness
- May 21st Senior Women Conference: 50+yrs @ Union
- May 28th Cooking Demos
- May 30th Ballpark Game Night

Meeting was adjourned at 12:15 pm

Next meeting will be Tuesday, June 2, 2015 at 11:30AM at the JMC RHD.
Good Afternoon All,

Attached are the minutes from the May meeting. Please let me know if any there are any corrections needed. I have spoken with Loraine Lucinski, MPH she is the Administrator of Early Childhood Initiatives with the Tennessee Department of Health and she has agreed to be the speaker for the ACEs training we are wanting to sponsor in September. We will discuss further details at our next Health Council meeting which will be on Tuesday, June 2nd at 11:30AM at the JMC RHD. Lunch will be provided. RSVP if you will be in attendance.

--

Thanks,
Chelsea Brandon, BS
CHDC
Jackson Madison County
Regional Health Department
804 North Parkway
Jackson, TN 38305
Phone: 731.927.8534,
Cell: 731.616.8199
Fax: 731.927.8600
Email: cbrandon@jmchd.com
Madison County Health Council
March 30, 2015
Minutes

The Madison County Health Council met on March 30th at JMCRHD with the following members present:

Vicki Lake  WTH  Amanda Johnson  JMCRHD
Chelsea Brandon  JMCRHD  Genève Gibson  JHA
Tina Hernandez  RIFA  Melissa Walls  The Lift
Sandy MacDiarmid  City of Jackson  Lisa Peoples  ARM
Amy Elizer  UT Extension  Rodger Jowers  TCCY
Jocelyn Ross  WTH

Chelsea Brandon served as facilitator and Amanda Johnson served as recorder. Meeting was called to order at 3:15pm with welcome and introductions (see above).

This was the first official meeting of the 2015-2016 Madison County Health Council.

Community Health Needs Assessment: (Vicki Lake)
- Copies of the Madison County Needs Assessment 2015 Update of the 2012 Plan were distributed to the council. Updated data, community resources, 2012 community health needs and implementation strategies are included in the updated plan. This plan needs to be updated every 3 years.

Healthier Tennessee Community Steps: (Jocelyn Ross)
- Copies for Healthier Tennessee Communities were given out which focuses on the “Next Steps for Becoming a Health Tennessee Community”

Fitness Calendar: (Vicki Lake)
- A copy of the Commercial Appeal’s Fitness Calendar for the community was given out.
- Looking at possibly getting one developed for our community and run it in the Jackson Sun and WBBJ

TDH Reports (Chelsea Brandon)
- Tobacco Settlement Grant: SMART Moms Campaign and Secondhand Smoke Exposure are the focus for the 2015-2016 FY. This grant will end July 2016
- Chronic Disease Grant: Classes for Living Well with Diabetes and the Living Well with Chronic Disease are being held at the JMCRHD and offered out in the community.
- Faith-Based Initiatives: Office of Minority Health granted two recipients from the JMC area Bethlehem Missionary Baptist Church and Hope and Faith Church. The health focuses for these two churches are violence prevention and obesity.
Conflicts of Interest (Chelsea Brandon)
- Copies were passed out and the members that were present signed & returned the forms.

Agency Announcements:
- Rodger Jowers announced the ACE’s training that will available of April 24th
- Sandy MacDiarmid mentioned the Governor’s Program
- Amy Elizer announced the Walk Across TN Competition will run April 6th - May 16th with walk/run team formations.

Meeting was adjourned at 4:15 pm

Next meeting will be Tuesday, May 05, 2015 at 11:30AM at the JMCBRHD.
BY-LAWS
MADISON COUNTY HEALTH COUNCIL

ARTICLE I. NAME

The name of this council shall be Madison County Health Council. This body shall be known as the Madison County Health Council (Hereafter referred to as "COUNCIL") and will exist within the geographic boundaries of Madison County, Tennessee. The council shall exist as a non-incorporated not-for-profit voluntary membership community service organization.

ARTICLE II. MISSION

The Madison County Council acts as a working council whose purpose is to address health issues of significance, resource availability and allocation, and to develop strategies to improve health outcomes within the community.

