



Dear Rider and Family,

Thank you for your interest in our 2026 riding season! We offer both hippotherapy and therapeutic riding at the Rein-Bow Riding Academy. Children and adults with developmental delays may benefit from equine-assisted activities.

More information can be found on our website:

<https://www.wth.org/services/therapy-and-learning-center/rein-bow-riding-academy/>

The program is held at our arena at the Stanfill Farm (150 Frays Lane, Huron, TN 38345). During a 45-minute session, riders will spend time on horseback and doing ground activities such as grooming the horse. Hippotherapy sessions are one-on-one sessions, and therapeutic riding may be individual lessons or small groups of students riding together. All sessions are on Tuesdays between 4:15 and 8:00 pm; see application for specific times. There are three riding sessions:

March 3<sup>rd</sup> – May 5<sup>th</sup>; May 12<sup>th</sup> – July 14<sup>th</sup>; and August 25<sup>th</sup> – October 27<sup>th</sup>.

**Applications are due by February 2<sup>nd</sup>.** Each application includes a portion to be completed by you AND a form that must be completed by your rider's physician. An application is complete when both sections have been received.

**To qualify for consideration**, riders must be at least 24 months old during their scheduled sessions, maintain an average weight of under 200 pounds and have no contraindications to equine therapy. Our team of instructors will complete a clinical review of applications and you will be contacted shortly afterward.

All riders in the program are able to participate at no cost to families. Staff, volunteers, and families work very hard throughout the year to raise money to cover the program expenses. We are very blessed to have such a dedicated group of supporters.

If you have questions, please feel free to contact us using the information below.

There is also a dedicated Facebook page where we share weekly updates and photos. Search Rein-Bow Riding Academy and click Follow.

Looking forward to a great riding season with you and your family!

Sincerely,

Barbara Meussner, OTR/L  
Specialty Services Manager  
(731) 512-4094 or (731) 343-8944  
[barbara.meussner@wth.org](mailto:barbara.meussner@wth.org)

Angie Dyer, OT/L  
Therapy Services Manager  
(731) 664-3672  
[angie.dyer@wth.org](mailto:angie.dyer@wth.org)



## Rider Application Form ----- Riding Season Year 2026

Participant: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian(s): \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone(s): \_\_\_\_\_

Work phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

In case of emergency: Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
(Different than Guardian)

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician(s): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

School attending: \_\_\_\_\_ Grade: \_\_\_\_\_

How did you find out about the program? \_\_\_\_\_

Does your child receive any therapy services? If so, please describe:

\_\_\_\_\_

Goals (i.e., what would you like to gain from this experience?): \_\_\_\_\_

\_\_\_\_\_

Please check the session dates in order in which you would prefer (1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup>). With the number of riders, times and dates selected are not guaranteed.

March 3<sup>rd</sup> – May 5th: \_\_\_\_\_ May 12<sup>th</sup> – July 14th: \_\_\_\_\_ Aug 25<sup>th</sup> – Oct 27th: \_\_\_\_\_

Please check order preference (1<sup>st</sup>, 2<sup>nd</sup>, etc.) all session times when your child is available to participate in lessons:

\_\_\_\_ 4:15 – 5:00 pm \_\_\_\_ 5:00 – 5:45 pm \_\_\_\_ 5:45 – 6:30 pm \_\_\_\_ 6:30 – 7:15 pm \_\_\_\_ 7:15 – 8:00 pm

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Note:** Should the physical condition of the participant change at any time, a new physician's referral form must be completed. Any surgeries or change in medication must be reported immediately. Contact your instructor for additional forms.

For office use only: Full packet received by: \_\_\_\_\_ Date received: \_\_\_\_\_



## Therapeutic Horseback Riding Waiver and Release of Liability

The Therapy & Learning Center is offering the Therapeutic Horseback Riding Program to help participants advance their therapeutic goals and over all sense of well-being. Before beginning any physical program, you should consult with your physician. Horseback riding is a physical activity in which, despite careful and proper preparation, instruction, and medical advice, there can still be a substantial risk of injury. Please read this form carefully and be aware that by participating in the Therapeutic Horseback Riding Program you will be waiving your rights to all claims for any injuries you might sustain, and you will be required to indemnify, hold harmless, and defend Jackson-Madison County General Hospital District operating as West Tennessee Healthcare ("WTH"), including any of its subsidiaries, for any claims arising out of your participation in this program.

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**Acknowledgement of Status and Responsibility:** I acknowledge and agree that I am voluntarily participating in the Therapeutic Horseback Riding Program and that I am responsible for my own safety, health and welfare.

