



Scan here for more information!



Contact Us:

Email us at Regina.Smith@wth.org

Call us at 731-541-8757

@ WTH MAC Club

wth.org/services/senior-services/

Mailing Address: 620 Skyline Drive, Jackson TN 38301

Physical Address: 569 Skyline Drive, Suite 201,
Jackson, TN 38301



Senior SERVICES



What is Senior Services all about?

West Tennessee Healthcare Senior Services takes pride in providing Jackson and surrounding areas with educational programs, recreation, fellowship, support, and friendship for West Tennessee adults over the age of 50.

Services we provide:

✓ Educational Programs

MAC on Monday - bimonthly meetings providing education and resources beneficial to senior adults as they age in place. Programs feature topics and speakers from within the WTH System.

Medicare Update: Medicare... the good, the bad, the ugly. An annual meeting with representatives from the area providing information on Medicare re-enroll and SHP.

✓ Conferences

Senior services department sponsors two major conferences each year:

The Senior Women's Conference is held each year in the summer months. This day of "girl" fun includes educational and recreational speakers, a fashion show and a luncheon.

Annual Caregivers Conference for those caring for their loved ones with Alzheimer's and other dementias. A day of education, resources and support for the caregiver.

✓ Pat Summitt Resource Center & Alzheimer's Caregivers Support Group

The resource center is located inside the Senior Services Department and provides resources, education, and a listening ear to those caring for their loved ones with Alzheimer's and other dementias. The Alzheimer's Caregivers Support Group meets each month on the first Thursday evening at 5:30 PM. The meetings are held inside the Senior Services Department at 569 Skyline Drive.



✓ Travel Opportunities with MAC

The MAC Club provides group travel opportunities for its members & their guests! Domestic and international travel is included each year! Join us on our next adventure! Day trips are provided for those who might want to stay a little closer to home. They provide a great get away for the day and time to fellowship with friends and experience new adventures within a 2-3 hour radius.

2026 - 2027 Travel Opportunities

Discover Tuscany, MacKinac Island and Michigan's Tulip Festival, Alaska - Land & Cruise, Portugal, Jekyll Island & Charleston, South Pacific - Australia!

Application to join the MAC Club!



Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Date of Birth: _____

Allergies: _____

Primary Insurance Company: _____

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Referred by: _____

Make Checks Payable to (\$15 per person):
The Mature Advantage Club, Senior Services Department, West Tennessee Healthcare, 620 Skyline Drive, 38301

