

help is here.

Maternal Infant & Early Childhood mentalhealth



West Tennessee Healthcare offers a full range of services and resources to support the mental health of children and families through FAMILY+ at our Pathways and new Psychiatry & Counseling offices. We provide families and children with the skills, strategies, and support needed to develop healthy and happy lives during these formative years. With a focus on best practices and highly trained clinical staff, attention to promoting safety, dignity, privacy and participation, and a commitment to ensuring access to these services equitably and regardless of one's ability to pay, we are confident that the help you need is here.

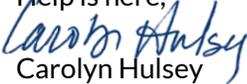
Some of the services we offer include but aren't limited to:

- Behavioral Assessments
- Psychiatric Evaluation and Interventions
- Community, In-home, and In-Office Counseling
- Parent and Caregiver Support and Education
- Consultations for Families and Early Learning Providers
- Child-Parent Psychotherapy
- Play Therapy
- Case Management and linkage to Primary Care

Our ultimate goals are the same as yours for our communities: to ensure that children and the communities who raise them have the tools and support they need to bring up a healthy, strong, and resilient child. The goals we are committed to reaching with our children are:

- **Developing the capability to experience, self-regulate, and adaptively express a wide variety of emotions:** By the end of the first years of life, and with attuned and emotionally healthy caregiving, children will typically establish the most important developmental milestones of their lives: the basic social and emotional capacity for trust in relationships with the people in their lives.
- **Utilizing these skills and capacities to build secure interpersonal relationships and strong learning readiness:** The ability to build strong relationships will support the foundation of a child's capacity for learning across all domains of development in that the health of early emotional experiences plays a crucial role in brain development.

Reach out to learn more or ask about setting up a meeting. We're honored to be on your team.

Help is here,

Carolyn Hulsey
Clinical Manager
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