**Risk of Injury:** I recognize and acknowledge that physical activity carries the risk of injury, and I agree to assume the full risk of injuries, including death, disability or personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from the Therapeutic Horseback Riding Program, or loss which I may sustain as a result of my participation. I understand that my participation is voluntary, and that I am choosing to accept the risks involved.

**Waiver and Release of Liability:** In consideration of my participation, I agree on behalf of myself, my heirs and assigns, to waive, release and forever discharge WTH and any of its affiliates from any and all claims of negligence or other actions, whether foreseeable or unforeseeable, which may at any time, arise out of or relate to my participation. This waiver and release of liability includes any injury which may occur while on the premises.

**Indemnity:** I agree to indemnify, hold harmless and defend WTH, its officers, agents, and employees from any and all claims related to injuries sustained by me and arising out of, connected with, or in any way associated with the activities or participation in the Therapeutic Horseback Riding Program.

**Agreement Not to Sue:** I agree on behalf of myself, my heirs and assigns not to sue WTH for any reason related to my participation.

**Emergency Treatment:** In the event of any emergency, I authorize WTH to secure any treatment deemed reasonable and necessary, and agree that I will be responsible for payment of any and all medical services rendered.

I have been given ample time to read this Acknowledgement and Release, and I have read and fully understand its contents. I understand that it is a release of liability and an acknowledgement of responsibility, and I sign this

document knowing that I am waiving any right to bring a legal action against WTH for any claim relating to my participation in the Therapeutic Horseback Riding Program.

**For Participants and Volunteers Over 18 years of Age:**

Print Participant's Name: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**For Participants Under 18 years of age –or- Adult participants under the care of a guardian:**

I am the parent or guardian of \_\_\_\_\_ and hereby certify that he or she has my permission to participate in this Therapeutic Horseback Riding Program. I have read this release and intentionally and voluntarily accept its terms.

Guardian's Print Name: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian's Cell Phone: \_\_\_\_\_

**Rein-Bow Riding Academy/Therapy & Learning Center**  
**Authorization for Emergency Medical Treatment Form Year 2026**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Preferred Medical Facility: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Current medications: \_\_\_\_\_

In the event of emergency contact:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

**Consent Plan**

In the event that emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize Rein-Bow Riding Academy to:

1. Administer emergency treatment.
2. Secure and retain medical treatment and transportation, if needed.
3. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_  
 Client, Parent or Legal Guardian

**Non-Consent Plan**

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the agency.

Parent or legal guardian will remain on site at all times during equine-assisted activities.  
 In the event emergency treatment/aid is required, I will the following to take place:

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Date: \_\_\_\_\_ Non-Consent Signature: \_\_\_\_\_  
 Client, Parent or Legal Guardian

**Rein-Bow Riding Academy/Therapy & Learning Center/West Tennessee Healthcare****Consent to Photograph Year 2026**

I, \_\_\_\_\_, hereby grant and assign to Jackson-Madison County General Hospital District and/or West Tennessee Healthcare ("WTH") a non-exclusive, royalty-free license to use any and all photographs, videotapes, digital images, and audio recordings taken of me and/or child by or for representatives of the system. I understand and agree that this material may be used in one or all of the following:

Radio / Television Broadcasts

Newspaper / Magazine Articles

Print Materials / Advertisements

Web Site / Internet

This consent will not expire until such time as the District and/or WTH no longer desires to use or disclose the information described above for the general purposes for which this consent was obtained. You may revoke this consent, and if you wish to do so, you may send a letter to the Privacy Coordinator, West Tennessee Healthcare, 620 Skyline Drive, Jackson, TN 38301.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Witness: \_\_\_\_\_

**REIN-BOW RIDING ACADEMY/THERAPY & LEARNING CENTER**  
**AUTHORIZATION FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION**  
**(MARKETING/PUBLIC RELATIONS)**