ARTICLE III. PURPOSE AND GOALS

The overall mission of the Council is to assist the Department of Health in assessing the present and future health care needs of the Madison County community by:

1. Developing a county health plan, which includes identifying health problems and assisting with need identification;
2. Developing goals, objectives, and action plans;
3. Securing resources to address identified needs;
4. Establishing priorities for all identified health problems.
5. Identifying work teams and committees as deemed appropriate in respect to each health problem.
6. Promoting and supporting the importance of reducing the health problems in the community.

ARTICLE IV. AUTHORITY

1. The Council shall exist solely for the purposes stated herein and shall not be vested with any legal authority ascribed to the Tennessee Department of Health, the State of Tennessee or any of its subdivisions. Recommendations of the Council will not be binding upon the Department of Health and the Council is not granted authority to act on behalf of the Department of Health without specific prior written authorization.

2. Unless legally constituted as a not-for-profit 501(C)3 corporation in the State of Tennessee, the Council shall not have the authority to generate, or otherwise receive funds or property on its behalf. Further, the Council shall not generate or receive any monies or property on behalf of the Tennessee Department of Health.
ARTICLE V. MEMBERSHIP

Section 1. Composition. Membership in the Council shall consist of volunteers who have been identified by council members or who have been recommended by Health Department staff. The Council shall consist of an adequate number of voting members as to be effectively representative of all segments of the community. Leaders in the areas of health care, finance, business, industry, civic organizations, social welfare organizations, advocacy groups, faith based organizations and government may be invited to serve. The Council shall also invite the membership of health care consumer representatives from diverse socioeconomic backgrounds.

Section 2. Number. The council shall consist of no less than 10 members and no more than 40 members. A vacancy shall not prevent the Council from conducting business. Membership will be restricted to residents of Madison County or individuals who are employed in Madison County. The Council shall consist of an adequate number of voting members so as to be effectively representative of all segments of the community.

Section 3. Appointment and Removal. Future members and/or members to fill vacancies of the Council shall be appointed by the Council. The Council shall have the right to remove Council members for good cause shown after notice and a hearing before Council as a whole. A two-thirds (2/3) majority is required for removal. Automatic removal results when a member misses 3 consecutive meetings without notifying the health educator.

Section 5. Resignation of Membership. Any member may resign by filing a written resignation with the Chair or county based agent of the Department of Health.

Section 6. Records of Membership. Jackson-Madison County Regional Health Department staff shall keep a list or record of all members which shall be evidence of membership for any purpose.

ARTICLE VI. CONFLICT OF INTEREST

Any member of the Health Council having a direct or indirect interest, beyond being a Council member, in any issue before the Health Council or any of its committees, shall disclose the interest and shall refrain from voting on the issue and shall not be counted in determining the quorum for voting on the issue. In any matter where a conflict of interest is disclosed, the names and voting preference of members shall be recorded. Discussion from any member of the Health Council having a direct or indirect interest shall be permitted.
ARTICLE VII. COMMITTEES

The Council may establish such standing or special committees as deemed appropriate for the conduct of its business. Committee membership will be assigned by the Chair and may consist of both council members and other concerned individuals who are not members of the council. The council may also invite the membership of healthcare consumer representatives from diverse socioeconomic backgrounds.

ARTICLE VIII. OFFICERS

Section 1. Officers: The officers of the Council shall consist of the Chair, and Vice-Chair, and Secretary.

Section 2. Chair: The Chair will be elected by majority vote of the Council from nominees among its members. The Chair will preside over all meetings of the Council and will set the agenda for each meeting.

Section 3. Vice-Chair: The Vice-Chair will be elected by majority vote of the Council from nominees among its members. The Vice-Chair will preside in the absence of the Chair and assume duties assigned by the Chair. The vice-Chair will automatically assume the office of Chair at the end of the current Chair’s tenure, leaving the Vice-Chair office vacant and to be filled as outlined in the By-Laws.

Section 4. Secretary: The secretary will be selected by majority vote of the Council for nominees among its members. The secretary will record the business conducted at meetings of the council in the form of minutes, and will perform such duties assigned by the Council.

Section 5. Term of Office: Appointment composition will be evaluated annually to assure organizational capacity. All members will serve 1 year. Members may be appointed for a maximum of 3 years.

Section 6. Removal: Any officer may be removed from the office by a two-thirds majority vote of members present at any regular or special meeting of the council.