<b>NAME:</b>	<b>Date of Birth:</b>	<b>SS No. (optional)</b>
<b>ADDRESS:</b>	<b>RELEASE PROTECTED HEALTH INFORMATION TO:</b>	
	<b>JACKSON-MADISON COUNTY GENERAL HOSPITAL DISTRICT; THERAPY &amp; LEARNING CENTER</b>	
<b>INFORMATION BEING RELEASED BY:</b>		
<b>Purpose of Disclosure:</b> <input type="checkbox"/> At the Request of the Individual Identified Above <input checked="" type="checkbox"/> Media, Public Relations, Marketing, Advertising, Posting, or Radio or Television Broadcasting <input checked="" type="checkbox"/> Other, Please Explain: Fundraising Activities		
<b>Description of Information to be Used or Disclosed:</b> <input checked="" type="checkbox"/> Photographs/Video of me and/or my child <input type="checkbox"/> Other (specify): _____		
<b>I understand that:</b> <ol style="list-style-type: none"> <li>1. I may revoke this authorization in writing at any time, but if I do so, it will not have any effect on any actions taken by the facility releasing the information (hereafter referred to as "the facility") prior to the facility's receiving the revocation. Further details regarding the manner in which this authorization may be revoked may be found in the facility's Notice of Privacy Practices.</li> <li>2. This authorization allows the facility to release the above requested documents. The released information may no longer be protected by federal privacy regulations and may be redislosed.</li> <li>3. The facility is hereby released from any liability and the undersigned will hold the facility harmless for complying with this authorization.</li> <li>4. The facility will not condition treatment, payment, enrollment, or eligibility for benefits on whether I sign this authorization, except for research related purposes and as otherwise permitted under applicable law.</li> <li>5. The authorization will not expire until such time as the facility no longer desires to use or disclose the information described above for the general purposes for which this authorization was obtained.</li> <li>6. If the facility will use or disclose my protected health information for marketing purposes, the facility will not receive remuneration or compensation for such use or disclosure for marketing purposes unless the WTH Privacy Coordinator completes and signs the following statement:</li> </ol>		
I, _____ (signature of WTH Privacy Coordinator) hereby certify that the facility will receive remuneration or compensation for the use or disclosure of this patient's protected health information from _____ (fill in source of remuneration or compensation).		
<b>I have read and understood this authorization. I hereby authorize the use and disclosure of the above-requested protected health information.</b>		
<hr style="border: 0.5px solid black; margin-bottom: 5px;"/> <b>Signature</b>		<b>Signature of Authorized Representative</b>
<hr style="border: 0.5px solid black; margin-bottom: 5px;"/> <b>Date</b>		<b>Description of Representative's Authority to Act for Individual</b>



Dear Health Care Provider/PCP:

Your patient \_\_\_\_\_

is interested in participating in supervised equine activities. This may include Hippotherapy and/or therapeutic riding.

In order to safely provide this service, our center requests that you complete the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing the form, please note whether these conditions are present, and to what degree.

#### **Orthopedic**

Atlantoaxial Instability – include neurologic symptoms  
 Coxarthrosis  
 Cranial Defects  
 Heterotopic Ossification/Myositis Ossificans  
 Joint Subluxation/Dislocation  
 Osteoporosis  
 Pathologic Fractures  
 Spinal Joint Fusion/Fixation  
 Spinal Joint Instability/Abnormalities

#### **Medical/Psychological**

Allergies  
 Cardiac Conditions  
 Blood Pressure Control  
 Exacerbations of Medical Conditions  
 Hemophilia  
 Medical Instability  
 Migraines  
 Peripheral Vascular Disease  
 Respiratory Compromise  
 Recent Surgeries

#### **Neurologic**

Chiari II Malformation  
 Hydrocephalus/Shunt  
 Hydromyelia  
 Seizure  
 Spina Bifida  
 Tethered Cord

#### **Other**

Indwelling Catheters/Medical Equipment  
 Poor Endurance  
 Skin Breakdown

Thank you very much for your assistance. If you have any questions regarding this patient's participation in equine-assisted activities, please feel free to contact the center at the address/phone indicated below. The attached form can be mailed or faxed to the address below as well.

Therapy & Learning Center, 10 Garland Dr., Jackson, TN 38305  
 Phone: (731) 664-3670 / Fax: (731) 660-6145

**Rein-Bow Riding Academy**  
**Medical History & Physician's Statement**

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Onset Date: \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure: \_\_\_\_\_

Shunt Present: Y N Date of last revision: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation: Y N Assisted Ambulation: Y N Wheelchair: Y N

Braces/Assistive Devices: \_\_\_\_\_

*For those with Down Syndrome: Must have Atlantoaxial Instability X-ray after age 3 but within 5yrs of starting equine-assisted program, and then annual physical exam with special reference to neurological function.*

AtlantoDens Interval X-rays, date: \_\_\_\_\_ Result: + --

Neurological Symptoms of Atlanto Axial Instability: \_\_\_\_\_

***Please indicate current or past special needs in the following systems/areas, including surgeries:***

	Y	N	Comments
Allergies			
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine-assisted activities and/or therapies. I understand that the agency will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the Therapy & Learning Center for ongoing evaluation to determine eligibility and participation.

Name/Title: \_\_\_\_\_ MD DO NP PA Other: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

**Please return to: Therapy & Learning Center, 10 Garland Dr., Jackson, TN 38305 Fax: (731) 660-6145**