Section 7. Vacancies: Any vacancy caused by the resignation, removal, or death of an office will be filled by action of the council for the unexpired term of the office.

ARTICLE IX. MEETINGS

Section 1: Regular Meetings. The Council will conduct regularly scheduled meetings, no less than 6 times per year. Meetings are to be held at a time and place specified by the council Chair. Written notice of the time and place and information
about the actions on the agenda of each meeting shall be sent by West Tennessee Regional staff at least 10 days in advance of the meeting.

Section 2. Special Meetings. The Council Chair may call a special meeting as deemed appropriate.

Section 3. Quorum. A quorum shall consist of a simple majority of voting members present at the council meeting.

Section 4. Voting. All issues before the Council shall be decided by majority vote of those members entitled to vote and present in person at the meeting. Each member shall be entitled to one (1) vote.

Section 5. Public Character of Meetings (SUNSHINE NOTICES) All council meetings will be open to the public and will be held in a public location which is available to all community residents who might seek health care services. All meetings will be appropriately announced for public notice.


ARTICLE XI. APPROVAL AND AMENDMENTS

These Bylaws will become effective upon approval by a majority vote of the membership of the Council. Thereafter, these Bylaws may be amended or repealed at any regular or special meeting called for the purpose by a majority vote of the voting members present, provided that the proposal additions, deletions or changes have been submitted in writing to all Council members not less than thirty days prior to the meeting at which formal action on such amendments are sought.

ARTICLE XII. ADOPTION

These by-laws, together with any appended rules and regulations, if adopted at any regular meeting of the Council shall replace any previous bylaws, rules and regulations and shall become effective when approved by the council.

ADOPTED BY THE MADISON COUNTY HEALTH COUNCIL

This is __________ Day of __________, 2015.

________________________________________  _______________________
Chair                                      Date

________________________________________  _______________________
Vice-Chair                                 Date
Next Steps for Becoming a Healthier Tennessee Community
Make the place you live better by helping to make it healthier

Engage community leadership
Share your enthusiasm and get others involved! A diverse group of community leaders can better mobilize and sustain community-wide activities.

Create a wellness council
Designate a group to be responsible for designing, implementing and communicating the initiative. The council should include a diverse group from the community, including representation from the Chamber of Commerce, United Way, schools, businesses, hospitals, healthcare providers, service clubs and organizations and faith communities. Additionally, look for people with enthusiasm for wellness and the ability to positively influence fellow members. They'll help drive engagement in activities and rally participation.

Name a wellness champion
Designate an individual responsible for implementing, communicating and advocating for the initiative. The key attribute to look for is enthusiasm for community wellness and the ability to positively influence fellow residents! He or she will help drive engagement in the activities and rally others to participate.

Rally around physical activity
Initiate at least three sustained community-wide activities or events that get your neighbors on their feet and out into your community. Some examples:

- Host a series of 5-K Walks or Runs.
- Encourage exercising with a buddy.
- Implement GoNoodle in all elementary schools.
- Encourage the Walking School Bus program and/or Safe Routes to Schools.
- Incorporate physical activity in the planning and design of all city improvements, both structurally and indoors (e.g., incorporate pedestrian and bike lanes, as well as sidewalks, into street planning).

Visit healthiertn.com/communities for more details.
© 2015 the Governor’s Foundation for Health & Wellness
Meet up for healthier eating

Initiate at least three sustained community-wide activities or events that identify and promote what it means to eat healthy. Some examples:

- Offer a complimentary “healthy food prep” or “how to shop healthy for less” class.
- Host a Farmer’s Market.
- Recognize businesses that offer healthy foods.
- Sponsor a community-wide healthy recipe swap.
- Plant a community garden.

Come together for tobacco abstinence

Initiate at least one no-tobacco community-wide initiative. Some examples:

- Participate in the Great American Smoke-Out, or designate your own tobacco-free day. On this day, make it a true event by providing a venue for the disposal of tobacco products.
- Promote the Tennessee Tobacco Quitline:
  - 1-800-QUIT-NOW

Create a healthier environment

Promote physical activity, healthier eating and tobacco abstinence through workplaces and faith-based organizations in your community.

- Create a campaign to sign up your community’s workplaces for the Small Starts @ Work program, or encourage them to implement a wellness program on their own.
- Create a campaign to sign up faith-based organizations for the Small Starts @ Worship program, or encourage them to implement a wellness program on their own.

Measure and recognize

Create concrete goals for your community wellness program and track your accomplishments. Be sure to gauge what’s working and what’s not. Collect success stories from residents and community members that can be shared out with the community at large.

Visit healthier.tn.com/communities for more details.
Earn Recognition as an official Healthier Tennessee Community

When your community completes the steps below, it will be evaluated as an official Healthier Tennessee Community.

Step One: Register your community on healthiertn.com/communities

Show that you're committed to your community's health by registering with Healthier Tennessee. Once you've signed-up, your community will receive:

- A letter from the Governor's Foundation recognizing your intent.
- A template press release to announce your efforts.
- Assistance with media promotion.

Step Two: Receive recognition approval

Complete seven or more events or activities as listed in the Next Steps at the top of this page within twelve months. Share your accomplishment with Healthier Tennessee and your community may be eligible to receive:

- A recognition plaque from the Governor.
- An official proclamation of your Healthier Tennessee Community status by the Governor.
- An Insignia denoting your official status that can be used on websites, newsletters, marketing materials, email signatures, etc.
- Recognition on the HealthierTennessee.com website.
- Assistance with the promotion of your designation, including a press release template.

Visit healthiertn.com/communities for more details.

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Lake, Vicki

From: Annette E. Wilson [aewilson@jmcss.org]
Sent: Wednesday, March 11, 2015 3:34 PM
To: Lake, Vicki; Sandy MacDiarmid
Subject: FW: Governor Haslam Launches Healthier Tennessee Communities

Please read below. We are right on target to get engaged with this project. Our school district is already a Healthier TN workplace and also the Lift.

Sincerely,

Annette E. Wilson
JMCSS Coordinated School Health Administrator
310 N. Parkway
Jackson, TN. 38305
Phone # 731-664-2516
Fax# 731-664-2589

From: Healthier Tennessee [mailto:tennessee=healthierstate.org@mail15.atl111.rsgsv.net] On Behalf Of Healthier Tennessee
Sent: Wednesday, March 11, 2015 1:41 PM
To: Annette E. Wilson
Subject: Governor Haslam Launches Healthier Tennessee Communities

Is this email not displaying correctly? View it in your browser.

Governor Haslam Launches Healthier Tennessee Communities
Tennessee Gov. Bill Haslam and Governor’s Foundation for Health and Wellness CEO Rick Johnson, backed by representatives from nine cities and counties across the state, today launched Healthier Tennessee Communities, a coordinated initiative supporting physical activity, healthy eating and tobacco abstinence at the local community level.
“Encouraging and recognizing community-led change is a critical part of improving the health and lives of Tennesseans,” Haslam said. “The foundation has worked with businesses, schools and faith organizations, and this program brings together leaders at the local level in a coordinated way to support Tennesseans making healthier choices.”

In Tennessee, one in four adults smokes, and one in five high school students uses tobacco. The rate of obesity has risen to almost 34 percent from only 10 percent in 1988. Type-2 diabetes and high blood pressure are at epidemic levels.

“Research has shown that we are much more likely to change our health-related behavior and establish healthy habits when we are encouraged and supported by others -- when we are in community,” Johnson said. “That’s why making health and wellness an integral part of life where you live -- and with the people who surround you -- can make such a positive difference.”

As part of Healthier Tennessee Communities, the foundation will provide guidance and regionally-based support, and cities, towns, counties, or neighborhoods interested in becoming a Healthier Tennessee Community will be required to:

- identify local wellness champions to lead the effort,
- create a local wellness council that engages people in workplaces, schools and faith organizations,
- initiate and sustain community-wide events and activities that support physical activity, healthy eating and tobacco abstinence,
- and track and measure outputs and accomplishments of the program.

Decatur, Dyer, Loudon, McMinn and Rhea counties along with the cities of Franklin, Germantown, Kingsport and Tullahoma are currently piloting the Healthier Tennessee Communities program.

Cities and counties interested in becoming a Healthier Tennessee Community should contact the Governor’s Foundation for Health and Wellness at tennessee@healthierstate.org or (615) 610-1880. For more information on the program and other Healthier Tennessee initiatives, please visit www.healthiertn.com.